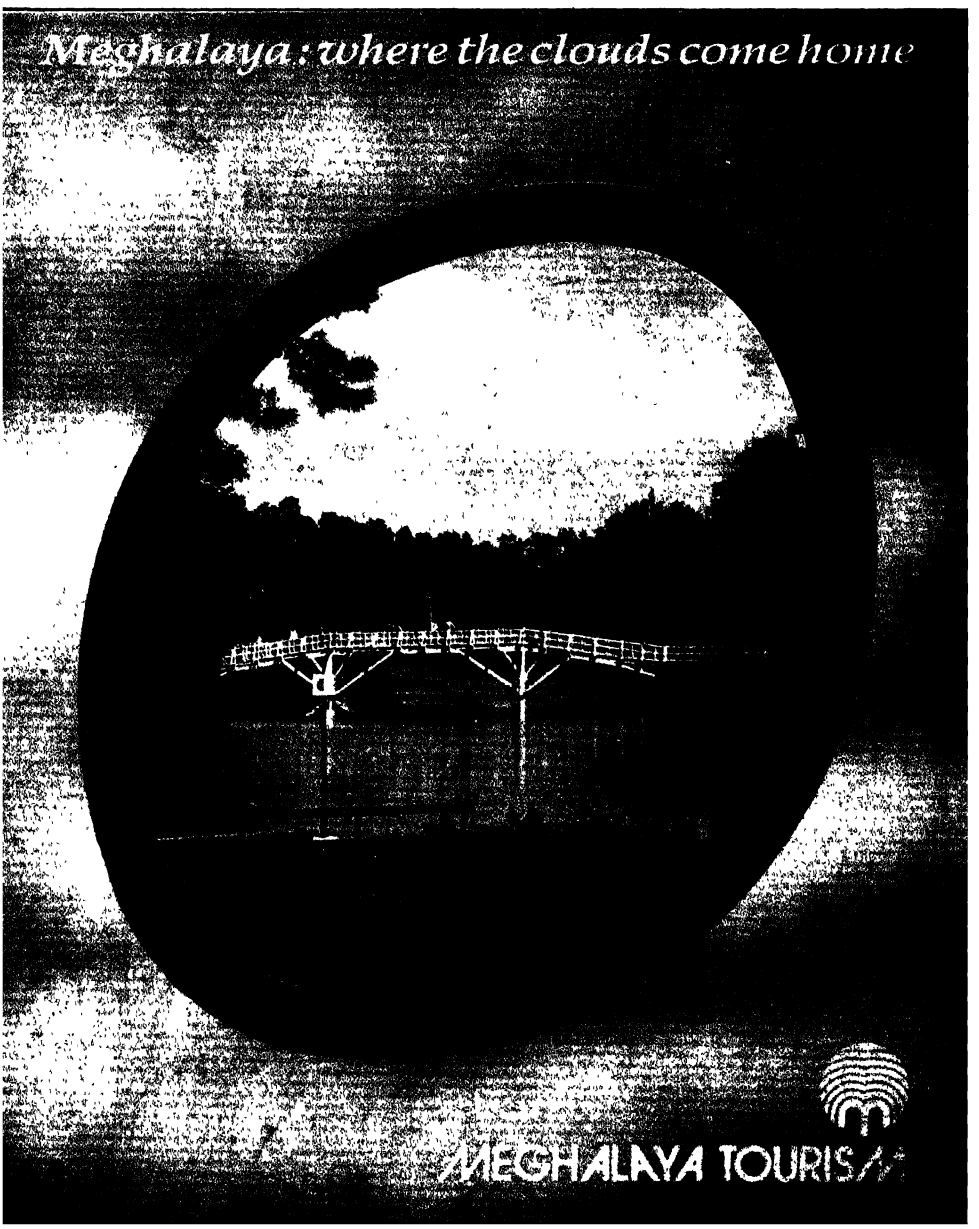
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Calcutta

Calcutta is the capital of the State of West Bengal and the gateway to Eastern India. The city dates back to 1690, when an English merchant named Job Charnock established here the trade headquarters of the East India Company. Thickly populated and full of life, the city is rich in its heritage–cultural, economic and political. Calcutta is the most convenient base for tourists visiting places of tourist interest in Eastern India.

From Calcutta you can explore Bengal. The beaches in Digha. The Himalayas in Darjeeling. The Terracotta Temples in Vishnupur. History in Murshidabad. The forests in Sunderbans. There is variety at every step.

Come and stay at our lodges. In Calcutta and rest of Bengal for an unforgettable experience.

For details contact :

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3/2, B.B.D. Bag (East) 1st floor
Calcutta - 700 001
Ph : 248-5917/5168 or
Netaji Indoor Stadium
West Block, Eden Gardens
Calcutta - 700 021

West Bengal Tourism Development Corp. Ltd.

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(A GOVT. OF WEST BENGAL UNDERTAKING)

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1.	Darjeeling Tourist Lodge Ph.(0354)2611,12&13	--	3(2 bed)590/- 12(2bed)480/-	--	30
2.	Maple Tourist Lodge	--	2(2bed)400/-, 1(2bed)300/- 4(2bed)250/-, 1(2bed)180/- 1(S.B)150/-, 1(2bed)100/-	--	19
3.	Tiger Hill Tourist Lodge	--	3(2bed)200/-	1(6bed)75/-	12
4.	Morgan House Tourist Lodge, Ph.(03552)384	--	1(D R.)700/-, 1(2bed)550/- 4(2bed)450/-, 1(2bed)250/-	--	14
5.	Tashi Ding Tourist Lodge	--	3(2bed)450/-, 1(2bed)300/- 1(S B)275/-, 1(S B)200/-	--	10
6.	Shangrila T-Lodge Ph.(03552)230	--	3(2bed)150/-	1(3bed)175/- 2(8bed)30/-	25
7.	Hill Top Tourist Lodge Ph.(03552)654	--	1(2bed)150/-	6(3bed)225/- 1(8bed)35/- 1(7bed)35/-	35
8.	Kurseong Tourist Lodge Ph (03554)409	--	4(2bed)300/-, 12(2bed)250/-	--	32
9.	Mainak T-Lodge Ph.(0353)20986 870, 22018/087	1(Suite)900/- 3(S D R)650/- 5(D R)550/-	6(D R)350/-, 12(2bed)350/-	--	54
10.	Jaldapara T-Lodge Ph.Madarihat-230	--	10(2bed)150/-	3(5bed)50/-	35
11.	Malbazar T-Lodge Ph Mal-183	--	10(2bed)200/-	1(9bed)30/-	29
12.	Raiganj T-Lodge Ph (035292)2177	--	8(2bed)150	1(4bed)30/-	20
13.	Bakreswar T-Lodge Ph. Tantipara-26	--	6(bed)75/-	30 bed 30/-	42
14.	Santiniketan T-Lodge Ph (03463)52-699/398	5(2bed)400/- 12(2bed)325/-	10(2bed)150/- 8(S R)100/-	2(4bed)200/- 1(13bed)40/-	83
15.	Vishnupur T-Lodge Ph (032442)2013	4(2bed)300/-	1(2bed)200/-, 5(2bed)140/-	1(4bed)50/-	24
16.	Malda T-Lodge Ph.(03512) 6123	1(2bed)350/- 3(2bed)300/-	4(2bed)150 5(2bed)75/-	--	26
17.	Berhampur T-Lodge Ph.(03482)20439	4(2bed)300/-	5(2bed)150/-	2(4bed)50/-	26
18.	Durgapur T-Lodge Ph.(0343)5476/5760	12(2bed)325/-	1(2bed)125/-	--	26
19.	Digha T-Lodge Ph.(032208)255/256	2(2bed)400/- 2(2bed)350/-	2(2bed)325/-, 4(3bed)225/- 4(D R)200/-, 8(2bed)175/-	1(5bed)50/-	53
20.	Saganka T-Lodge Ph.(03174)246/262	1(Suite)600/- 8(2bed)375/- 2(2bed)300/-	4(2bed)200/-, 4(2bed)160/-	1(4bed)80/- 6(2bed)40/-(P.B.)	54
21.	Udayachal T-Lodge Ph.(033)37-8246	4(2bed)400/-	4(2bed)200/-	65bed50/-(P.B.)	81
22.	Malancha T-Lodge Ph.(033)56-1982/0058		3(2bed)175/-, 4(2bed)150/-	--	14
23.	Bakkhali T-Lodge	--	12(2bed)125/-	24beds30/-(P.B.)	48
24.	Sajnekhali T-Lodge	--	29(2bed)100/-	--	58
25.	Rupnarayan T-Lodge	4(2bed)250/-	20(2bed)125/-, 11(2bed)100/-	1cottage200/- 1(6bed)30/-	78
26.	Mandaar T-Lodge Gangtok	--	7(D.R.)400/-, 5(2bed)350/-	--	24

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* Abbreviations used : T-Tourist, Dbl-Double, S.D.R. Super Deluxe Room, D.R. Deluxe Room, S.B. Single Bed, P.B. per Bed.

We also offer accommodation for Galudih, Saikatabas and Jhargram.

FOR FOREIGN TRAVELLERS

FORMALITIES :

As prevalent in the North Eastern Sector, foreign tourists intending to visit Meghalaya require Restricted Area Permits. The applications stating complete details of name, passport number (its issuing authority and the expiry date), place of birth, profession, duration of stay and the purpose of visit, should be addressed to the Secretary, Ministry of Home Affairs, Government of India, North Block, New Delhi 110001, well in advance of undertaking the trip.

However, the Foreigners' Regional Registration Officers of the Government of India at New Delhi, Bombay, Calcutta and Madras are authorised to grant Restricted Area Permits to organised groups of foreign tourists. This, however, is subject to the condition that the visits are confined strictly to **Shillong, Cherrapunjee, Barapani, Mawsynram, Jakrem, Ranikor, Thadlaskein, Nartiang, Tura & Siju.** Permitted foreign tourists have to travel to Guwahati and back by air and then travel by a prescribed route to these places.

They have to visit in groups, minimum of four members, their duration of stay cannot exceed ten days and visits are to be organised only by recognised travel agencies.

DO'S AND DON'TS

Photography at airports is prohibited.

Foreign nationals can pay their hotel bills in foreign currency, in Indian Rupees or by travellers cheques.

Exchange your money only through authorised banks/money changers, or you may find yourself with counterfeit money. Insist on a receipt when exchanging your money. Retain all exchange receipts with you as without them, you cannot reconvert your unspent money on your final departure from India.

Export of most wildlife and their products is banned or strictly regulated. Insist on getting a certificate for the legitimate purchase of articles made of a particular animal product and permission for its export. Export of antiques over 100 years old is prohibited. While shopping, avoid touts and brokers.



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TRAVEL TIPS

Shillong is cosmopolitan in nature. Local customs and etiquette have been dealt with seperately in this book.

Living conditions range from star-category hotels to budget ones. Tourist Bungalow and Youth Hostel facilities are also available. It is advisable to make travel arrangements in advance especially if you are planning to travel within September to May (the high tourist season).

Do include one or two more destinations in your itinerary, say Guwahati and Kaziranga, so as to get a real taste of the North East. Try to fit in a fair or festival and let your senses exhilarate to the colours and gaiety.

English is understood and spoken in Meghalaya. Assamese, Bengali, Hindi and Nepali are also spoken. We have devoted some space to the usage of Khasi which is the local language.

Meghalayans are hospitable and friendly people, never need a tourist be lost on the streets. Someone will always help you reach your destination. Professional help is readily available from the Govt. of India and Meghalaya Tourism staff.

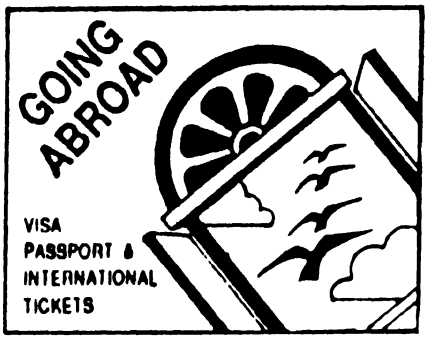
It is always advisable to carry packed lunch and bottled drinks when setting out for the day. ('Avomine' tablets are definite help for those suffering from travel sickness.)

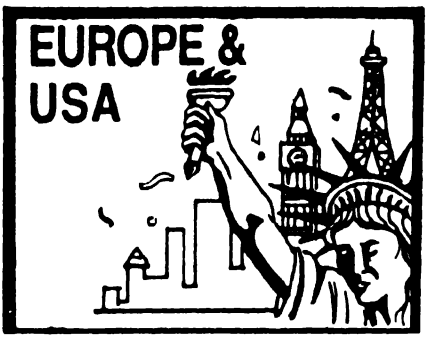
If you have a weak stomach, stick to mineral water, bottled drinks, coffee, tea, beer or wine during meals. Tap water is not always chlorinated.

In case you fall sick, Shillong has excellent doctors, chemists and hospitals. Ask your hotel to recommend a doctor if you ever need one. Always remember to pack an umbrella - rains are a normal day-do-day matter. Bring your camera and colour films by all means. Meghalaya has a lot to offer to the nature lover. Colour films and processing facilities are easily available at Shillong.

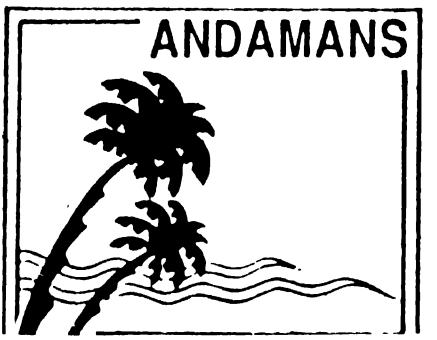
It is safe to travel within Meghalaya. Even if you read of some trouble at times, do not be discouraged, as these are stray incidents. Credit Cards are accepted by hotels, travel agents, shops and restaurants.

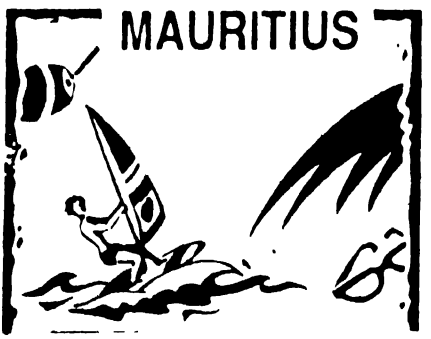



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10% tipping is customary in case your hotel bills do not include service charges. This would come down to 5% if you are travelling with a group.

Taxis in Shillong do not run on meters. Take help of your hotel receptionist and settle the taxi fare in advance. Don't purchase air/rail/bus tickets through unauthorised travel agents or strangers.

Meghalaya Tourism runs regular conducted tours in and around Shillong.

Model Itinerary (Short & Snappy)

1st day — Arrive Guwahati. Drive to Kaziranga.

2nd day — Spend time at Sanctuary/nearby tea-gardens.

3rd day — Drive to Shillong.

4th day — Visit Cherrapunji.

5th day — Tour of Shillong and on to Umiam Lake Resort. Leave for Guwahati.

6th day — Visit to Kamakhya temple early morning. Boat ride on Brahmaputra. Depart for destination.

Model Itinerary (Slow & Steady)

1st day — Arrive Guwahati. Evening free for shopping.

2nd day — After breakfast, drive to Kaziranga, with a lunch break at Nawgong.

3rd & 4th days — Spend time at Sanctuary/nearby tea-gardens.

5th day — Drive to Shillong.

6th day — Shillong sight-seeing. Evening free for shopping.

7th day — Visit Cherrapunji.

8th day — After a spot of Golf, spend rest of the day at Umiam Lake Resort.

9th day — Leave for Guwahati. Visit Umananda on the Brahmaputra.

10th day — Visit Kamakhya temple early morning. Depart for destination.



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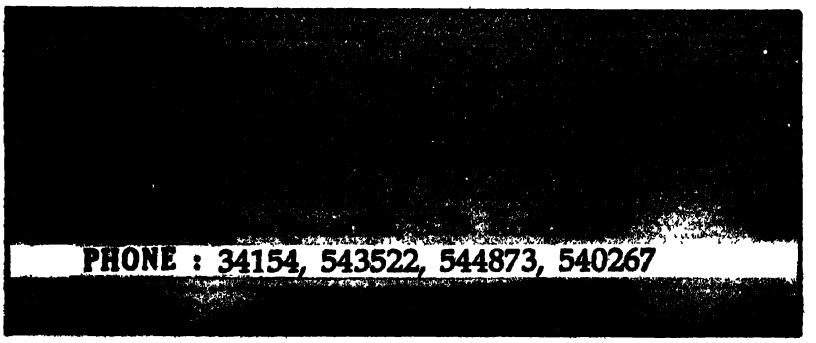
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CALCUTTA : THE NEAREST METROPOLIS

What is common to mangrove swamps, Sutanuti, Govindapur, Kalikata and Job Charnock? The beginning of ever unpredictable Calcutta in 1690, ofcourse !

Today, more than 300 years later, it still carries the aura of days gone by — of times when phaetons and victorias drove in state and Englishmen took afternoon drives to the club where they reclined in punkah cooled rooms to discuss trade. Calcutta, then the gateway to India, was the hub of the British India Company. Even after the transfer of the capital to Delhi in 1912, Calcutta is still a many splendoured metropolis.

The Indian renaissance started here and India's freedom struggle was born here. Culturally alive, it is home to various modern movements in art, cinema and theatre. Its Noble Laureates include Rabindranath Tagore, Sir C.V. Raman and Mother Teresa. Calcutta is also proud of Satyajit Ray and Ravi Shankar.

Calcutta, with over 10.5 million people, is a fascinating cosmopolitan brew bubbling with life. There's nothing in Calcutta that you cannot find, and no entertainment surpasses its fare :

Antiques, architecture, fine arts, writing, dance, music, drama, the night life, a quiet evening on a boat, religious festivals, soccer or cricket fever and fiery political demonstrations.

Calcutta — the city of joy for ever! If you come here during the festive season (October — November), the city wears a radiant look. The mood is infectious; the spirit, sweeping! Calcutta could well be the key to the understanding of India and is the springboard to West Bengal, the Andamans, Orissa, Bihar and especially the North East.

There has been continued two way traffic between Calcutta and Shillong for long. Tagore wrote two of his finest works, 'Gora' & 'Shesher Kobita' at Shillong where memorial tablets at Upland Road and Rilbong celebrate the National Bard.

Today, international and domestic tourists, Governmental and commercial travellers emanate mostly from Calcutta to Shillong while Shillongites hold Calcutta dear to heart for their Banking, Commercial, Communication, Corporate, Health, Industrial and Media needs.





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Unit Scheme 64 For security, 100% liquidity and growing returns. Plus pledging facility.

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Zonal Office : 2, Fairlie Place, Calcutta-700 001. Tel 20-5322

Branch Office : • Asha Niwas, 246 Lewis Road, Bhubaneshwar-751014, Tel : 56141 • 2 & 4 Fairlie Place, Calcutta-700 001. Tel · 20-9391. • 3rd Administrative Building. 2nd floor, City Centre, Durgapur-713216. Tel : 8102 • Jeevan Deep M. L. Nehru Road, Pan Bazar, Gowahati-781301, Tel : 43131 • Jeevan Deep Exhibition Road, Patna-800001, Tel : 222470. • Bob Bldg. 1st Floor, Main Road, Bistupur, Jamshedpur-831001. • Jeevan Deep Building, Sevoke Road, Siliguri-734401.

But Calcutta, one of the biggest cities of world, is so diverse that it is plain impossible to do justice to her in a few pages. Short and precise information is, therefore, being provided :

GENERAL INFORMATION : **Area** : Calcutta city area 102 sq. km. (39.75 sq. miles) and Calcutta Metropolitan District area 1380.12 sq. km. (532.87 sq. miles). **Population** : 3.4 million (Calcutta city) and 9.2 million (CMD) as per 1981 census. **Altitude** : 6.4 metres (20 ft.) above sea-level. **Climate** : Winter : Max 36.6°C Min 9.6°C Summer : Max 41.7°C Min 38.1°C **Rainfall** : 1581 mm. (monsoon months--June to early September). **Best Season** : October to March. **Clothing** : Cotton in summer and light woollen in winter.

ACCESS is by Air, Rail and Road. Being on the international network there are connections to S.E. Asia, the Far-East, the Middle East as well as Europe and the Americas. DumDum is the Airport while Howrah and Sealdah are the Railway Stations. Calcutta is linked by NH2 to New Delhi and by NH6 to Bombay. The Automobile Association of Eastern India, 13, Promothesh Baruah Sarani, Calcutta 700019 (Phone 75-5131/2/3) provides complete information for road travel.

LOCAL TRANSPORT includes India's first Metro and the only existing Tramways. The State Transport and private transport operators run an extensive network supported ably by Mini-Buses. Prepaid Taxis from Airport to City are available round the clock, while Yellow and Yellow/Black Taxis, Circular Railway, Suburban Electric Trains, Auto-Rickshaws and Ferry-services across the river Hooghly are regularly available.

ART GALLERIES & MUSEUMS : Academy of Fine Arts, Cathedral Road; Ashutosh Museum, College Street; Aurobindo Bhavan, Shakespeare Sarani; Birla Academy of Art & Culture, 108-9 Southern Avenue; Birla Industrial & Technological Museum, Gurusadoy Road; Indian Museum, Chowringhee Road; Nehru Children's Museum, J.L. Nehru Road; Netaji Bhavan, Elgin Road; Rabindra Bharati Museum, Rabindra Sarani & Victoria Memorial, Maidan.

CLUBS : Bengal Club, Russel Street; Bengal Rowing Club, Rabindra Sarobar; Calcutta Club, A.J.C. Bose Road; Calcutta South Club, A.J.C. Bose Road; Calcutta Swimming Club, Strand Road; East Bengal Football Club, Maidan; Lake Club (Rowing), Rabindra Sarobar; Mohammedan Sporting Football Club, Maidan; Mohan Bagan Athletic Club, CFC Ground; Royal Calcutta Golf Club, Golf Club Road; Royal Calcutta Turf Club, Russel Street; Saturday Club Ltd., Wood Street; Tollygunge Golf Club, Deshpran Sasmal Rd.

CULTURAL INSTITUTIONS : Aban Mahal, Asiatic Society, Mahabodhi Society, Ramakrishna Mission Institute of Culture.

LIBRARIES : The Asiatic Society Library, Park Street; American University Centre Library, Bidhan Sarani; Bangiya Sahitya Parishad, Acharya Prafulla Chandra Road; British Council Library, Shakespeare Sarani; Commercial Library, Council House Street; Indian Statistical Institute Library, B.T. Road; National Library, Belvedere Road; Ramakrishna Mission Institute of Culture Library, Gol Park; Secretariat Library, Writers' Building; University of Calcutta Library, College Square; USIS Library, J.L. Nehru Road.

GARDENS AND PARKS : Agri-Horticultural Gardens, Bidhan Sishu Udyan, Deshapriya Park, Nicco Park, Rabindra Sarobar.



PLACES OF WORSHIP : Hindu Temples : Belur Math, Dakshineswar Temple, Kali Temple at Kalighat, Lakshmi Narayan Temple, Ram Mandir. **Buddhist Temples :** Japanese Buddhist Temple, Mahabodhi Temple. **Jain Temples :** Digambar Jain Temple, Pareshnath Temple. **Parsi Temples :** Rustomji, Cawasji, Agiaree. **Catholic Churches :** Church of Sacred Heart of Jesus, Church of St. Francis Xavier, Church of St. Teresa, St. Thomas Church. **Protestant Churches :** St. Paul's Cathedral, St. James Church, St. Andrew's Church, Old Mission Church, St. John's Church. **Mosques :** Nakhoda, Tipu Sultan. **Gurudwaras :** Bara Sikh Sangat, Jagat Sudhar. **Synagogues :** Shalome Jewish Synagogue.

SHOPPING : New Market, Air-conditioned Market, Park Street, Gariahat, Barabazar, College Street Market, Shyambazar, Hatibagan, Lake Market, Kalighat, Dakshinapan near Dhakuria (the State emporia are also there in this huge shopping complex).

PLACES OF INTEREST IN CALCUTTA : Benoy-Badal-Dinesh Bagh (Dalhousie Square), Eden Gardens, Shahid Minar, Indian Museum, Victoria Memorial Hall and Museum, Academy of Fine Arts, Birla Planetarium, Nehru Children's Museum, Netaji Museum, Kali Temple at Kalighat, Zoological Gardens, Horticulture Garden, National Library, Rabindra Sarobar, Birla Academy of Art and Culture Museum, Birla Industrial and Technological Museum, Nakhoda Mosque, Asutosh Museum of Indian Art, Marble Palace, Rabindra Bharati Museum, Arts Acre, Gurusaday Museum, Jain Temple, Howrah Bridge (Rabindra Setu), Vidyasagar Setu, Botanical Gardens, Yuba Bharati Krirangan (Salt Lake Sports Stadium), Nicco Park (Situated in Salt Lake), Dakshineswar Temple, Belur Math.

EXCURSIONS : Darjeeling, Kalimpong, Kurseong, Mirik, Jaldapara, Malbazar, Diamond Harbour, Barrackpore, Gadiara, Bakkhali, Bakreshwar, Digha, Sunderbans, Siliguri, Durgapur, Murshidabad, Santiniketan, Vishnupur, Jhargram, Ajodhya Hill, Tarakeswar.

AIR & RAIL TIME-TABLES : See General Information Section.

FOREIGN MISSIONS : See General Information Section.

HOTELS : See Calcutta Phone Numbers pages.

CINEMA HOUSES : See Calcutta Phone Numbers pages.

THEATRES : See Calcutta Phone Numbers pages.

MEDICAL : See Calcutta Phone Numbers pages.



AIR TRAVEL INFORMATION

NEAREST AIRPORT : **UMROI** (35 Kms.) is Meghalaya's only Airport. Vayudoot, using Dornier aircrafts, runs flights from and to Calcutta and Agartala.

Fares :

SHILLONG - AGARTALA - Rs. 753/-
SHILLONG - CALCUTTA - Rs. 1167/-

GUWAHATI AIRPORT : **BORJHAR** (124 Kms.) is the most important Airport in the North Eastern Sector. Indian Airlines (Airbus 300, A 320 and Boeing 737); Vayudoot (Dornier) and East West Airlines (Boeing 737) have flights from and to Delhi, Calcutta, Bagdogra plus various other destinations within the North East.

Fares :

Indian Airlines	Executive	Economic
GUWAHATI - CALCUTTA :	1594/-	1157/-
GUWAHATI - DELHI :	—	3549/-
GUWAHATI - DIMAPUR :	—	766/-
GUWAHATI - IMPHAL :	—	829/-
GUWAHATI - SILCHAR :	—	662/-
GUWAHATI - AGARTALA :	—	743/-
GUWAHATI - DIBRUGARH :	—	944/-
East-West Airlines		
GUWAHATI - CALCUTTA	—	1157/-

Childrens' Fares : Infant under 2 years : 10% of normal adult fare. More than 1 infant: 50% of normal adult fare. Children above 2 years and upto 12 years: 50% of normal adult fare.

Special Fares :

(Indian Airlines Only)

Armed Forces Discount : A discount of 50% permitted on normal adult fare including Fuel Surcharge on the domestic sectors of Indian Airlines.

Student Discount : 50% discount on all domestic sectors.

Teacher's Discount : A teacher accompanying a group of 10 or more students travelling together is allowed 50% discount on domestic services and Indo-Nepal sectors.

Blind Persons Discount : 50% discount on basic fare as well as fuel surcharge is available to blind passengers on domestic services.

Cancer Patients Discount : 50% discount on basic fare as well as fuel surcharge is offered to cancer patients travelling on domestic sectors and on Indo-Nepal sectors.

Family Discount Port Blair - Rs. 50/- : A discount of Rs. 50/- on the one way fare, when atleast 2 members of a family travel together from Madras/Calcutta to Port Blair and Calcutta/Car Nicobar or vice-versa.





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WEEK DAYS 9.30 a.m. TO 5.30 p.m.

Discount For Gorkha Personnel of Indian Defence Forces : 40% discount to Gorkha PErsonnel in the active service of Indian Defence forces on Indo/Nepal sectors.

Common Interest Group : 10% discount is offered to groups of 10 or more adults travelling together on International sectors as well as connecting domestic services.

Tour Conductor's Discount : A tour conductor accompanying at least a group of minimum 10 tourists is permitted to travel at half the normal fare and for 15 or more tourists is allowed to travel free.

Invalid Passengers/Stretcher Cases : On all types of journeys on Indian Airlines domestic as well as International sectors in Economy Class, three times the normal adult fare. This special fare would apply to all the passengers regardless of the fact whether the passenger is a child, infant or from any other category.

War Widows : A 50% concession in air fares as applicable to Armed Forces Personnel is also allowed to War Widows of Indian Armed forces.

War Disabled Persons : 50% concession on domestic fare including fuel surcharge. Armed forces personnel and their family members (as per list furnished to us by the Ministry of Defence) travelling on his/her own expense. These armed forces personnel have been invalidated out of service because of permanent disablement suffered in 1962, 1965 and 1971 wars.

Gallantry Award Winners : A concession of 50% is also extended to Ex-Armed Forces personnel who are recipient of highest gallantry award of level I and II on the basic fare as well as on fuel surcharge.

Note : In case of domestic rupee fares, the percentage discount will apply only on basic fare. No discount will apply on fuel surcharge, unless otherwise stated.

Cancellation/Refund :

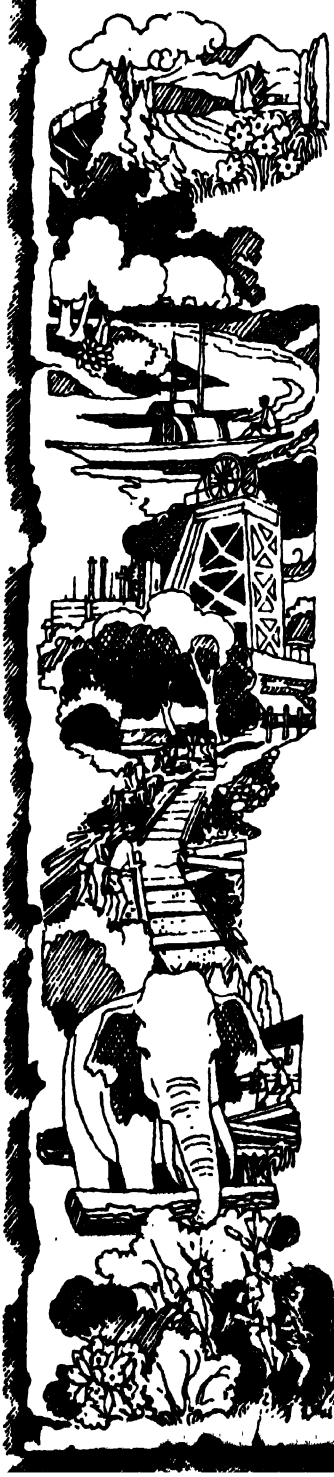
(Indian Airlines Only)

Cancellations are acted upon only when the ticket is actually presented at the respective Airlines Office. Cancellation charges are calculated on the value of single fare according to the cancellation time and are as follows :

a) 48 hours before departure - Rs. 20/-
b) between 24 and 48 hours before departure - 10% subject to minimum of Rs. 20/-
c) between 1 and 24 hours before departure: 25%
d) less than 1 hour before departure - no refund.
e) No refund is made on lost documents.

Meghalaya Tourism Development Corporation runs a Bus Service from Shillong to Borjhar (@ Rs. 80/- per person) for Airbus Flight No. IC - 230 and collection of incoming passengers from Flight No. IC - 229. Tourist Taxis are also available @ Rs. 650/- (i.e. Rs. 130/- per person on share basis) to and from Borjhar Airport.





We began with tea but opened a frontier

We began with transporting tea from Assam.

1878 : The planters of Upper Assam represented before the Government for a rail access. The petition was granted It was also decided that the railway should be extended to the Makum Coalfields across Dihing river.

May 1, 1881 : Hard toil. Dedication. Sacrifice. All combined to make the inaugural run of the first metre gauge locomotive in Assam possible.

1889 : Oil was struck at Digboi A decade later, the Assam Railway and Trading Company was incorporated.

1910 : At the century's turn, the Assam Bengal Railway was extended to link Assam with the seaboard at Chittagong. The Eastern Bengal Railway network to Amingaon and Gauhati was completed.

Events flowed swiftly with the World Wars, the Partition, Independence and the Five Year Plans— changing the priorities.

Today the amalgamated Northeast Frontier Railway, apart from carrying all the coal, tea and oil to and from the country's strategic Northeast, provides the region's most important surface link with the mainland

It is the life line, not only for Assam, but for the whole of Northeastern India.

NORTHEAST FRONTIER RAILWAY
at your service

RAIL TRAVEL INFORMATION

GUWAHATI (103 kms.) is the nearest Railway Station. Being the most important Railway Station of the North East, it has both Broad and Metre gauge acceptability and is the pride of the North East Frontier Railway who also have their HQ here. Centrally located and well-maintained, this Railway Station offers a lot of amenities to the travellers inclusive of well-maintained retiring rooms, eateries, book-stalls etc.

Some of the major national train connections are as follows :

INDIAN RAILWAYS SERVICE FROM GUWAHATI

B/G. SECTION: UP			B/G. SECTION: DN		
Train No.	Train's Name.	Days.	Train No.	Train's Name.	Days.
5622	North-East Exp.	Daily.	5621	North East Exp.	Daily.
5659	Kamrup Express.	Daily.	5660	Kamrup Express.	Daily.
4056	Brahmaputra Mail	Daily.	4055	Brahmaputra Mail.	Daily.
5609	Avadh Assam.	Daily.	5610	Avadh Assam.	Daily.
5652	Lohit Express.	Thu.	5651	Lohit Express.	Sun.
5645	Dadar Express.	Mon.	5646	Dadar Express.	Wed.
6321	Trivandram Exp.	Sun.	6322	Trivandram Exp.	Sun.
6519	Bangalore Exp.	Tue.	6520	Bangalore Exp.	Tue.
6313	Cochin Exp.	Fri.	6314	Cochin Express.	Fri.
53	Passenger.	Daily.	54	Passenger.	Daily.

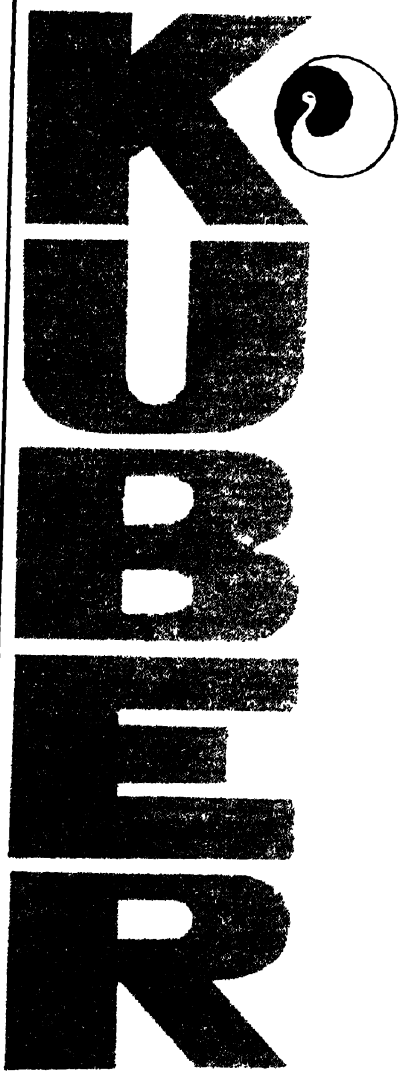
Apart from the above, various trains connecting major towns of the North East also operate from Guwahati Railway Station.

M/G. SECTION: UP			B/G. SECTION: DN		
Train No.	Train's Name.	Days.	Train No.	Train's Name.	Days.
0027	Passenger.	Daily.	0028	Passenger.	Daily.
5801	Cachar Express.	Daily.	5802	Cachar Express.	Daily.
5907	Brahmaputra Mail.	Daily.	5908	Brahmaputra Mail.	Daily.
5807	Nagaland Exp.	Daily.	5808	Nagaland Exp.	Daily.
5905	Kamrup Express.	Daily.	5906	Kamrup Express.	Daily.
5811	Barak Valley Exp.	Daily.	5812	Barak Valley Exp.	Daily.
5816	Varanasi Exp.	Daily.	5815	Varanasi Express.	Daily.

As far as Shillong is concerned, travellers can avail of Train Reservation facility from N.F. RAILWAYS OUT AGENCY located within the Meghalaya Transport Corporation complex at Jail Road, and from KNOW & GO, a privately managed Reservation Agency at Quinton Road.



HOTEL



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PARAG
(SHAKA-HARI)

☆☆☆
MILAN
(BANQUET HALL)

☆☆☆
ORBIT
(REVOLVING HALL)

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(De-li-Cious)

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1st Floor Navrangpur,
Ahmedabad 380 009
Tel : (0272) 423311/423312/
423313/468464/467590
Fax : (0272) 423501
Airport : (0272) 865337

AURANGABAD - IXU
C/o Hotel Rajdoot,
Room No 206
Jalua Road, Aurangabad
Tel : (02432) 24307/29991
29990
Fax : (02432) 84367
Airport : (02432) 84234/25264

BANGALORE - BLR
1A/M G Road
Bangalore 560001
Tel : (080) 586874/586894
587968
Fax : (080) 587985
Airport : (080) 57102 (Direct)
568494/568085
568128 Ext : 222

BARODA - BDQ
Hotel Surya Palace Room No
106 Opp. Parsi Agiary,
Sayaji Ganj Baroda 390 005
Tel : (0265) 330009/332628/
332629/332630
Fax : (0265) 333131/330980
Airport : (0265) 452721 (ATC)

BHAVNAGAR - BHU
Hotel Blue Hill Room No 203
Opp. Pil Garden,
Bhavnagar 364 004
Tel : (0278) 26951/26952/
26953/26954
Fax : (0278) 24731/28120
Airport : 23213/20861 (ATC)

CALCUTTA - CCU
43 Park Mansions, Park
Street, Calcutta 700 016
Tel : (033) 299257/291464/
291469/291463/291250/
291371/290667
Fax : (033) 299036
Airport : (033) 5528782
Extn 4216/17, 4251/52

CALICUT - CCO
Zam Zam Building I G Road
Calicut 673 004
Tel : (0495) 63194/74803/
64883/63230/60067/64387/
61520/64424/64917
Fax : (0495) 61572

COCHIN - COK
Badriya Trust Complex, M G
Road Ernakulam
Cochin 682 001
Tel : (0484) 361632/355242/
369592/362111/369714/
363542
Fax : (0484) 370639
Airport : (0484) 668041

COIMBATORE - COB
Gowtham Centre, 1055
Avinash Road
Coimbatore 641 018
Tel : (0422) 210286/211939/
212083
Fax : (0422) 211445
Airport : (0422) 573445

DELHI - DEL
DCM Building, 2nd Floor
16 Barakhamba Road,
New Delhi 110001
Tel : (011) 3721510/3716001/
3317577/3755167/3716138/
3716139/3716140/3320222/
3716464
Fax : (001) 3755166/3713379
Airport : (011) 3295121/
3295126 Ext : 2458
3295498/3295386 (Dir)

GOA - GOI
C/O Hotel Fidalgo,
18th June Road
Panjim, Goa 403 001
Tel : (0832) 44108/42723/
42724/46291-99 Ext : 115/117
Fax : (0832) 45281/44155
Airport : (0834) 513071

GUWAHATI - GAU
Dynasty Hotel, Room No 206
S S Road, Guwahati 781 001
Tel : (0361) 35610/35611/
35612/43322/43330
Fax : (0361) 44813
Airport : (0361) 84057

HYDERABAD - HYD
Swapnalok Complex,
Sarojini Devi Road
Secunderabad 500 003
Tel : (0842) 813568/840180/
815934/815710/813306/
813370/815881/815882/
815883/840144
Fax : (0842) 840201
Airport : (0842) 815932

JAIPUR - JAI
Vishal Chambers, 1st Floor
Tank Road, Jaipur 302 015
Tel : (0141) 516809
Fax : (0141) 516809
Airport : (0141) 551901

JODHPUR - JDH
Residency Road, Ratanada
Jodhpur 342 001
Tel : (0291) 37343
Fax : (0291) 37343
Airport : 37516

MADRAS - MAA
Mootha Centre, Ground Floor
9 Kodambakkam High Road
Madras 600 034
Tel : (044) 8277007/826669/
8282433
Fax : (044) 8265538
Airport : (044) 2340551
Ext 4295/4320
Fax : (044) 237042

MADURAI - IXM
119, 1st Floor
West Perumal Maistrya Road
Madurai 625 001
Tel : (00452) 24995/30833
Airport : ATC (0452) 37433/
25433
CONTROL TOWER (0452)
22195
SECURITY DEPT (0452)
33910

PUNE - PNQ
Hotel Amir Building
Sadhu Vaswani Road
Pune 411 101
Tel : (0212) 665862/665867/
665868
Fax : (0212) 662990
Airport : (0212) 663881

RAJKOT - RAJ
Room No 311 Hotel Galaxy
Jawahar Road, Rajkot
Tel : (0281) 55981/82/83/84/
85/87
Fax : (0281) 25557/55829
Airport : (0281) 545333
C/o ATC

TRIVANDRUM - TRV
Corporation Golden Jubilee
Building Opp S.M.V. High
School
MG Road
Trivandrum 695 001
Tel : (0471) 77235/76999/
77569/77438/71369/71349/
71626/77824
Fax : (0471) 77067
Airport : Tel : (0471) 451869/
451418/451610 Ext 380

VISHAKAPATNAM - VIZ
30-15-111A, 1st Floor Mallela
Mansions
Daba Gardens Main Road
Vishakapatnam 530 020
Tel : (0891) 46118
Fax : (0891) 46120
Airport : (0891) 58124 (PP)

RESERVATIONS

Reservations on all classes of travel can be made upto three months in advance. However, in the case of specific trains reservations on 2nd class can be made only seven days in advance.

RESERVATION AGAINST CANCELLATION (RAC)

RAC Tickets are issued after reservations are full. On receipt of cancellations, reserved accommodation is allotted out of RAC tickets in serial order. However, against RAC allotment, seating accommodation is provided on non-availability of sleeping accommodation.

Waiting list : Wait-list tickets are issued only upon the following numbers :

Class	Numbers
1st ACC	20
1st Class & 2 tier AC	50
2nd Class & AC Chair Car	150

CANCELLATIONS

RAC/Wait-listed Tickets : Full refund after deduction of Rs 2/- as clerkage charges per ticket, in case confirmed Reservations have not been provided till final preparation of the Reservation chart of reserved tickets and the ticket should be cancelled within three hours after actual departure of the train.

Class	More than 1 day in Advance	Upto 6 hours before departure of train	Between 6 hours & upto 6 hours after departure of train
		Minimum Charges	
1st ACC	Rs. 30		
1st Class/2 tier	Rs. 20		
AC/AC Chair Car	Rs. 15	25%	50%
2nd Class	Rs. 10		

While calculating the time for cancellation, the day of purchase of ticket and day of commencement of journey are not included.

Rajdhani Express Cancellation Charges :

Class	More than 2 days in advance	Less than 2 days in advance
1st ACC	Rs. 30	50% of ticket value
2 tier AC	Rs. 20	50% of ticket value
AC Chair Car	Rs. 15	50% of ticket value

In all cases of cancellation, Reservation fees are not refundable.

Refunds on account of discontinuance of journey owing to accidents, floods, breaches are available as full refunds inclusive of reservation fees, provided the railway authorities fail to carry the passenger to his destination within a reasonable period of time by alternative arrangements. Full refund of fare is also given for





hotel chilarai regency

(A UNIT OF RIB GROUP) PALTAN BAZAR, GUWAHATI 781 008 (ASSAM)

Phone : 541530/543437/546877/31544, Telex : 235-2401 IICRRIN, Gram : RIB, Fax : 0361-543234

CLASSIFIED 3 STAR LUXURIOUS HOTEL IN THE HEART OF THE CITY

Location : Centrally located just near to 1A City Office, 21 kms from Airport, close to Railway Station, State transport and other major private bus stands

Accomodation : 44 rooms, attached bath, 24 hours hot & cold water, Channel music, CCTV, Satellite TV programmes, Telephones in rooms, 24 hours room service

Dining : 'Mahal'- a multi cuisine, airconditioned food valley

Permit Room (Bar) : 'Trishna' to care for your brands in golden moments

Conference Hall : 'Tribeni' the A/C conference hall to accomodate 300 persons along with microphone & video project systems

Other facilities : Basement car parking, Government approved fire preventive measures, water purification plant, Air, Railway & Bus tickets, Taxi on call, Doctor on call, safe deposit, laundry, secretarial, Post & Telegram services, arrangement of sight seeing

Credit Cards : We accept major domestic & international credit cards

TARIFF

	Single	Double
Deluxe A. C	Rs 395/-	Rs 450/-
A C.	Rs. 300/-	Rs 380/-
Non A C	Rs 200/-	Rs 280/-
Extra person	Rs 90/-	Rs 90/-

Service charge . 10% only Other Taxes as applicable

Regency is Aristocracy

PROMOTED BY RAJA RAMA BROTHERS PVT LTD



HOTEL INDIRAJ

H. P. BRAHMACHARI ROAD, PALTAN BAZAR, GUWAHATI : 8
(A UNIT OF R. I. B. GROUP)

* Near Blue Hill Travels Bus Services
* One minute walk from 1A City Office
* Five minutes walk from Railway Station
* Five minutes walk from A. S. T. C. Bus Service

Room Tariff	Single	Double
Suite (Luxury)	—	Rs.400/-
A. C.	Rs. 200.-	Rs. 250/-
Deluxe	Rs. 150/-	Rs. 180/-
Non A. C.	Rs. 90/-	Rs. 120/-
Non A. C.	Rs. 70/-	Rs. 95/-
First Floor	—	Rs. 150/-
Extra person	Rs. 30/-	Rs. 30/-

Service charges 10% & Luxury Tax as per Govt. rules.

Facilities

* T. V. in suite, A. C. Double and Deluxe rooms
* Room service is available
* Restaurent with Indian food
* Hot water in rooms
* Arrangement for sight seeing
* Car on hire
* Doctor on call.

the untravelled portion of the ticket if the passenger does not avail of the alternative arrangements made by the railway authorities in case of dislocation enroute to destination owing to a Bandh or Rail Roko agitation. Cancellation owing to late running of train by three hours or more also invites a full fare refund inclusive of reservation fees, provided the ticket is surrendered before the actual departure of the train.

Return Journey Tickets : The Station Masters of stations from which the journey has to commence will also grant refund on reserved tickets issued by other stations. They are also authorised to revalidated return - journey reserved tickets by alternative trains.

Lost Ticket—No refunds will be granted for a lost or misplaced ticket. The Railway Administration may, however, issue a duplicate paper ticket on payment of a penalty amounting to 25% of the fare in lieu of the lost, torn or mutilated ticket. In case of lost tickets, Police FIR is not insisted upon.

CONCESSIONS

Children aged upto 5 years are allowed free travel when accompanied by an Adult passenger and children above 5 years upto 12 years of age are allowed .50% concession on the normal adult fare. Students of recognised Educational Institutions are allowed 50% concession on the normal adult fare to visit their native place or their parents' place of posting on 2nd class travel only. Senior citizens aged above 65 years are entitled to 25% concession on journeys beyond 500 kms on IInd Class by Express and Mail Trains

ADVANCEMENT/POSTPONEMENT OF JOURNEY

Reservations made, may be altered with respect to date and train, upto 24 hours before the departure of the train Changes are allowed provided reserved accommodation is available on the revised date Reservation fees will, however, have to be paid for the revision. Alteration of reservations are allowed only once on a ticket. Change in respect of Classes cannot be done. In case of the Rajdhani Express, only date of journey can be altered.

FREE BAGGAGE ALLOWANCE

First Class Airconditioned	70 kgs.
First Class/Second Class AC Sleeper	50 kgs
Airconditioned Chair Car	40 kgs
Second Class	35 kgs

BED ROLLS

Bed rolls are available at important stations to First Class and Two tier Airconditioned Sleeper passengers at Rs. 5 per bed roll per night. At the time of booking reservations, request for Bed-rolls can be made.

ACCEPTANCE OF TRAVELLERS CHEQUES/CREDIT CARDS

Travellers Cheques of nationalised banks are accepted for payment of passenger fares and luggage charges at important stations. Andhra Bancard, BOB Card, India Card, Vijaya Bank Card and Can Card are accepted at all important stations.



DISCOUNT COUPON IN THIS BOOK !

Hotel Raj Mahal

A. T. Road, Paltan Bazar, Guwahati-781 001
PHONES : 541125, 32073, 32074, 32797, 34875

Location
- 21 kms from Airport
- Walking distance-Railway, Bus terminals, Taxi stand, IA City Office, G P O , Courts, Stock Exchange, Main Market

Banquet
- Three centrally airconditioned Halls well decorated
- Capacity 30-75-250
- Meetings, Seminars, Exhibitions, Marriages etc
- Conference facilities-PA system, TV, VCR projector

Restaurant
- Centrally airconditioned
- Attached with grand Lounge
- Purely vegetarian
- Indian-Chinese-Continental, South Indian cuisine
- Royal Thali for room guest
- Terrace Cafetaria

Rooms
- Centrally airconditioned
- Wall to wall carpeting
- Luxuriously decorated
- Channel Music, Colour TV
- Inhouse Movies, Star TV
- Direct dialing
- Running Hot & Cold water
- Non A C - same standard

Swimming Pool
- Filteration & purification system of pool water
- Attached Bath, Lockers
- Terrace Cafeteria for snacks
- Roof Top Garden
- Health club
- Scenic beauty

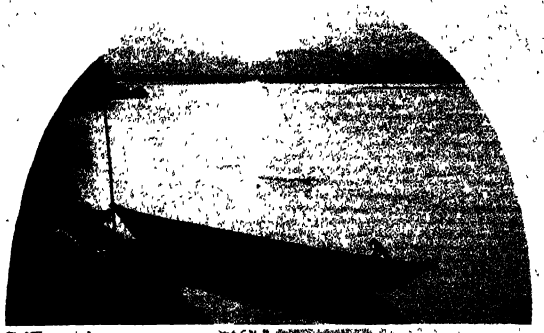
Others
- Laundry
- Car rental
- Safe Deposit
- Money changing
- Arrangement - ticketing
- Doctor on call
- Secretarial service
- Credit Cards

Tariff

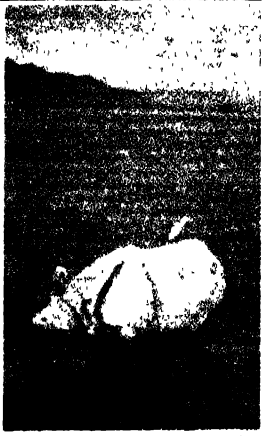
TYPES OF ROOMS	SINGLE	DOUBLE	EXCLUDING
Suites	Rs 700/-	Rs 775/-	Service charges 10%
Super Deluxe	Rs 550/-	Rs 625/-	Govt Taxes
Deluxe	Rs 400/-	Rs 475/-	Extra Bed Rs 100/-
Air conditioned	Rs 350/-	Rs 450/-	
Non airconditioned	Rs 225/-	Rs 300/-	

Special Package : For Conference, Exhibitions, Marriages and for Company Executives
Group of 10 persons : Facility for AP & MAP. Plan rates

Presenting an experience in luxury











Winter Invitation

Rain ceases and the snow white clouds dance in ecstasy.

No dust, no mud, no burning heat too.
Yah, this is the time for going some where.
We extend our winter invitation to you.

Green foliage with bursts of hundred wild flowers.

Awesome rivulets dangling with fish.
Warm, crystalline lagoons.

Explore the trails of mystic Borail range. Colour and glory of the mighty Ahoms at Sibsagar.

The sombre pre-historic giant Rhino and the most courageous Sher Khan Tiger.

And a river, called Brahmaputra traversing the ancient pages of myth and reality.

Earth's most exquisite promise of paradise.

Well, "If winter comes can spring be far behind?"
Oh, the spring festival Bihu is also just around the corner.

Discover a dish.
You've tasted never before and a smile as pure as morning dew in the grand feast of the divine spirit.
Why, Yes, it's Assam only.

Invitation

Host : Director of Tourism,
Assam
Station Road,
Guwahati-781 001
Phone : [illegible]

Package

THERE ARE THINGS IN LIFE YOU HAVE TO SEE AND EXPERIENCE TO BELIEVE



You are looking for something wonderful and very special.
No, you need not be worried. Because we're here to look after you and to fulfill your heavenly desire.
We have offered the following package's from November 1992.
Every package is full of excitement, fun fare and ofcourse, warm hospitality.
You're here, in the right direction.

Hill Package (throughout the year)
Diphu, Haflong, Jatinga and Umrangsu. Six days. Food, transport and accomodation. Rs. 1300/- (for one person)

Luxury Package (November to April)
Kaziranga, Sibsagar, Tezpur, Bhalukpung, Guwahati & Bordowa, Six days. Food, transport and accomodation. Rs. 1700/- (for one person)

Nature Tour (throughout the year)
Tezpur, Orang wildlife Sanctuary, Bhalukpung, Tipi (Arunachal), Tea Garden, Bordowa, Guwahati & Madan Kamdev. Five days. Food,transport and accomodation. Rs. 1100/- (for one person)

Temple Tour (every 2nd & 4th Saturday, throughout the year) Sibsagar, Nazirakhat, Bordowa, Negheriting & Kaziranga. Two days. Food Transport and accomodation. Rs. 500/- (for one person)

Manas wildlife Tour, Shillong sight seeing, One horn Rhino Tour and many more.....

For details please contact :
Director of Tourism, Assam,
Station Road, Guwahati 781 001

Phone : 47102, 31022
& 44475

ASSAM TOURISM

GUWAHATI : GATEWAY TO THE NORTH EAST

Once famed as 'Pragjyotishpura' or 'The Light of the East', Guwahati is situated on the bank of the mighty Brahmaputra river. Surrounded by hills on the other sides, Guwahati — the capital of Assam and the only city in the North East— is the gateway to this enchanting region of unspoilt natural beauty.

Guwahati is well connected by air, rail and road. Regular air and rail services from Calcutta and Delhi are available. Of late East West Airlines has also introduced a flight from Calcutta to Guwahati. Once at Guwahati, a well balanced air, rail and road network helps the most discerning traveller to reach every nook and cranny of the North East.

Accommodation at Guwahati—be it star category or budget—is plentiful. The star category hotels include Belle Vue, Brahmaputra Ashok, Chillarai, Dynasty, Nandan, Raj Palace (veg.) and Rituraj. In the middle rung are Ambarish, Kuber (veg.), Mayur (veg.), Nova etc while the budget hotels are Ambassador, Indiraj, Maruti (veg.), Starline, Trimurti etc. The Tourist Bungalow is also excellent at its price.

While most of the above hotels offer superior multi-cuisine choice, mention may be made of Ming Room for its Chinese fare, Woodland for its South Indian delicacies, Kalpana Hotel for its Bengali meals and the Paradise Restaurant for its ethnic Assamese 'thali's. Well-known brands of aereated & mineral waters, ice-creams and alcoholic beverages are readily available.

Transportation within the town is easy with Governmental and privately owned buses & mini buses. Cycle-rickshaws, auto-rickshaws and taxis are also available, almost round the clock, but it is advisable to bargain and settle the fares in advance. The offices of Assam Tourism (near the Railway Station) and Indian Tourism (at B.K.K. Road, Ulubari) are open everyday from 10AM to 5 PM (barring Sundays & holidays) to help newcomers.

Once at Guwahati, it is customary to visit the Kamakhya Temple, which, set atop the Nilachal Hills, is a vital centre of Hinduism and Shaktism. The view of Guwahati and the Brahmaputra from the Bhubaneshwari Temple area here, is indeed exhilarating. Umananda,





Mullah Dervish of Herat who had accompanied the Mugal General Mir Jumlah to Assam in the middle of the 17th century exclaimed-

"Its land is not like our land,
Its sky is not like our sky, ...
Its sky sends rains down -
without the oeriginating cause of
the clouds.
It stands outside the circle
of the earth and the bowels
of the enveloping sphere.
It has been separated
from the world like the letter aliph.
The landscape of Assam has
changed a lot since then. And Yet
the charm and the wonder, the enigma
and the mystery associated with her
nature lingers on.
This land of myth and mystery
always backons you

Issued By : The Director, Information & Public Relations
Government of Assam

or the peacock island, in the middle of the Brahmaputra, is a Shaivait's dream come true. A ferry ride on the Brahmaputra is also in order. Other temples to visit are the Nabagraha, Sukleshwar and the Bashista Ashram. The Gandhi Mandap, Museum and Zoo are well maintained while major cultural events are staged at Rabindra Bhavan. Bigger or sporting events are held at the Stadium.

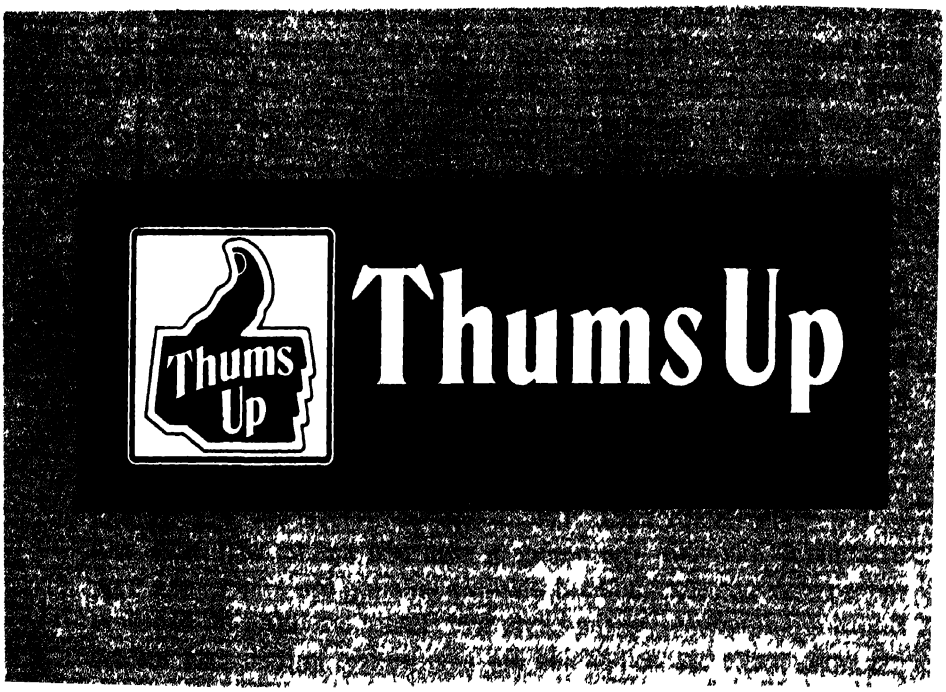
Being the commercial hub of the North East, Guwahati boasts of the only Stock Exchange and Tea Auction Centre in the area. Major corporate entities have their regional offices located here. Essentially a wholeseller's paradise, this is a steadily growing market of national importance. Courier services, Fax and STD/ISD facilities are readily available to provide able support to those who have commercial initiative.

Through the years, health-care facilities - especially those run by private entreprenurs - have mushroomed at Guwahati, providing relief to the entire North East. The Down Town Hospital is a perfect example in this field. The media is alive and kicking with more and more professionally managed entrants entering the print media fray. Social organisations like the Lions and Rotary are doing an excellent job while major tea companies are also putting in their mite for the upliftment of the local people.

Guwahati is a nerve centre of the cultural and entertainment scene with modern studios and recording centres. It is also home to Dr. Bhupen Hazarika, recently honoured by the Phalke award. AIR and Doordarshan have their regional head quarters here as do so many other Central Government organisations. The administrative and political hot seat is at Dispur, situated on the Guwahati-Shillong road. As the capital of North East's most politically and economically mature State, both national and regional political parties have their presence here.

For the general man on the street, Guwahati is the big city with a bigger heart. English, Assamese, Bengali and Hindi are readily spoken and understood here, while a feeling of easy bonhomie helps the outsider feel absolutely at ease. The best time to visit is between October and May. Light woollens during winters and cottons during summer is indicated.





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ROAD TRAVEL INFORMATION

SHILLONG is connected to GUWAHATI by the excellently maintained, all weather National Highway No. 40. It takes nearly 3.5 hours by bus and 3 hours by car to cover the distance - inclusive of a halt at Nongpoh, the half-way house, for tea and snacks or bites of fresh, juicy fruits. The journey is made pleasurable by the picturesque scenery inclusive of Reserve Forests, waterfalls, quaint little villages, gushing mountain streams and of course, the Umiam Lake, 16 kms before reaching Shillong.

Various forms of surface transport are available. Meghalaya and Assam State Transport Corporations operate buses on hourly basis while Tourist Omni Buses run by a large number of private operators, are also available. Taxis ply regularly, say from 6 A.M. to 6 P.M.

NH 44 connects Shillong to Silchar (The Cachar District of Assam), the State of Mizoram and Tripura, as also the district town of Jowai. The view, as one is about 30 minutes away from Shillong, is breath-taking - especially at night, when Shillong twinkles like a well-lit Christmas tree!

FARES for buses and taxis are as follows (ex-Guwahati/Shillong) :

Rs. 95/- Taxi Fare per person on sharing basis.

Rs.475/- Taxi Fare for chartering an exclusive Taxi (5 seater).

State Buses, available hourly from 6 A.M. to 4 P.M. charge @ Rs. 35/- Rs. 25/- and 23/- for Delux, Semi-Delux and Ordinary buses respectively while Tourist Omni buses Charge @ Rs. 35/- per person.

FARES, TIMINGS and DISTANCES for other routes are as follows:—

Sl. No.	Name of Route.	Distance in kms.	Timings	MTC Timings & Fares. Delux	Semi-Delux	Ordinary	Omni Buses.
	SHILLONG TO						
1.	**Jowai**	**65**	**7 A.M.** **10 A.M.** **11 A.M.** **3 P.M.** **5 P.M.**	**19.00**	**16.00**	**13.00**	**25.00**

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Sl. No.	Name of Route.	Distance in kms.	Timings	MTC Timings & Fares. Delux	Semi-Delux	Ordinary	Omni Buses.
2.	Tura	323	7 A.M. 6 P.M.	94.00	78.00	65.00	100.00
3.	Nongstoin	96		28.00	23.00	19.00	
4.	Baghmara (Tura)	323	7 A.M. 6 P.M.	94.00	78.00	65.00	
5.	Guwahati	103	Every hour from 6 A.M. to 4 P.M.	35.00	25.00	23.00	35.00
6	Silchar	240	6 P.M.	70.00	58.00	48.00	95.00
7	Williamnagar	312	7 A M.	90.00	75.00	62.00	
8.	Dimapur	434	6 P.M.	90.00	—	—	115.00
9.	Dharmanagar	312	6 P.M.	90.00	—	—	120.00
10.	Karimaganj	232	6 P.M.	67.00	—	—	100.00
11	Aizawl (Mizoram Service only)	420	5 P.M.	168.00	—	—	195.00
12.	Cherrapunjee	50	7 A M. 2 P M.	15.00	12.00	10.00	
13.	Dawki	85	7 A.M.	25.00	20.00	17.00	
14.	Umrangso	158	10 A.M.	46.00	38.00	32.00	

ROAD DISTANCES WITHIN MEGHLAYA (KMS.)

Shillong to Jowai	66		Mawsynram	61	
Nongstoin	96		Balat	102	
Tura	323		Guwahati	103	
Williamnagar	315		Silchar	240	
Baghmara	445		Aizawl	420	
(via Tura)			Mawphlang	20	
Betasing	370		Umsning	20	
(via Tura)			Shella	90	
Resubelpara	233		Kohima	427	
Daddenggiri	371		(via Guwahati)		
(via Tura)			Nowgong	226	
Nongpoh	54		Dibrugarh	546	
Sohra (Cherra)	51		Tezpur	284	
Mairang	45		Jorhat	411	
Mawkyrwat	75	Jowai to	Amlaram	277	
Amlarem	93		Khliehriat	34	
Dawki	85		New Garampani	67	
Khliehriat	100		Dawki	85	



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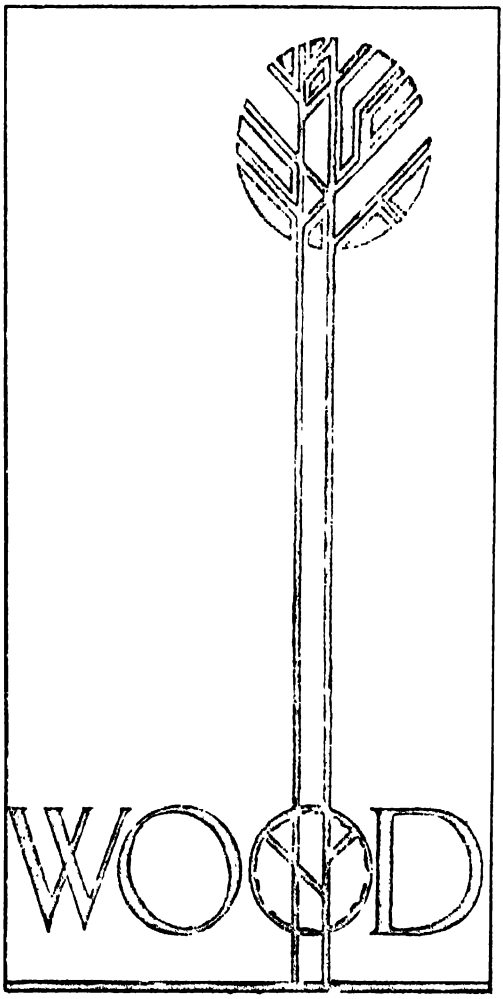
Laitumkhrah Centre Point, Shillong 793003

Phone : 227927, 226806

ROAD ROUTES FROM SHILLONG

Shillong is connected by good roads with all tourist centres in India. Some of them are :

To	Distance (Km)	Break-up (Km)
BOMBAY	3244	Guwahati 103-Siliguri 475-Calcutta 606 - Nagpur 1192 - Dhulia 527 - Bombay - 341
CALCUTTA	1184	Guwahati 103 - Siliguri 475 - Kishanganj 103 - Malda 154 - Berhampore 137 - Krishnanagar 95 - Calcutta 117
DARJEELING	658	Guwahati 103 - Siliguri 475 - Darjeeling 80
DELHI	2129	Guwahati 103 - Siliguri 475 - Barauni 358 - Patna 111 - Sasaram 147 Varanasi 116 - Allahabad 135 - Kanpur 195 - Agra - 286 - Delhi - 203
GANGTOK	692	Guwahati 103 - Siliguri 475 - Teesta Bazar 53 - Gangtok 61
GUWAHATI	103	Nongpoh 55 - Guwahati - 48
IMPHAL	614	Jorabat 97 - Nawgaon 102 - Dimapur 196 - Kohima 74 - Imphal 145
ITANAGAR	504	Guwahati 103 - Itanagar - 401
KAZIRANGA	294	Jorabat 97 - Naogaon 102 - Kaziranga 95
KOHIMA	469	Jorabat 97 - Naogaon 102 - Dimapur 196- Kohima 74-
MADRAS	2918	Guwahati 103- Siliguri 475 - Calcutta 606- Balasore 304 - Bhubaneswar 195- Visakhapatnam 425- Vijayawada 382 - Madras 428
MANAS	273	Guwahati 103 - Barapeta Road 129 - Manas Wild Life Sanctuary 41
PATNA	1047	Guwahati 103 - Siliguri 475 - Kishnganj 103 - Barauni 255 - Patna 111
SIBSAGAR	444	Guwahati 103 - Nawgaon 102- Sibsagar 239
SILIGURI	578.	Guwahati 103 - Barpeta Road 129 - Hasimara 221 - Siliguri 125



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PROJECTS UNDER INVESTIGATION

(i)	Damwe Hydro Electric Project, A P	520 MW
(ii)	Ranganadi Hydro Electric Project, A P (Stage II)	100 MW
(iii)	Dikrong Hydro Electric Project, A P	100 MW
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SHILLONG OF THE LEGENDS

According to a beautiful legend about their origin, the indigenous Khasi-Pnars believe that God made 16 families, Ki Khathynrew Trep (16 huts) and let them stay with him in heaven. Initially, they travelled at will between heaven and earth using a golden ladder. At a certain point of time seven of these families wished to stay back on earth. God agreed and gave them land at Mount Sohpetbneng (literally, the navel of Heaven) but withdrew the golden ladder. Since then the Khasi Hills have become the sacred homeland of the Ki Hynniew Trep, the people of the 7 huts. They have not forgotten the 9 families who stayed back in Heaven and whenever they pray, they request the 9 families to forgive them for their omissions and commissions.

Shillong derives its name from the Shillong Peak (6450 feet above sea level) the highest point in Meghalaya, overlooking the Shillong city. There are many legends and myths surrounding the name of Shillong. According to one legend, the city got its name from a mythical youth, U Shulong, a supernatural youth born out of immaculate conception of a virgin mother named Lir, who lived in Bisi, a village near Mylliem, 14 km south of Shillong. Lir gave birth to a beautiful still-born child, whom she buried in her garden.

Many years later she was awakened near midnight by the noise of a large crowd. As she opened her door, a tall, handsome youth stepped forward and said, "Mother, I am the little boy that you buried in the garden. Don't be afraid, you are my earthly mother and I love you. I have come so that all our people can prosper and live happily. Go, call the uncles and the kith and kin so that I may instruct them on how to perform the ceremonies and so that I can be of help at times of need". U Shulong (the one who grows naturally) was in fact the presiding deity of Shillong and the phrase "Khot Shillong" (Call Shillong) is still used as a prayer and supplication to bring succour in times of catastrophe, peril or or even personal misfortune.

The other legend is related with the emergence of the Shillong kingdom in olden times. Even today there is a cave called "Krem Maral' near Shillong peak. This cave was supposed to be the home of the Shillong deity, a supernatural being like a Greek God.

People were in great awe of him and tried to propitiate him by sacrificial offerings and ritualistic obeisance, and he bestowed health and wealth upon those whom he preferred.



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Yet another legend regarding the Marai cave is about a nymph like lady of divine beauty who lived in the cave. Cowherds and people passing the area would sometime see this unearthly beauty sunning herself, enjoying the shade of a nearby tree or sitting on a ledge. As evening approached the woman would retire into the cave which no human dared to approach.

A nobleman of the Mylliemngap clan, who initially dismissed the story as a figment of imagination, decided to find out and hid himself at night at a vantage point near the cave. At daybreak, Mylliemngap, wide awake after a fitful night, was stunned to see a celestial beauty inhaling and caressing a lovely wild flower, Tiew Jalyngkteng, in a very graceful manner. Mylliemngap understood that this was the daughter of the Shillong diety and felt that her appearance was due to divine dispensation to play some specific role in this world. By then the woman had disappeared into the cave. In a bid to lure out the woman from the cave. Mylliemngap tied a bunch of Jalyngkteng flowers at the tip of a long bamboo pole and thrust it inside the cave. The pole quivered and as he pulled it out slowly - lo and behold - the woman was following it out of the cave. As soon as she came out of the cave, Mylliemngap clasped her hand firmly and refused to let her go back into the cave.

The woman, know in history as Pahsyntiew (Lured by flower) became the ancestress queen mother of the Shillong kingdom following her marriage to Kongor Nongjri and made the beginning of the royal family with a progeny of two sons and daughter.

Pahsyntiew is credited with teaching her people the science of iron smelting and a new form of agriculture. She also taught social etiquette and helped her subjects learn to talk, sing and dance. On completion of her human responsibilities, she once more entered the Marai cave never to return, lending credence to the belief that she was in fact the divine daughter of the diety of Shillong.

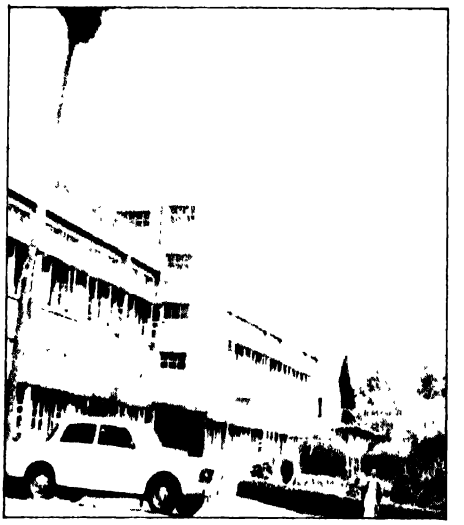
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MEGHALAYA CONTRACTORS

THE SHILLONG STORY

The story of Shillong actually began at Cherrapunji, the first headquarters of the Khasi and Jaintia Hills district under the Assam Division of the province of Bengal.

The serving British officers found the place unhealthy due to heavy rain, mist and fog and above all enteric fever that took heavy toll of the officers, including David Scott, the founder of British suzereignty in these hills. Most of them died there before reaching the age of thirty as the cluster of graveyards still testify.

The officers not only had complained to their higher authorities but were also in search of a drier and healthier place for building up a sanatorium where they could retire for recouping their health. Capt. Lister, Political Agent, even surveyed three places, including Mairang in the district, for a likely sanatorium.

Meanwhile, as early as the 14th October, 1856, J.Allen, Member of the Board of Revenue of the Bengal government, apparently responding to the grievances of the officers, recommended shifting of the district headquarters from Cherrapunji to a more suitable place. The area, known today as Upper Shillong, lying at the foot of the Shillong Peak, was selected as the site of the next district headquarters and sanatorium, but the site had to be abandoned mainly because there was no source of adequate water supply for the people of the projected town. The choice ultimately fell on Iewduh, as the area was known then. Iewduh also lay on the cart track from Guwahati, then Divisional headquarters, to Cherrapunji.

Col. Henry Hopkinson, then Commissioner of Assam Division and Agent to the Governor General, who actually fathered the town of Shillong, took up measures in right earnest for building up the town and shifting the district headquarters from Cherrapunji. He directed Capt. Rowlat, the Deputy Commissioner of the district to proceed to Iewduh in 1861. Capt. Rowlat built a cottage for his stay at Iewduh and made a detailed survey of the area for the projected town. Col. Hopkinson also sanctioned Rs. 35,000 for the improvement of the Guwahati-Iewduh cart road. The final selection of Iewduh as the site for the new town was communicated by a letter of December 18, 1863, to the Bengal government, which in its turn approved purchase of land for the purpose. Col. Hopkinson purchased 2499 acres of land at a cost of Rs. 8,433, including Rs. 1,000 paid to



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the Syiem of Mylliem for renouncing all claims to the purchased land. This was the area on which Government buildings began to be constructed. Col. Hopkinson named the town Shillong.

The construction took longer than expected and the shifting of the district headquarters from Cherrapunji, earlier scheduled in 1864, was delayed by two years. It was only on April 28, 1866, that the Deputy Commissioner's office, Treasury, Jail and Police started functioning at Shillong. Counting from that date, Shillong should be 128 years old this year.

No other State capital in the country has undergone change of status and fortune as Shillong since its foundation. In February, 1874, on the formation of Assam as a separate province, Shillong was chosen as capital of the new province on account of its salubrious climate and conveniently central situation between the Brahmaputra Valley and the Surma valley. The site of the present Raj Bhavan was then purchased from Mr. Bivar, former D.C. of the district who owned this property, at a cost of Rs. 26,000 for the construction of the official residence of the Chief Commissioner of the province. The road below the present Raj Bhavan along the lake still bears the name of Bivar.

Prior to 1897 most of the public offices and private houses of the town were built of rough hewn masonry. The earth quake of June 12, 1897, reduced them in a heap of ruins in the space of few seconds, wrecked the water supply and destroyed the stone masonry embankment that dammed up the water of the artificial Ward's Lake built by the Chief Commissioner Sir William Ward in 1893-94 below the government house. The pent up water of the lake rushing through the breached embankment down the nullah towards the Polo Ground washed away a wooden bridge over it.

The quake occurred at 5 o'clock on Saturday afternoon when almost everyone was out of doors after a rain drenched day. Only two Europeans and 27 Indians were killed in the tremor. When the town was rebuilt, on the advice of a Japanese architect, the buildings were all light structures built on wooden frames and wooden floors.

In 1905 following the partition of Bengal and formation of the new province of Eastern Bengal and Assam, Dhaka became the capital of the new province. Shillong, however, became the summer capital. After annulment of the partition of Bengal and consequently of the Eastern Bengal and Assam province in 1911, Assam was revived as a separate province and Shillong again became the capital in 1912. This status continued till 1970 when it became the twin



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Meghalaya, Shillong.

capital of the Autonomous State of Meghalaya and two years later the State of Meghalaya and Assam till 1973-74 when the capital of Assam shifted down to Dispur, leaving Shillong to be the capital solely of Meghalaya.

The first municipality was constituted in 1878. The municipal receipts and expenditure during the ten years ending 1902-3 averaged Rs. 29,000. The income of the civic body in 1989, as per the State government statistics, was Rs. 203.45 lakh and expenditure Rs. 190.13 lakh.

Haji Kasimuddin Molla introduced the first motor transport service between Guwahati and Shillong in 1906, replacing the horse drawn tanga service by relay of horses that used to take eight hours to traverse the 105 kilometres.

Lying on an undulating plateau at the base of the Shillong Peak the town has been laid out in such a way that unlike other hill towns of the country every nook and corner of Shillong is approachable by a car.

N.K. Dutta

(Source consulted : Imperial Gazetteer of India, Provincial Series, Eastern Bengal and Assam, 1909; "Birth of Shillong" by B. Datta Ray, The Assam Tribune, 7th October, 1976.)

KA SUR NA DYMMIEW

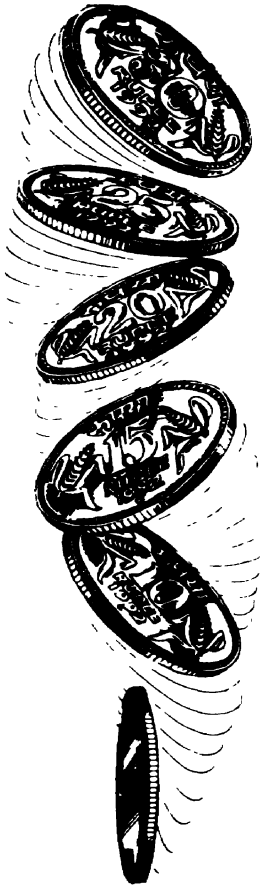
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SHILLONG UPDATE

FAMED as one of the celebrated hill resorts of the country, Shillong is a 128 years old mini-city retaining quite a bit of its picturesque past : the 'Raj mystique', cosmopolitan character and westernised life-style. Apart from its tranquil atmosphere, scenic beauty and ethnic charm, Shillong today has graduated to be the happy hunting grounds for corporate entities and business travellers.

Headquarters of innumerable Central and State Government offices and Corporations, Shillong is also the home base of a number of Defence and Paramilitary organisations. Opportunities for the pursuit of academic excellence is another distinguishing feature of this mini-city, where well run schools, colleges, the North Eastern Hill University and Indira Gandhi National Open University mesh in successfully.

Capital of the State of Meghalaya, the 21st State of the Indian Union, Shillong has gradually emerged as a commercially viable destination for businessmen and entrepreneurs. From a paltry 60,000 in the early 60s, the population has steadily climbed to nearly 3,00,000 today while an average of 4000 people commute here daily from different parts of the country.

To cope with this phenomenon, the hospitality industry has come up with a range of star-category, budget and low-tariff hotels which offer the latest in conference and exhibition facilities. New shopping plazas like the all weather Glorys Plaza cater to the whims of the big buyer while the privately managed tourist bus services have opened up the North East to comfortable, cost-efficient travel.

Shillong, according to one estimate, has one of the highest per-capita automobiles in the country. Added to this are nearly 4000 trucks which pass daily through the National Highway carrying essential commodities to our land-locked neighbours at Cachar District (Assam), Mizoram and Tripura. A by-pass, to tackle the endemic traffic snarls, is on the cards. Modern parking lots are in various stages of construction at various locations.

On the verge of completion is the Greater Shillong Water Supply Project fulfilling another great necessity. The Government Dairy provides pasturised milk in polypacks while the Agriculture Department manufactures a wide range of processed fruit products.



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Other activities of the Federation are fertilizer distribution, supply of consumers goods and essential commodities, honey and cement etc. at a reasonable prices. A Self Service Store has been started for the first time in Meghalaya.

In addition, godowns for primary Cooperative S - ocieties are constructed by MECOFED.

The Primary aim of MECOFED is to provide assistance to the farmers.

ISSUED BY :

MANAGING DIRECTOR

MECOFED

The Agriculture Marketing Board is working towards the creation of 2 'Mandis' which will help local cultivators get better returns for their produce. The Mineral Development Corporation has planned a state-of the-art Coal Depot near Jorabat on the Assam-Meghalaya border while the All India Institute of Medical Science clone, Indira Gandhi Regional Institute of Medical Science is on the planning table.

The Meghalaya Non-conventional and Rural Energy Development Agency is also spearheading the work on the Regional Research Institute covering the North East, to be set up at Shillong.

The Meghalaya State Electricity Board and the Mawmluh Cherra Cement Factory are going great guns, increasing their production facilities in gradual phases.

As in the rest of the country, the Electronic Age has reached Shillong, with the commissioning of the electronic telephone exchange and the switching on of the local Doordarshan Station. Cable TV too, is very much here to stay.

Unfortunately, Shillong's full potential as a tourist or business destination has not yet been fully discovered. Resultingly, the fascinating facets and hues of this enchanting place, the catalystic changes, colours and moods of Shillong are still not fully known.

Now that you are here with us, welcome and let irresistable Shillong grow on you !

Its YOUR life on the line !

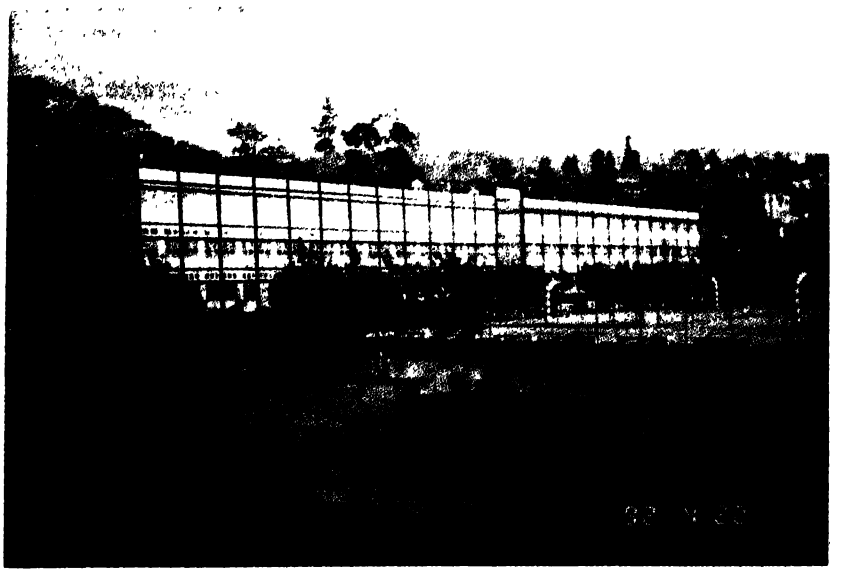
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SHILLONG : WHERE EDUCATION IS A WAY OF LIFE !

- Over the years, Shillong has been synonymous with education in the North East.
- Shillong is the Head Quarters of the North East Hill University.
- Home of Schools, Colleges and Institues, including some of the oldest and most prestigious in the North East
- 95% of educational Institutes within Meghalaya are privately managed but receive healthy grants in aid from the State Government
- Marching towards total literacy



ST. ANTHONY'S COLLEGE

Issued by : Director, Public Instruction, Government of Meghalaya

THE PEOPLE

KHASI-PNARS (a combination signifying the KHASIS and the JAINTIAS) who inhabit the Khasi and the Jaintia Hills are the larger group of indigenous inhabitants of Meghalaya. Belonging to the Austro-Asiatic race of settlers in this region, the Khasi-Pnars are different than other tribes of the north-eastern region who mostly belong to the Tibeto-Burman stock. Theories trace the origion of the Khasi language to the Khmer language of the far east. Many of their customs like shaving of a child's head, chewing of betel and pan, the status of women in the society are similar.

They were the first tribe to be exposed to the British rule in the 19th century and the first to have well established business transactions with the neighbouring plains districts on the north and south of their hills. Today, more than a century later, the Khasi-Pnars have features of both the worlds-the simple village culture with a distinctly tribal world-view and the more sophisticated urban culture of which Shillong is the clearest manifestation. You have here both a tribal chairperson of the UPSC as well as a village rustic who has yet to see a TV

The Khasi society is not one compact whole. Especially before the advent of Christianity and the development of the written language, it was fragmented in many ways. It was called a land of " thirty kings and twelve Dolois", the latter one being another form of a ruler in the Jaintia Hills. It was divided politically, dialectically (dialects differ from village to village) and worship of different local deities in different places.

Amongst the Khasis we have the Wars on the southernmost part of the district, the Khynriams are settled in the Shillong plateau, the Bhois in the valley towards the north and the Marams in the western ranges of the Khasi hills. The War-Jaintias, a community of the Jaintias (Pnars), living in areas bordering Bangladesh, still have an unwritten dialect. The Pnars occupy the rest of the Jaintia Hills district.

One important characteristic of the War-jaintias is their expertise in the cultivation of pan leaf. This has earned them distinction even in Bangladesh where tens of thousands of them are residing now. They also take part in electoral process both in India and Bangladesh.



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About a hundred years ago while other parts of the north-eastern region were wide wilderness, Shillong became the capital of the then composite state of Assam. People from various parts of India, including some families of the British who then ruled India settled here. Its later expansion, congestion and pluralistic culture today is mainly because of the exposure. Today, Shillong has the latest in fashion, new status symbols, pop music and high rise buildings as in other modern Indian cities.

Khasi houses, are extremely clean, Khasi housewives are reputed for their hospitality and hard work, sometimes spending major part of the day in housekeeping and keep it spick and span.

Most Khasi families are proud of their traditional etiquettes, usually called ' Akor Khasi.' For example, no Khasi boy or girl will walk in front of an elder man without bending, a sign of respect. Children are taught right from early years about the importance of saying thank you or 'Khublei ' after receiving any gift, and also while giving or receiving something the right hand should always be used. A person is considered extremely uncourteous if he or she hands over money or a piece of paper to any person by gripping it between two fingers. For a Khasi this is a sign of bad behaviour. Paper or money ought to be always handled between the right thumb and other fingers.

The most significant Khasi etiquette is the offering of betelnut and pan leaf (Kwai and tympew) to any visitor. This is done by all, rich and poor, irrespective of whether the visitor is a neighbour or outsider, a Khasi or a non-Khasi. So while you visit this part of India, remember that to go back without receiving your due share of Kwai and tympew means your visit is incomplete.

THE GAROS, who call themselves A-chik meaning hillmen, are the other major indigenous tribe of the state constituting about 30% of its total population. Anthropologically they differ from the Khasis and the Jaintias as they belong to the Greater Bodo tribe of Tibeto-Burman stock. Perhaps their only similarity with the Khasi society is their matrilineal social system.

Comparatively the Garos are more nomadic and thus less isolated. About one lakh Garos live in Bangladesh, quite a large population of them in Coochbehar, about 50,000 in Tripura and nearly one lakh in Assam.

The entire Garo society consists of five exogamous divisions-Sangma, Marak, Momin, Areng and Shira, each Garo being member of one of these Ma'chong or clans. The members of the same clan are 'Maharis' or relatives by matriliny. The whole social and political



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setup in the village revolves round the Nokma or Headman who acts both as spiritual and political head.

The Nokpante (Bachelors' dormitory) is an important part of the Garo society. Here the Garo youths are expected to get their training in music, art and vocations. With the coming of Christianity, this institution is gradually disappearing.

Whereas the Khasis offer betelnut and pan to their visitors, in the Garo homes, rice beer is offered on arrival of an outsider into the house.

In marriage, initiative for negotiation comes from the girl's side.

Many Garos still believe in the psycho-physical change of a man or woman to some other forms of animals like tiger, snake etc.

The Garos value good name and prestige. Any person who tarnishes his or her good name is heavily fined or beaten. Wangala is the biggest festival of the Garos - a thanks giving ceremony to the deity (Mitde) whose blessings ensure a good crop.

Meghalaya also has a large number of other tribes and communities like the Mizos, Rabhas, Hajongs, Bengalis, Assamese, Nepalis and the like. Its close connection with Bangladesh and Assam as well as the fact that Shillong had been the capital of the region for many years, it has attracted people from other parts of the country. The Shillong municipality, for example, has a non-tribal population of over 50% and you will find a corner of Kathmandu in Mawprem locality, a slice of Aizawl in Madanrting, a mini Calcutta in Jail Road and polo and even a part of Kerala in various educational and health institutions run by the church. Finally, perhaps a paraphrased Emerson would describe Meghalaya well:

"All sorts of things and weather
Must be taken together,
To make up a year
And a Meghalaya."

Dr. H. Ghonglah
Special Advisor,
Meghalaya Guardian.



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SHILLONG CELEBRITIES

—: PADMASHREES :—

Sawian, Ms. Sitimon

Shullai, Ms. E.N.

Sinha, Mr. K.K.

Swer, Ms. Silverine

—: NATIONAL CITIZENS' AWARDEES :—

Bawri, Mr. J.N.

Lyngdoh, Mr. Honsen

Rapsang, Mr. Rishang

Tariang, Mr. J.

Kharbuli, Ms. Rose M.B.	- First Lady Chairperson of U.P.S.C.
Kyndiah, Mr. P.R.	- Governor of Mizoram.
Lyngdoh, Mr. J.M.	- Secretary, Tourism, Govt. of India.
Pakem, Prof. (Dr.). B.	- First Khasi Vice-Chancellor, N.E.H.U.
Resto, Bishop T.	- First Khasi Bishop of the Catholic Church.
Rymbai, Mr. R.T.	- President, Seng Khasi.
Sangma, Mr. Purno A.	- Union Minister of State for Labour.
Sawian, Mr. H.A.D.	- Secretary, North Eastern Council.
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SHILLONG LIFESTYLE

The hills of Shillong are ever alive with the sound of music: be it crickets and bird-song or the electronic hum of various music groups. From the early '60s when the 'Vanguards' won the prestigious Simla Beat Contest and were invited to perform at the Mecca of trendy music at Trinca's, Calcutta, to the present 'Great Society' whose leader, Louis, is a wellknown name in the national music scene, Western music holds sway on Shillong's lifestyle.

If music be the food of love, the food that Shillongites love is 'Jadoh' — a nourishing biriani clone — prepared with pork, rice and affection. 'Pukhlein' is a bland rice-cake relished with piping hot tea while 'Ktungrymbai' is a pungent mix of fermented beans and spices that adds the zing to the simplest meal or festive spread.

After meals or before, any time is 'Kwai' time. All of us seem to have a deep affection for the betel leaf taken with a piece of raw areca nut along with a rub of lime and a wee slice of ginger. Chewing the mix leaves the mouth red and the senses tingling. A word of caution to the uninitiated, since a person not habituated to this potent local delight could well end up with a reeling head!

An easy way to revive yourself is, ofcourse, to try your luck at 'teer'. An ancient martial art has evolved into a popular system of legalised betting. Just a rupee could get one a dividend of Rs. 80/- and if Lady Luck guides you to correctly 'forecasting' the 2 daily 'results' — a princely return of Rs. 4444/-. Freudian (!) interpretation of dreams and usage of PCs programmed with last year's results are a few of the ways used to find the magic lucky numbers.

Harking back to Nature, Shillong has its glorious share of vibrantly coloured butterflies which are a feast to the eyes. A visit to the Butterfly Museum, ably run by Mr. Wankhar, helps one to enjoy a meticulously maintained collection and also to collect, at a nominal price, a unique plaque containing a well preserved butterfly that will add a dash of flamboyant colour to a drab sitting-room wall. Try us, Shillong is irresistible!

Joy. A. Chowdhury
JASH CONCEPTS

ABCsofthe

Khasi Hills District Council

Headquarter : Shillong

Birth Date : June 27th 1952

Sanction : The Sixth Schedule to the Indian Constitution under Articles 244(2) and 275(1)

Functions : Executive, Legislative and Judicial

Jurisdiction : East Khasi Hills, West Khasi Hills and Ri-Bhoi Districts of Meghalaya excluding three Municipal Wards of Shillong (Jail Road, Police Bazaar and European Wards) and Cantonment Lands.

Salient features: Three-tier Administrative System, viz.

1) Autonomous District Council (Apex level)
2) Elaka Administrative Units (former erstwhile Khasi States) (Middle level)
3) The Village Dorbars (Grass Root level)

Basic Aims & Objectives

1. Upholding traditional customs, heritage and usages;
2. Preserving the traditional democratic institutions like the Syiemships, the Sirdarships, the Lyngdohships, the Wahadadarship (erstwhile Khasi States) and the Village Dorbars;
3. Upholding the Khasi customary practices in land tenure system;
4. Management of forest excluding Government Reserved Forests;
5. Socio-economic safeguards and upliftment of indigeneous local tribals;
6. Providing small development programmes to villages and towns for tribal general welfare and
7. Creating infrastructure for markets, fisheries etc.

Published by the Publicity Wing,

Khasi Hills Autonomous District Council.

Shillong, Meghalaya.

A DASH OF KHASI

What is your name ?	Kaei ka kyrteng jongphi ?
My name is . . .	Ka kyrteng jongnga ka dei. . .
How are you ?	Phi long kumno?
(However, it is common to answer "Kumne" to "Kumno").	
I am fine.	Nga bit hi.
Yes. ..	Hooid. . .
No. ..	Em. . .
Please. ..	Sngewbha.
It is urgent. ..	Ka long kaba kyrkieh.
I beg your pardon. ..	Sngewbha map mo.
Excuse me. ..	Wat sngew eiei mo.
How much is it ? ..	Katno ka dor ?
Too expensive. ..	Ka rem eh.
Any discount ? ..	Ym duna shuh ?
I am hungry. ..	Nga la thngan.
I am thirsty. ..	Nga sliang.
Haw much is the bill, please. ..	Katno ka bill ?
Are you feeling well ? ..	Phi sngew khlain ?
I am feeling sick. ..	Ngam da sngewkhlain bha.
It is good/nice. ...	Kaba sngew tynnad.
What time is it ? ..	Katno baje mynta ?
It is bad. ...	Kam da bha.
Please come ...	Sngew bha wan hangne.
Please sit. ..	Sngewbha shong.
Please go. ..	Sngewbha leit.
Where ? ...	Shano ?
When ? ..	Mynno?
How ? ..	Kumno?
Why ? ..	Balei ?
Please take me to ...	Sngewbha ialam ianga sha..
Please show me. ..	Sngewbha pyni lem seh.
Are you busy ? ..	Phi bunkam ?
I will come later. ..	Ngan sa wan kham hadien.
No smoking ..	Wat dih sikret.
No admission ..	Wat rung.
Ladies ..	Ki Kynthei.

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God ..	U Blei.
Morning ..	Mynstep.
Evening ..	Janmiet.
One Week ..	Shi taiew.
One month ..	Shibnai.
One year ..	Shisnem.
When did you come ? ..	Phi wan mynno ?
Where will you go ? ..	Shano phin leit mynta ?
Where are you going ? ..	Phin leit shano ?
What do you want ? ..	Phi kwah aiu ?
I want to visit ..Cherrapunjee	Nga kwah ban leit ... ka Sohra.
One. ..	Wei.
Two. ..	Ar.
Three. ..	Lai.
Four. ..	Saw.
Five...	San
Six. ..	Hynriew.
Seven..	Hynniew.
Eight...	Phra.
Nine..	Kyndai
Ten ..	Shiphew.
Twenty..	Arphew.
30..	Laiphew.
40..	Sawphew.
50..	Sanphew.
60 ..	Hynriewphew.
70 ..	Hynniewphew.
80 ..	Phraphew.
90 ..	Khyndaiphew.
100 ..	Shispah.
200 ..	Arspah.
1000 ...	Shihajar.
2000 ..	Arhajar.

'A' is pronounced as 'आ' in Hindi and 'E' as 'A' in English



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Meghalaya Pollution Control Board,
Shillong

CLIMATE & CLOTHING

Climate :

	Temperature				Rainfall	
	Maximum		Minimum			
	C	F	C	F	mm	ins
January	16	61	4	39	15	1
February	17	63	6	44	29	1
March	22	72	11	51	59	2
April	24	75	14	57	136	5
May	24	75	16	61	325	13
June	24	75	17	63	545	21
July	24	75	18	64	395	16
August	24	75	18	64	335	13
September	24	75	17	63	315	12
October	22	72	13	55	220	9
November	19	66	8	46	35	1
December	16	61	5	40	6	—

Shillong's charms are made doubly attractive by its climate : on the whole cool and temperate the year round. Even the coldest winter has a touch of spring while the monsoon months are a chiaroscuro of dark, rain-laden clouds and bright sunshine.

Cherrapunji is one of the places in the world which receives the highest rainfall, but most of it are in three or four months of the year.

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Clothing :

Summer : Light tropical shawls and sweaters are sufficient.

Winter : Woollens including caps and mufflers, leather jackets, coats and gloves.

It is almost mandatory to carry an umbrella or rain-coat while comfortable walking shoes are suggested.





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HOTEL CENTRE POINT Police Bazar Point Shillong-793 001 Phone : 22 5210/22 4510 Fax : 0364- 227222	18 Rooms 1 Dx. Spl. Room 550 12DX. Rooms 425-375 5 Spl. Rooms 350-300 Ext. Person 100	Multi Cuisine Restaurant Same day laundry, CCTV (6 Channels), H&C Water, Shopping Arcade, Conference Room, Bar, Parking Space, Temperature Control, **Travel Agency** (Damania East West)
HOTEL PINEWOOD ASHOK European Ward Shillong-793001 Phone : 22 3116 (10 lines) Gram : PINEWOOD Telex : 0237-222 Pine-in	40Dbl. Rooms 8 Dx. Rooms 950-675 8 Cottages 900-550 24 St. Rooms 675-450 Ext. Person 200	Multi Cuisine Restaurant, Same day laundry, CCTV (6Channels), Fireplace, Secretarial Service, Con- ference/Banquet Halls, Bar, Coffee Shop, Parking space, Currency Exchange, Billiard Room.
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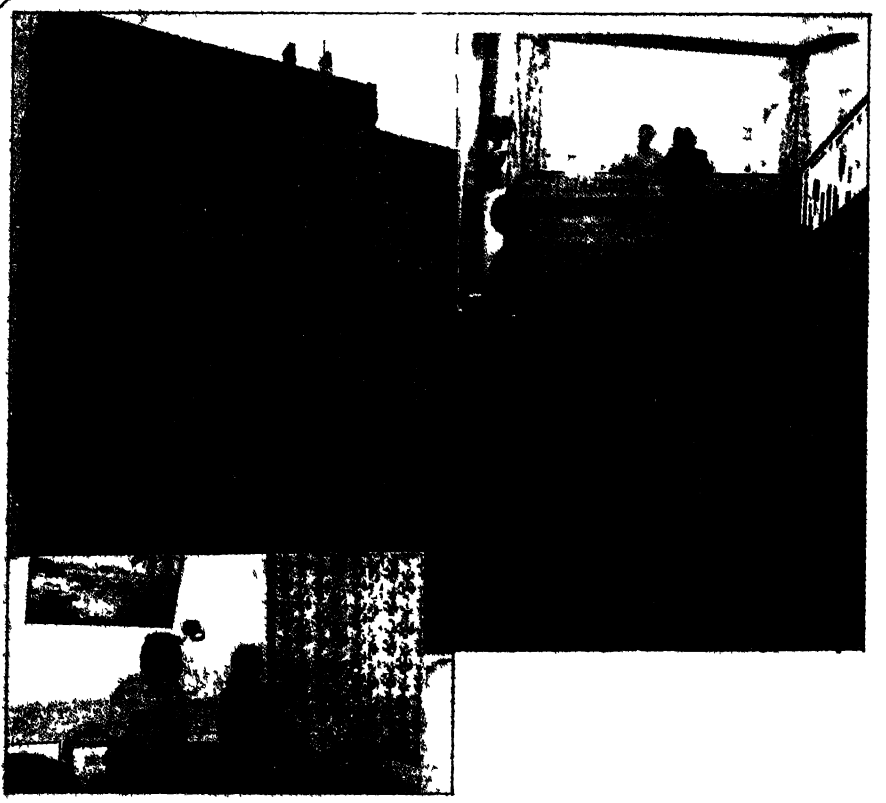
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ANCHORAGE : Lachaumiere : 225233	No. of Rooms. 4 Dbl. Dx.4-Rs.350/-, 300/-	Attached bath rooms. Hot & Cold running water, multicuisine, Car Parking, CCTV with cable.
BLUE PINE : G.S. Road : 225910	No. of Rooms. 9 Sin. Reg. 1-Rs. 140/- Dbl. Reg 8-Rs. 280/180/-	Attached bath rooms. Hot & Cold Water CCTV with cable Indian cuisine.
BROADWAY HOTEL : G.S. Road : 226996	No. of Rooms - 39. Sin. Reg. 25-Rs.110/- A/B. Sin. Non-A/B.Rs. 70/- Double Dx. 1-Rs.300/- Dbl. Reg. 10-Rs 270/- Triple Bedded.3-Rs 300/-	Rs. 50/- extra for T.V. in Rooms. Hot & Cold Water North Indian food, Room Service, Centrally Located.
GODWIN HOTEL . U.Tirot Singh Road : 226516/227027	No. of Rooms-18 Sin. Reg. 9-Rs.70/- Dbl. Reg. 7-Rs.140/- Triple Beded: 2-Rs. 210/-	Music & Room Service. 24 hrs. running water.
MAGNUM HOTEL : Police Bazar : 227797/98	No. of Rooms. 14 Dbl. Dx. 6-Rs. 375/- Dbl. Reg. 3-Rs. 250/- Sin. Dx. 2-Rs. 220/- Sin. Reg. 3-Rs. 150/- Extra person. Rs. 75/-	Centrally Located. Attached baths, CCTV with cable, Music, Hot & Cold water, Room Service, Daily laundry, Bank, Airline Booking, Multicuisine.
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ORCHID HOTEL : Polo Road : 224993	No. of Rooms - 45. Dbl. Dx. 11-Rs. 255/-, 190/- Dbl. Reg. 8-Rs. 190/-, 125/- Triple Rooms L 15-Rs. 240/- 4 Bedded Rooms. 10-290/- Dormitory. 1-Rs. 30/-per pax.	Attached baths, TV Lounge, Music, Hot & Cold water, Room Service, Multi -cuisine Restaurants, Bar, Daily Conference facilities, Conducted Tours.
PEAK HOTEL : Mahatma Gandhi Road : 225445/226130	No. of Rooms. 8 Sin. Reg. 1-Rs. 190/- Dbl. Reg. 2-Rs. 253/- Triple Bedded. 2-Rs.271/- 4 Bedded. 3-Rs. 433/- Extra person Rs. 62/-	Attached baths, 24 hrs. running water, TV Lounge, Vegetarian cuisine, Room Service & Car Parking.



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POPULAR HOTELS

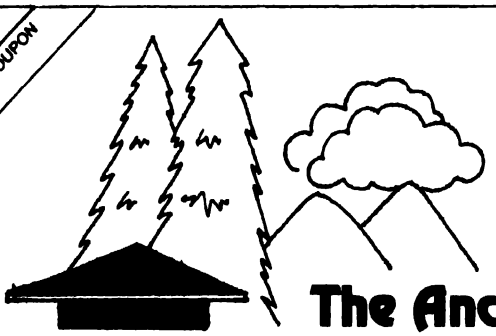
HOTELS' NAMES & ADDRESS	PHONE NOS.	NO. OF ROOMS.	SINGLE :	DOUBLE	3 BEDDED	4 BEDDED
AMBASSADOR HOTEL : Umshosun :	224589	9	5-Rs. 30/-	4-Rs/ 50/-		
ANURADHA HOTEL : Thana Road :		17	11-Rs. 30/-	4-Rs. 45/-	2-Rs. 60/-	
ASHOKA HOTEL : Police Bazar :	223690	31	16-Rs. 45/-	8-Rs. 70/-	2-Rs. 105/-	5-Rs. 140/-
ANAND HOTEL : Quinton Road :	223466	15	3-Rs.40/-	7-Rs. 70/-	4-Rs. 100/-	1-Rs. 125/-
DELHI HOTEL : A.C. Lane :	223562	32	17-Rs. 40/-	14-Rs. 70/-	1-Rs. 105/-	
GRAND HOTEL : G.S.Road :	223622	16	11-Rs. 40/-	5-Rs. 100/-		
GARDEN HOTEL : Quinton Road :	226775	34	22-Rs. 50/-	8-Rs. 100/- 120/-	4-Rs. 120/- 150/-	
HOTEL TOURIST :Quinton Road :	226388	12	5-Rs. 30/-	3-Rs. 60/-	1-Rs. 90/-	4-Rs. 120/-
HIGHWAY HOTEL : Police Bazar :	223681	10	6-Rs. 50/-	3-Rs. 100/-	1-Rs. 120/-	
HARIOM HOTEL ; Quinton Road :	227231	14	10-Rs. 35/-	4-Rs. 60/-		
INDIANA HOTEL : Police Bazar :	223268	13	5-Rs. 80/-	8-Rs. 120/-		
I.RANI HOTEL : Mawlong Hat.	225508	28	8-Rs. 50/-	20-Rs. 120/-		
LIZA HOTEL : Malki Point :	227328	10	4-Rs. 120/-	2-Rs. 200/-		4-Rs. 400/-
LOTUS HOTEL : G.S. Road :	227182	12	7-Rs. 70/-	5-Rs. 140/-		
NEO HOTEL : G.S. Road :	224363	22	12-Rs. 70/-	8-Rs. 140/-	2-Rs. 180/-	
NATRAJ HOTEL : Quinton Road :	223127	25	4-Rs. 40/-	18-Rs. 70/- 80/-	1-Rs. 120/-	2-Rs.150/- 180/-
PAYAL HOTEL : Thana Road :	224161	16	1-Rs. 100/-	13-Rs. 160/-	2-Rs. 250/-	
RAJHANS HOTEL : G.S. Road :	223670	20	12-Rs. 44/-	8-Rs. 80/- 120/-		
RAJASTHAN HOTEL : Thana Road :	223724	21		7-Rs. 70/-	6-Rs. 90/-	6-Rs. 120/-
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CLUBS OF SHILLONG

The Shillong Club Limited(Phone 226872) is the oldest Club in the North East and one of the oldest in the country. Started on 6th May 1879 on 6.5 acres of prime land in the heart of Shillong, exclusively for European officials, tea-planters and businessmen, the Club was thrown open for membership to all, subject to voting by existing membership after independence.

The Club offers residential facility backed by catering service the year round. Bar, Billiards (3 Tables), Cards, Library, Table Tennis (3 Courts) complement the Club which has 600 Members and is affiliated with 41 major Clubs in India and abroad. The Committee Members are :

Mr. K.K. Chopra, C/o. The Shillong Club Ltd. ✆ 22-5393

Mr. R.B. Choudhury, Lower Lachumiere, Shillong-1 ✆ 22-4433

Mr. J.P. Goenka, Goenka Engineering Works, Keating Road, Shillong-1 ✆ 22-2121

Mr. C.Z. Ghafoor, 14, Cantonment, Shillong- 1 ✆ 22-4122

Mr. G.S. Jolly, New Colony, Shillong-3 ✆ 22-2762

Mr. R.V. Lyngdoh, Dhankheti, Shillong-1 ✆ 22-4453

Mr. J.C. Mawroh, Upland Road, Shillong-3 ✆ 22-7627

The Honorary Secretary is :

Mr. B.S. Baber, IPS (Retd.), Bivar Road, Shillong-1 ✆ 22-7546

The Shillong Golf Club (Phone 22-3071) was started with a 9-hole course in 1898 by a group of Bengal Civil Service Officers in Laban area. The present 18-hole golf course with its picturesque Club House was inaugurated in 1924. Set in an undulating valley covered with thick groves of pine and rhododendron trees, an excellent layout which did not mar the natural beauty was created by Capt. Jackson and C.K. Rhodes. The tight fairways are carpeted with an indigenous species of long grass which hardens the soil and makes the course tough to play. The longest hole on the course is 594 yards, sixth, which makes it an extremely trying hole, and also one of the longest in India. Distances are 5231 yards for ladies and 5873 yards for gentlemen. National level golf tourneys are held every year. Bar, Cafeteria and Card-room are the other facilities.

Golf Captain : Mr. C.Z. Ghafoor, IPS (Retd.), 14 Cantonment ✆ 22-4122

Secretary : Mr. Schering Singh, MECOFED, Garikhana, Shillong-2 ✆ 22-4048



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ASSAM CLUB, Laban, was founded by the Assamese residents of Shillong in 1896 and functioned initially from a rented premises. The Club later shifted to its present site, the land for which was gifted by the Syiem of Mylliem in 1899. The Club gradually became a centre for socio-cultural activities of the Assamese community.

Today, besides a mini library, the Club has facilities for indoor sports and organises annual table tennis and carrom competitions. There is also a volleyball court where volleyball competitions are held.

The ladies' section of the Club imparts training in knitting, weaving and needle-works to ladies regularly.

The hall is rented out on application to outside parties for holding meetings or any other socio-cultural functions.

President : Mr. Ajit Kakati

Secretary : Mr. Hashib Ahsan

GITI NATYA SAMAJ, Thana Road, established in 1932 was started to promote drama and music by the Bengali community of Shillong. Netaji Subhas Chandra Bose delivered his speech here in 1938 on his visit to Shillong.

Today, the Club, with over 100 Members, organises annually a National Level Bridge Competition while its Music School imparts training in Bharat Natyam and Rabindra Sangeet. The Club also houses the headquarters of 'Geetanjali', which has the distinction of holding, annually, one of the biggest multi-lingual cultural competitions in the North East. The Committee Members are :

Secretary : Mr. Manik Bhattacharjee, Lower Jail Road, Shillong-1.

Treasurer : Mr. Rajat Das, Jail Road, Shillong - 1.

Admn. Sec. : Mr. Debashish Das, Jail Road, Shillong - 1.

Music School I/c : Mr. Amalendu Dasgupta, Thana Road,
Shillong -1 (Phone : 227788 pp.)



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DINING OUT

Shillong is a veritable delight for the gourmet. A glorious feast of mouth-watering food vie for your attention. Chinese, Continental, Indian and of course, the local specialities come together to tickle your palate.

ABBA RESTAURANTS (G.S. Road & Malki) and LA GALERI (Police Bazar) are the right addresses for the Chinese food aficionados, while Momos are a speciality at Jhalupara and GREAT WALL RESTAURANT (Police Bazar). DANNY'S (Bara Bazar) specialises in ready-made and ready-packed take-away Chinese dishes. Add to this list, NEW WORLD RESTAURANT (Police Bazar), MING (Bara Bazar) and RICHIES RESTAURANT (Laitumkhrah), if you really want to go a la Chinos! The oldest Chinese food shop is of course YOUN SEN at Police Bazar - and it is still going strong !

PINEWOOD HOTEL (Rita Road) and HOTEL POLO TOWERS (Oakland Road) go great guns in so far as Continental food is concerned. And if it is Hamburgers or Hot Dogs that you crave, try CAFETERIA (Laitumkhrah) and AMBROSIA (Laitumkhrah).

North Indian food is just great at ALPINE CONTINENTAL (Thana & Quinton Road), BROADWAY HOTEL (G.S. Road), DELHI HOTEL (A.C. Lane) and again LA GALERI. Moghlai snacks are sizzling at NIZAM'S (G.S. Road) while Bengali cuisine is the forte of ANNAPURNA HOTEL (Thana Road) and JHARNA HOTEL (A.C. Lane).

ALPINE CONTINENTAL, ANAND HOTEL (Quinton Road) and RAJHANS HOTEL (G.S.Road), not forgetting the 'BASA' at Police Bazar, offer Marwari food while South Indian food is authentic at the ORCHID FAST FOOD RESTAURANT (Jail Road) and MALABAR (Laitumkhrah).

For easy-on-the-pocket dining, EECEE RESTAURANT & NEW INDIA RESTAURANT (Multi Cuisine) at Jail Road, CHIRAG & REGAL (Vegetarian) at G.S. Road and Police Bazar respectively, are indicated. PINEBOROUGH HOTEL (Police Bazar) also offers excellent multi-cuisine choice along with provision for foil-packed take-home food.

Ethnic chic is in at JADDOH STALL (Police Bazar), various outlets at Bara Bazar, and KHEWJA (Laitumkhrah).



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Coming to bread, cakes, pastries and patties it is EECEE, GUIDETTI's (Laitumkhrah), MAHARI & SONS (Bara Bazar) and R.B. STORES (Police Bazar). DELHI MISTAN BHANDAR (Police Bazar) PALACE RESTAURANT (Police Bazar & Bara Bazar), APPAYANI (Laban) and JALPAN (Laitumkhrah) offer a mindboggling choice of Indian Sweets & Snacks. NATRAJ (Police Bazar Point) is a spanking new entrant in this genre !

For those who would like to have an aperitif before or with food HOTEL ALPINE CONTINENTAL, HOTEL CENTRE POINT, HOTEL PINEWOOD ASHOK, HOTEL POLO TOWERS, ORCHID HOTEL HOTEL PINEBOROUGH & EECEE RESTAURANT have Bar facilities.

Factory fresh Kwality and Rollick Icecreams and the Spencer's range of Bread & Cakes are readily available at various outlets along with major brands of sealed aerated and mineral water.

Bon Appetit !

DINING IN : SHILLONG STYLE !

RECIPE FOR JADDOH SERVES 4 (FOUR) PERSONS.

Ingredients :

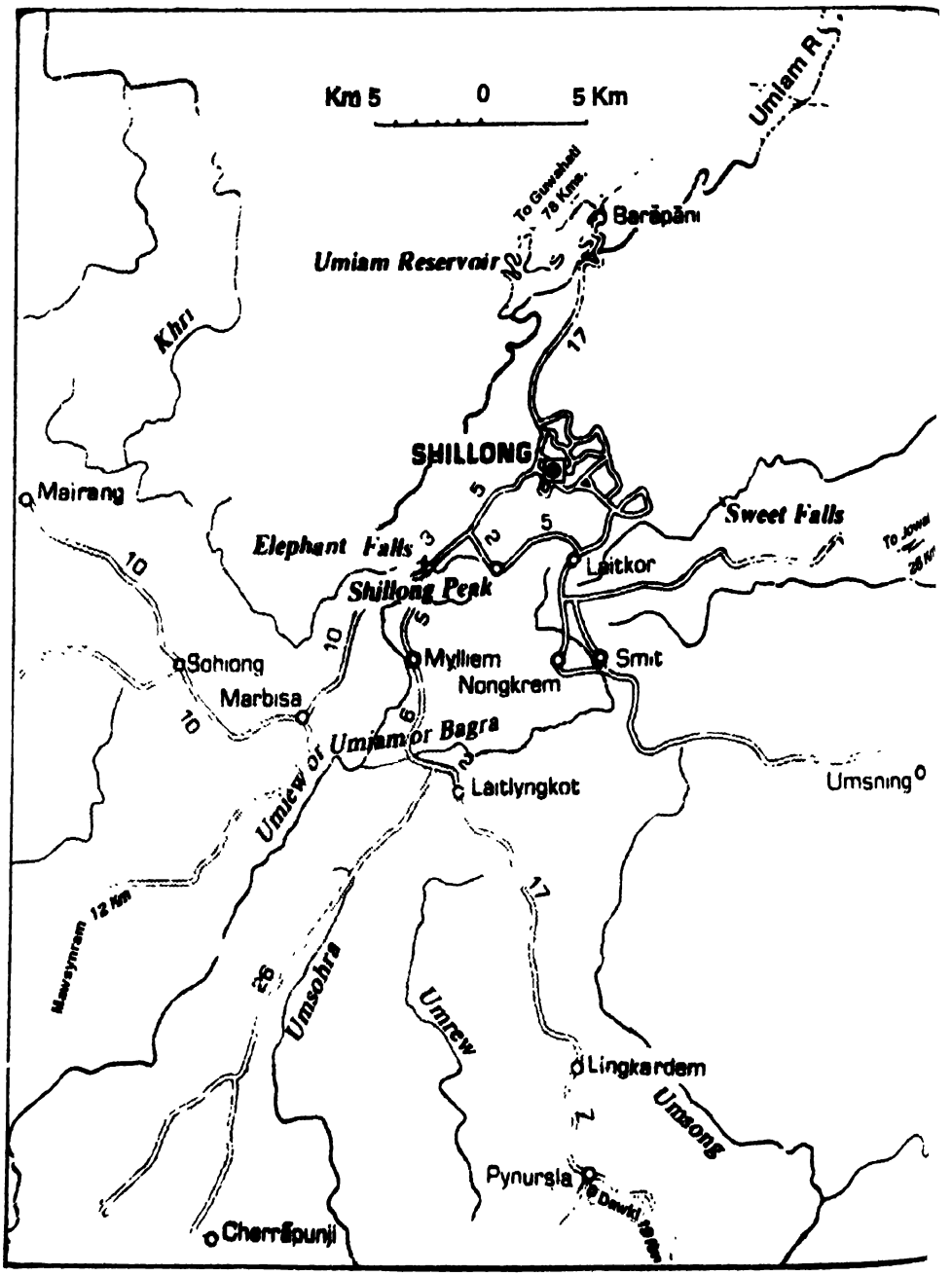
Attap (Not purboiled) Rice	500 gms.
Chicken/Mutton/Pork Kidneys & Liver (Diced)	250 gms.
Chicken/Mutton/Pork Blood	2 Cups
Big Onions (Sliced)	2 nos.
Mustard Oil	150 ml.
Ghee (optional)	100 ml.
Salt to taste.	

Process :

Wash & set aside the rice so that water is drained out. Mix rice thoroughly with blood and set aside the mixture. Heat the mustard oil and ghee together to fry the onions and meat till the meat turns soft. Add rice mixture and salt, along with sufficient water so that the rice is cooked. Serve hot with green salad.



EXCURSIONS AROUND SHILLONG



TOURIST SPOTS IN AND AROUND SHILLONG

SHILLONG, 1500 meters high, is any visitor's dream come true. Unlike most hill resorts it is neither snow bound in winter or over crowded in summer.

In the heart of Shillong is the 100 years old, man made WARD LAKE, a picnic spot where it is possible to while away one's time, boating, having paddle-boat rides or just feeding the fish. The lush green manicured lawns, seasonal flowers and placid waters knit an ambience of its own. The well laid gardens and mini zoo of the LADY HYDARI PARK add to the pleasure of a stroll in it. Situated close to the park is the CRINOLINE WATERFALLS and Shillong's only swimming pool.

There are several waterfalls in and around Shillong. On your way to Shillong, after the refreshing cuppa at Nongpoh, look out on your right for the MARGARET FALLS, rushing through green virgin woodland. Just after reaching Shillong, a narrow by-way at Mawlai takes one to a view point from where the 135 meters high BISHOP FALLS and the 120 meters BEADON FALLS can be seen together. Before Shillong's rapid expansion to its present size, Beadon Falls used to generate just enough electricity for the use of old Shillong town.

SPREAD EAGLE FALLS is near the MES Headquarters and its roar in the calmness of the hills spells a different music. SWEET FALLS is little beyond Happy Valley, (the home of Assam Regiment, the 58 Gorkha Training Centre and the Assam Rifles) and with a picnic basket thrown in - offers you one of the finest day-excursions in Shillong. ELEPHANT FALLS is a unique two tiered waterfall 10 km on the way to Cherrapunji and is a must on the tourist itinerary.

SHILLONG PEAK is the highest point in Meghalaya. On a clear day, you can see the city down below pretty as a picture postcard, lying curled at your feet. Come back to Shillong and you will find it dotted with Churches. Of these, the CATHEDRAL MARY : HELP OF CHRISTIANS at Laitumkhrah and the ALL SAINTS' CATHEDRAL facing the STATE LIBRARY AND MUSEUM deserve mention. While the first, majestic and modelled on a church at Rome, has excellent sculpture and stained glass windows - the latter is the oldest. The BUDDHIST LAMASERY at Lumparing is also worth a visit provided that you are ready to go on a mini hike. And if it is seclusion and solitude that you care for, the BOTANICAL GARDENS, next to Ward Lake, is prescribed.



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COVER GIRL

What's a cover, these days, without a Cover Girl? We also have one and oh-boy, is she something !

She had a rather humble beginning, but the influence of the first three men in her life and those who nurture her today has transformed her into a seductive siren who could well be the envy of her vivacious urban sisters.

And the something extra is her beauty secret : she's age-less!

Stately and lush, her curves are tantalising while her body undulates sensually to her moods.

Her favourite colours are green and blue. She has a passion for flowers when it comes to dressing up.

And watch out : unless you fall into her (!) she can literally take you for a ride.

As we make our maiden run, we take this opportunity to congratulate our ***Cover Girl*** on completing her century. Synonymous to Shillong, as the Kutub Minar is to Delhi and tulips are to Holland, Wards Lake completes 100 years of her ***alluring*** existence this year.

Situated in the heart of the city, it is an artificial lake crafted with ***beauty*** in those laid-back days of the British Raj. Since then, time has helped her become more ***seductive*** with every passing year. Peaceful and serene, the lake is encircled by ***manicured*** stretches of grass interspersed with flowres of every concieveable ***colour.***

Serenaded by tall connifers and laced with stone walk ways, the lake is set off by a ***charming*** white, wooden bridge with hordes of cavorting, gold and silver fish below it. The colourful paddle and row boats start out from a quaint boat-house and dot the ***sparkling*** green expanse of the lake while lazy, fleecy clouds gambot in the ***bright*** blue skies above.

The combined result is a ***'purr'fect*** ambience, especially for those who are ***romantic*** at heart. And come night, when the lights are turned on and stars light up : the lake is at her ***sensual*** best.

To conclude, the ***vital statistics*** : initially known as Hopkinson's Tank, the preparatory work was done by Col. Hopkinson, Commissioner of Assam, in 1872 and executed by Mr. Pollock, a qualified executive engineer. While the construction was in progress, Sir William Ward, the Chief Commissioner of Assam, took over from Col. Hopkinson and beautified the lake further. Completed in 1893 -94 and christened her as Ward's lake. She is still called 'Nan Polok' by the local people who recall Pollock's contribution. Call her by any name : ***this girl is a winner all the way'!***



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***CHERRAPUNJEE (Sohra)*— 56 Kms** from Shillong, situated in one of the rainiest rain belt in the 1,300 metres above sea level. A pleasant drive to see roaring water falls leaping into deep gorges, including the famed Nohsngithiang falls. The lovely town is also famous for its limestone caves and orange honey. Centre of Khasi culture and literature, it also has the oldest Presbyterian Church and also an establishment of the Ramakrishna Mission.

***MAWSYNRAM* : 56 kms** from Shillong is known for the giant stalagmite formation shaped into a shivalinga, called locally as 'Mawjymbuin'. It would be of interest to quite a few of us that while Cherrapunjee has lost out her claim to be the place with the highest rain fall in the world, the mantle now adorns this place !

***JAKREM* : 64 kms** from Shillong, a popular health resort having hot springs of sulphur water, believed to have medicinal properties.

***RANIKOR* : 140 kms** from Shillong, is a scenic spot and an anglers paradise of carp and masheers.

***DAWKI* : 96 kms** from Shillong, is an international border town, where one can catch a glimpse of neighbouring Bangladesh. The colourful annual boat race during spring on the Umgot river is a special attraction.

***MAIRANG* : 40 kms** from Shillong, capital of Nongkhlaw state. Home of the legendary U Tirot Sing Syiem (Raja of Nongkhlaw), who spear-headed a war against the British invaders to defend the territorial integrity and cultural identity of the Hynniewtrep people. He raised the battle cry on April 4, 1829, but was finally captured and died in captivity in Dhaka on July 17, 1835.

***JOWAI* : 64 kms** from Shillong. Headquarters of the Jaintia Hills District and the biggest town nearest to Shillong. A picturesque town circled by the majestic Myntdu river, the Circuit House can be booked through the Deputy Commissioner, Jowai. Connected by an excellent, all-weather road, the Shillong-Silchar highway, State Transport and private buses plus taxis are easily available for the traveller to cover the following places with complete ease.



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THADLASKEIN LAKE : **56 kms** from Shillong, was according to legend, dug with the ends of bows by members of 290 clans of U Sajiar Niangli, a rebel general of a Jaintia Raja, to commemorate the great exodus of the clans, now mainly settled in the Ri Bhoi and West Khasi Hills districts. Today it is a beautiful spot for outing, boating and picnicers. Meghalaya Tourism has a Tourist Bungalow here and reservations for the same can be made at Shillong itself.

NARTIANG : **65 kms** from Shillong, was the summer capital of the Jaintia kings, of Sutanga State. Huge monoliths form the striking landmark of the village, said to be erected by Mar Phalyngki, a goliath of yore. The Nartiang menhir measures 27 feet in height above the ground, 6 feet in breadth and 2 feet 6 inches in thickness. The monoliths represent the megalithic culture of the Hynniewtrep people. Nartiang also has as a major attraction, a 500 years old Durga temple where, there is an evidence, human sacrifice was offered regularly.

SYNDAI : Village is dotted with a number of caves and caverns, used as hide-outs during war times between Jaintia kings and foreign intruders.

YALE FALLS : Site of the Kopili Hydel Project - and of a phenomenon unique in the world : during summer it is submerged in the catchment area of the dam, in the winter we find a falls dropping into another falls, and then the lake of stored water !

As most of the above places do not have any utilities in so far as the lay tourist is concerned, it is advisable to carry drinking water, packed food and a flash light along with you before setting out.

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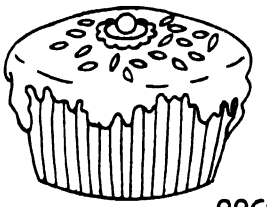
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CONDUCTED TOURS : SHILLONG

Two Conducted Sight Seeing Tours are available daily from the Tourist Information Centre, Meghalaya Tourism Development Corporation, opposite Meghalaya Transport Corporation, Jail Road, Shillong 793001 (Phone : 226220).

1. **Local Sight Seeing (Rs. 55/- per person) 8.30 a.m. to 15.30 p.m.**
 Golf Links
 Ward Lake
 Lady Hydari Park & Mini Zoo
 Mary Help of Christians Cathedral
 Shillong Peak
 Elephant Falls
 Beadon & Bishop Falls
 Umiam Lake Resort and
 Lum Nehru Park, Umiam.

2. **Cherrapunjee (Rs. 60/- per person) 8.00 a.m. to 4.00 p.m.**
 Ramakrishna Mission
 Nohkalikai Falls
 Mawsmai Caves
 Mawtrop
 Mawsmai Falls

Both Tours terminate at the Tourist Information Centre itself.

Note :

a) While excellent Restaurant & Bar facilities are available at Umiam Lake Resort (Tour A) it is advisable to carry drinking water and packed lunch for Cherrapunjee (Tour B)

b) Boating etc. Fees at Wards Lake/Umiam Lake Resort (Tour A) are to be paid by the passengers.

c) A torch would be useful when visiting Mawsmai Caves (Tour B)

d) Timings are subject to traffic conditions

e) The operation of the Tours are subject to the participation and may be cancelled without assigning any reason.



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ADVENTURE & SPORTS

Shillong too, has very recently joined the Adventure Tourism band-wagon. The Projects Division of Meghalaya Tourism Development Corporation has identified two Trekking trails and backed them up with exclusive photographs, maps, trekking equipment & tents : all available at the MTDC Office at Polo Road.

The five days part-trek and part-bus trip to Cherrapunjee and the seven days trek to Umlyng (extendable to ten days if one wants to press on upto Mawlyndep) exposes the trekker to dense pine & mixed forests, bamboo groves & interesting rock formations, exotic ferns & tree creepers, a pride of orchids and wild flowers. Colourful butterflies and a wide variety of bird life add to the pleasure while opening up the almost virgin vistas. And as you recee along, one gains insight into the pastoral life of the local tribals and their methods of cultivation.

On the other hand, if it is water-sports that you are into, the Umiam Lake Resort serves up motor boats, water scooters, skiing and sailing facilities backed by the comforts of the Orchid Lake Resort. Angling is another activity that you can delve into here but Ranikor is truly the angler's dream come true! For the less adventurous, Wards Lake, right in the heart of Shillong, has row boats and paddle boats a-plenty.

Coming to Sports, Archery and Football are the most popular. While archery is an ancient martial art form that has converted to a sport, almost every locality at Shillong has its own football club! Arm-Wrestling, Basketball, Badminton, Boxing, Karate, Tae-Kwendo, Body Building, Judo, Wushu, Bridge, Carroms, Chess, Cricket, Tennis, Table Tennis and ofcourse, Golf hold sway.

There need be therefore, narry a dull moment for adventure or sports enthusiasts!

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GARO HILLS : ANOTHER FACE OF MEGHALAYA

Garo Hills known for its abundance of wild life, should interest naturalists and photographers capture the facts of life of animals and the flora and fauna.

Two mountain ranges - the Arabella range and the Tura range, passes through the Garo hills, forming the great Balpakram Valley in between. The headquarter town of Tura is 323 kms from Shillong via Guwahati, at an altitude of 657 meters. The highest point is Nokrek Peak, 1,412 metres.

Tura has a picturesque landscape of hills against a backdrop of low lying plains, with the mighty river Brahmaputra making sweeping curves as it flows towards Bangladesh. A sunset view can be best seen from Tura Peak - 1,400 metre, whose summit can be reached by a five kilometres trek, partly by hiking and also rock climbing.

Tura has a Tourist Bungalow, which can be reserved through the Meghalaya Tourism Development Corporation, Shillong a Circuit House, which can be booked through the Deputy Commissioner, Tura, and a number of privately owned hotels. All-weather roads connect most of the places of tourist interest while day and night buses connect Tura to Guwahati and Shillong daily.

Places to visit in and around Tura :

Balpakram : A national wild life park, (about 167 kms from Tura), it is also known as the abode of perpetual winds. It is believed that here, the spirits of the dead dwell temporarily before embarking on the final journey.

Naphak Lake : Is located at a distance of 112 kms from Tura, ideal for fishing and bird watching with the river Simsang flowing nearby.

Siju Caves : The famous limestone caves of Siju are located near Naphak Lake and the Simsang Game Preserve. The formation of stalagmites and stalactites in these caves resemble those of the Blue Grotto in the Isle of Capri.

Rongrengiri : Is located at a distance of about 79 kms from Tura. A historical place where the Garos fought their final battle against the British.

Williamnagar : Is 308 kms from Shillong via Guwahati. Headquarters of the East Garo Hills District, it is situated on the banks of the Simsang river.



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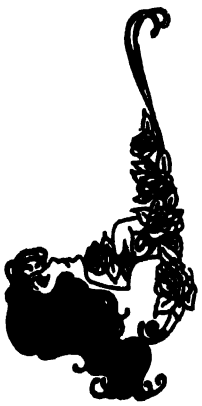
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LOCAL TRANSPORT

TAXIS

Shillong has a large fleet of yellow and black taxis which are regularly available from 6 A.M. to 8 P.M. The taxis, however, do not run on meters. As per the Government's directive of 1991 the authorised rates are Rs. 6.25 for the first kilometre, Rs. 2.00 for subsequent 1/2 kilometre while detention charges are Re. 0.50 for every 5 minutes or part thereof. Rate revisions having not taken place since, regular point to point fares within the city are charged between Rs. 10/- to Rs. 20/-. It is advisable, therefore, to check up and decide on the fare prior to hiring a taxi.

Finally, though it is not approved by the Government, 'Share'taxis do run on fixed point to point basis and charge a flat rate of Rs.5/ per person. This has possibly resulted in the fact that taxi- drivers often take on extra 'passengers' even after being 'hired' by a specific person.

BUSES & MINI-BUSES

Meghalaya Transport Corporation covers a few city routes while the Shillong City Bus Syndicate runs regular bus services on the following routes :

Bara Bazar — Nongthymmai
Nongthymmai— Happy Valley
Bara Bazar — Smit.
Bara Bazar — Mylliem/Laitlyngkot.
Bara Bazar — Polo.
Bara Bazar — Jaiaw
Bara Bazar — Mawpat.
Bara Bazar — Umiam.
Bara Bazar — Umsing.
Bara Bazar — Mawhati.
Bara Bazar — Umpling.
Bara Bazar — Laitkor.
Bara Bazar — Mawphlang.
Bara Bazar — Nongumlong.
Bara Bazar — Mawlai.
Bara Bazar — Laban.
Bara Bazar — Tynring.
Bara Bazar — Bhoi Lymbong.
Bara Bazar — Kyrdem Kulai.

Point to point fares within city limits are a minimum of Re. 1/- and a maximum of Rs. 2/- per person. Same fare structure is applicable to Mini Buses which cover major city areas.







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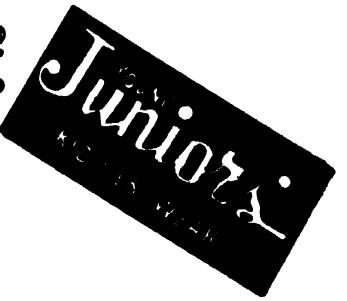














SHOPPING BAG

Shillong may not be the shoppers' paradise that Bombay or Delhi claim to be but, as a local wag puts it, Shillong is 'different' and offers quite a bagfull to the compulsive buyer.

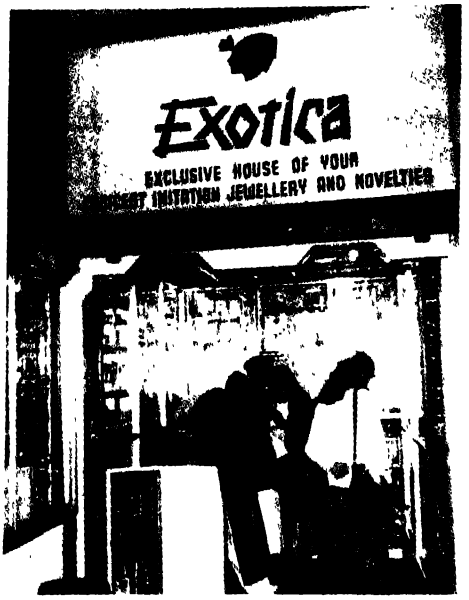
Topping the list is our very own Orange Honey, gleaned from the orchards on the slopes of Cherrapunji and famed for its orange flavour, consistency and sweetness. This unique buy can be made in sealed bottles at the various emporia mentioned below, Glorys Plaza and at Radharani Stores while the unsealed variety is available at Bara Bazar.

Bara Bazar is Shillong's biggest market, run mostly by Khasi ladies and is a tourist attraction on its own right. If it is seasonal fruits that you crave for - this is the place for farm fresh oranges, bananas, plums, peaches and pineapples. Local canework, handlooms and jewellery are also available and provided you have the knack, this is one place for excellent bargains.

If it is ethnic chic that is your choice, the emporias at Jail Road, G.S. Road and Police Bazar offer you a mind boggling variety. **Purbashree*** offers Pat (silk), Endi and Muga from Assam; canework & furniture from Mizoram; exquisite dolls and 'Lysympi' from Manipur and colourful jackets from Arunachal. Next door, **Meghalaya Handlooms & Handicrafts*** has real Bow & Arrow sets and miniature 'Thapas'. **Manipur Emporium** and **Tantuja*** offer choice handlooms from Manipur & Nagaland and Bengal. **Khadi Gramudyog*** serves up handloom products of the main land. All these emporia are at Jail Road.

Come to G.S. Road and you have **India Emporium**, which as its name suggest, have a veritable treasure trove of handlooms and handicrafts collected from all over the country and **Assam Emporium** which specialise in the handicrafts of the North East.

Glorys Plaza at Police Bazar - the latest all-weather shopping place in town - is not to be missed. Two major emporiums, the **Nagaland Handloom & Handicrafts*** and **Meghaloom*** are here along with the **Bhutia Market**, the only **Archies Gallery** in the North East, **Jojo's Boutique** and ofcourse the swanky **Genesis, Fox** and **Black Magic** trio who serve up the 'in' things in style for the fashion conscious.



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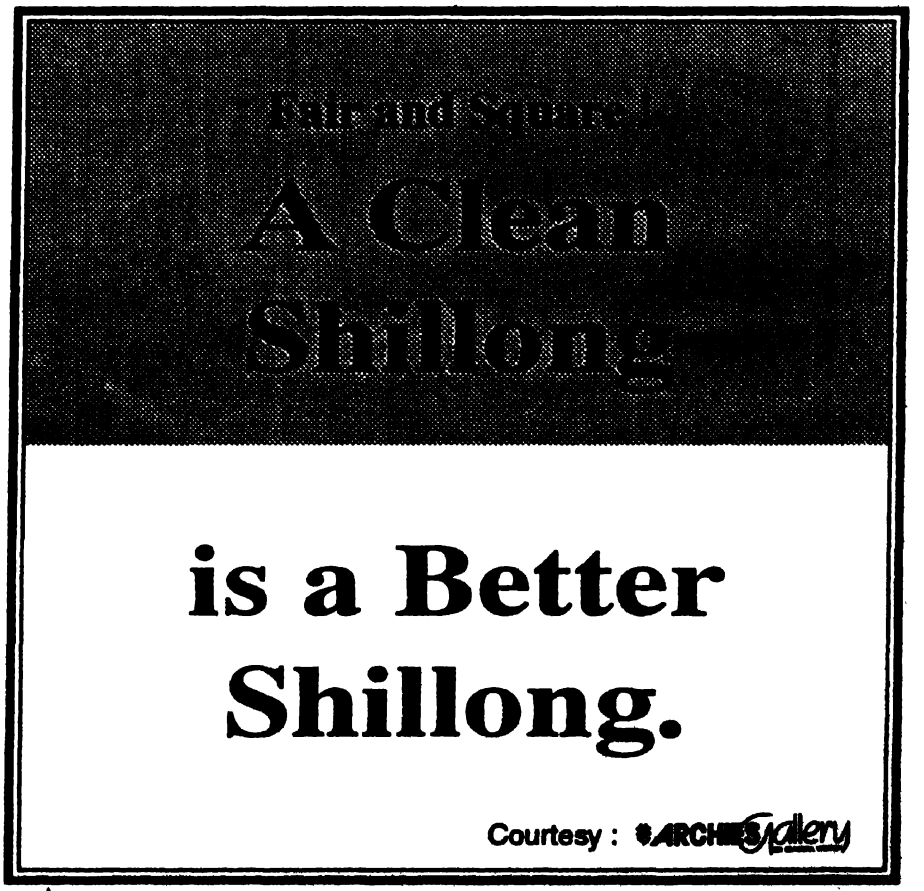


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Fashion clothes, woollens, shoes and accessories are available a-plenty at Police Bazar and G.S. Road. Fashion is a way of life here and the woollen ready-mades and handcrafted shoes available, though expensive, will make any connoisseur sit up. Fashion hint! Scottish-kilt like checkered woolen material is available here in a plethora of colours and convert into comfortable, real-value shirts for the trendy and young at heart.

A final tip, do drop in at the Butterfly Museum at Mawkhar and collect a 'Butterfly plaque' - not only is it a thing of beauty, its uniqueness lies in the fact that you can only get such an artifact at Shillong as far as our country is concerned ! And don't forget the roadside hawkers selling orchids and hand-made wooden cooking aids and knives !

** These emporiums being Government Corporations, the prices are fixed leading to hassle-free marketing.*



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SHILLONG : THE STATE CAPITAL

SHILLONG, the capital of Meghalaya, is a lovely hill station. Situated at an elevation of 1,496 metres (5000ft) above mean sea level, the capital city has a bracing climate and is a round-the-year destination for tourists and business travellers.

SHILLONG is the political and social hub of Meghalaya and is also the headquarters of Meghalaya's most populous East Khasi Hills District. A modern and vibrant mini-city, Shillong has one of the finest golf-courses in the country and the 116-year old Shillong Club.

SHILLONG is headquarters of the North Eastern Council, which celebrated its 21st anniversary last year. Various Defence organisations also call this charming city their home base : the Eastern Air Command, the 58 Gorkha Training Centre, the Assam Regimental Centre, HQ 101 Area and the Assam Rifles - the oldest para-military force in the country.

SHILLONG also boasts of the North Eastern Hill University and the famed Pasteur Institute. This is the official residence of the Governor of Meghalaya while a permanent bench of the Guwahati High Court has also been set up here.

SHILLONG is also the head-quarters of North Eastern Electric Power Corporation and the Power Grid Corporation, the Geological Survey of India, Indira Gandhi National Open University, Indian Council of Agricultural Research, the Survey of India and the Income Tax Commissioner, the Catholic and Presbyterian Churches and the Ramakrishna Mission in so far as their activities in the North East are concerned. On the anvil is the Indira Gandhi Institute of Medical Sciences which, when functional, will be a boon to the entire North East.

SHILLONG is criss crossed by NH 40 and 44 and is just 35 Kms. away from Umroi- the only Airport in the State. It is rather unfortunate that inspite of continued effort, the upgradation of this airport to accept Boeings still appears to be a distant dream.

SHILLONG'S communication set up has undergone a sea change once the conventional cross-bar type telephone exchange was replaced by a state of the art E-10B electronic exchange recently. STD booths, Telex and Fax facilities along with major Courier Services are easily available. Shillong AIR has a 100KW Medium Wave Transmitter while a Short Wave North Eastern Service is also beamed from here. As for TV, a 1KW centre has been commissioned recently.



MEGHALAYA MINERAL DEVELOPMENT CORPORATION LIMITED— a Government of Meghalaya Undertaking - was incorporated in 1981 and has since 1989, been the pioneer of coal export insofar as Government of Meghalaya Undertakings are concerned. Taking into account the excellent demand for Meghalayan Coal and the success chalked up by the Corporation till date, MMDC Ltd. now has ambitious plans lined up.

A Coal Depot, scheduled to be completed within a 2 year time-span at Jorabat, to be used by registered coal merchants and NGOs and backed by a reliable, all-weather, modern infrastructure including mechanisation, weighbridges, communication set-up and storage facilities is in the offing. The project, on completion will cater to domestic (especially Cement, Paper & Power industries) and export markets and will hopefully benefit prospective customers due the location being near National Highways 37 and 40, easy accessability to Guwahati and a single sales tax window facility.

Other plans on the anvil include the export of Meghalaya's Limestone to neighbouring Bangladesh, for which a long term agreement has already been signed, and another project for setting up a unit which will finish & polish locally available high quality Granite for both the domestic and export markets.

The above plants will go a long way in generating more revenue for the state, open up fresh avenues for employment and usher MMDC Ltd. to new pinnacles of success in the years to come.



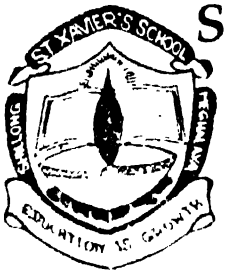
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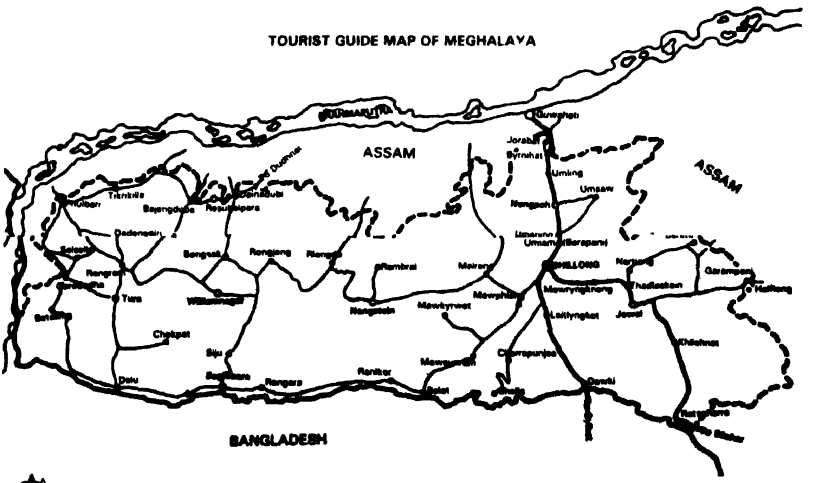
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India's sillimanite is produced in West Khasi Hills, while the State is rich in coal, limestone, dolomite, quartz, felspar, fire clay, and glass sand. Recently petroleum and uranium resources have also been discovered.

Meghalaya has many swift-flowing rivers leading to the generation of cheap hydro electricity. Having a potential of 1200 MW, 50% of the electricity produced is channelised to neighbouring states. Industry is represented by the 1,63,000 MT MCCL Cement Factory at Cherrapunji, Meghalaya Plywood Ltd. at Byrnihat and the Tantalum Capacitor plant promoted by Meghalaya Industrial Development Corporation at Umiam-Khiwan plus a healthy number of mini-cement and SSI units, ably backed by the Meghalaya Industrial Development Corporation.

Meghalaya has also taken rapid strides in the fields of education and health-care. The percentage of literacy has climbed from 34% in 1981 to 48% in 1991. Unlike most of the States in the Indian union, almost 95% educational institutions are privately managed but receive liberal grants from the State Government, which also provide a special thrust to the Adult Literacy and Nutrition Programmes. Medical Care presents a healthy trend with the State Government, Christian Missionaries, the Ramakrishna Mission and private nursing homes providing nearly 3000 hospital beds and progressively modern medical infrastructure.

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Like all tribal communities, the Meghalayans love to feast, sing, dance and enjoy life to the hilt. Festivals are invariably celebrated with pomp and gaiety, cutting through the petty differences of caste, creed, colour or religion. The major festivals observed are :

Shad Suk Mynsiem (April-May)

Shad Suk Mynsiem (dance of the happy soul) is of relatively recent revival introduced by Ka Seng Khasi, a cultural body of the Khasi-Pnar community formed in 1899. The three-day dance festival, which is thanks-giving to God for His blessings in past years and also a prayer for the same in the years to come, was first performed for two days on February 14 - 15, 1911 at Weiking field at Jaiaw, Shillong.

The festival is heralded in Shillong a month earlier with the beating of drums accompanied with playing of Tangmuri, a shehnai-like musical instrument, in front of the Seng Khasi Hall every Sunday evening. On the first day of the three-day festival, a small procession of male dancers proceeds from the Seng Khasi Hall to the dancing arena at Weiking led by drummers, pipers and flag bearers. The procession entering the Weiking ground through the east gateway continues to dance in the arena for about an hour after which they return to the Seng Khasi Hall. On the second and third days, a prayer is offered to God before the dancers proceed to the Weiking ground.

Unlike the Nongkrem festival, no religious rites and sacrifices are involved in Shad Suk Mynsiem. The dance is confined to only virgin girls but both bachelors and married men can participate in the dance. There are six different types of dances out of which four types are open to both male and female dancers. Two types of dances are confined to males only. The girl dancers leave the arena clear for male dancers when these two dances are performed.

Behdienkhlam (July)

Behdienkhlam, the most important festival of the Jaintias, is celebrated at Jowai and Tuber in the Jaintia Hills District sometime during the rainy season, normally in July or August. The celebration of this festival was banned by the British authorities for unknown reasons and was revived in 1948 as a cultural heritage of the people.

"Behdien' literally means drive away with sticks and 'Khlam' means plague or pestilence. The festival represents the operation to drive away the devil which causes destruction of crops and properties spelling



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miseries for people. The three-day festival begins with religious rites which include sacrifices to 'U Mukhai', food offerings to departed souls of ancestors, chasing away the evils and dancing in which the young and the old take part.

On the last day in the morning the townsflok led by the 'Doloi' move about beating the roof of every house with sticks driving away the plague from the house.

Later in the afternoon, well decorated 'rots', look-alikes of tazias brought out during Muslim festival of Mohurram, one each from the seven localities of the town are brought on the bank of a pool formed by a stream where 'Aitnar' dwells. Poles of great length which have been freshly cut from the forest are held across the stream. People jump on the poles and break them all the while dancing in the muddy water of the pool. Later a large pole is placed across the stream, and the people dividing themselves into two parties good humouredly contend for the possession of this pole.

The concluding part of the festival is 'Katlawakor' much like a game of football, which is played between two parties, one representing the upper valley and the other the lower valley of the Myntdu river, with a wooden ball. Whichever party wins believes they would have better harvest than the other..

WANGALA (October-November)

This is the biggest of all the festivals of the Garos performed in connection with the Jhum cultivation. This is usually held in October and so sometimes it synchronises with the Durga Puja, but each village sets its own time and so there are two or three weeks during which Wangla is celebrated in one or two villages. The festival of a single village lasts about a week. This festival is observed to honour and offer sacrifices to their greatest god called Saljong (Sun-God).

The festival is initiated right in the field by simple but impressive ceremony known as Rugala. The Rugala is then followed by the ceremony of incense known as 'Sasat Soa'. This is performed inside the house of the Nokma or Chief of the village. The Nokma, amidst burning of incense, beating of drums and chanting of the people, utters a few words of incantation and pours rice-beer and sprinkles rice powder over a collection of field produces offered to the gods. This is immediately followed by drinking, dancing and merry making. People young and old, boys and girls, in their colourful costumes with feathered headgear dance to the tunes of music played on long oval shaped drums.

NONGKREM DANCE : (October-November)

Ka Pomblang Bad Shad Khyrim, popularly known as the Nongkrem dance, is the most important of indigenous festivals of the Khasis. The



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Nongkrem dance is just a part of the Pom-blang (goat killing) ceremony of a five-day religious festival of the Syiem of Khyrim held usually in November at Smit, the headquarters of the Syiem, about 15 kilometres from Shillong.

For three consecutive nights, prayers are offered to God Shillong, ancestral maternal uncles and the legendary ancestral mother of the royal clan.

A large number of goats and fowls are sacrificed and various religious rites performed in the house of the Ka Syiem Sad, the eldest sister of the Syiem, invoking the founder of the Shillong kingdom to "bless the Syiem clan and the people of the State with social and moral wellbeing, prosperity and ever-flowing goodness in everything"

On the fourth day a dance is performed by young virgin girls and men, both bachelor and married, of the entire clan in the courtyard of the royal palace. Ka Shad Kynthei, the dance of the women, is performed in the inner circle of the arena by maidens decked in costly silk costumes and gold, silver and coral jewellery. Ka Shad Mastieh, the dance of the men, is performed by men, dressed in dhoti, full-sleeve shirt, sleeveless coat and a turban holding a sword in their right hand and a fly-flap in the left in the outer circle to the accompaniment of music provided by Duhalias, professional musicians.

The Syiem, the head of the Hima (the Khasi State), Ka Syiem Sad, literally the Syiem priestess, who is the caretaker of all religious ceremonies, the Myntries (council of ministers), the high priest the other priests and the people in general join in this festival which is a sort of prayer for the well being of all.

Apart from the above, national festivals like **EASTER** (March-April), **ID-UL-FITR, RONGALI BIHU** (April), **DURGA PUJA** (September-October), **DIWALI** (October-November), and **CHRISTMAS** (December) are also celebrated in a big way, underlining the irresistible epitome of unity in diversity prevalent in this State.

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DANCES OF MEGHALAYA

The three major tribes of Meghalaya are Khasis, the Jaintias and the Garos - all of them having their distinct dance forms.

The SHAD SUK MYNSIEM, literally meaning "Dances of Happy Soul," is the dance festival of the Khasis and is held in April/May at Mawlai field, Shillong, as a thanks-giving to the Almighty. Only virgin girls can participate unlike the males who may well be married. The dance costumes are of silk and muslin while the jewellery is of 24 carat gold and silver. The NONGKREM DANCE is held in Syiemship of Smit during September/October, exhibits almost the same dance form and is a popular tourist attraction.

The LAHOO is the traditional dance of the Jaintia people. Originally called the CHIPIAH Dance, the present name has evolved from the "hooh-ah-hooh" chant of the performers. A female danseuse is flanked by two male dancers - the maiden representing the custodian of the family & preserver of the race. The man on the right symbolises the uncle or the protector of family and clan. Dancing on the left is the husband or father considered as the progenitor of a particular family or clan. The lone maiden, dancing in rhythm, symbolises the priestess : care-taker of family and clan, religious rites & rituals.

The WANGALA is performed by the Garos during their 100 Drums Festival of the same name. Celebrated following the harvest season, young men and women, clad in colourful finery, dance to the rhythm of drums, flutes and song. It is said that the young drummers and the maidens find opportunity, during this festival, to know each other and choose their future life-partners.

The Director,
Dept. of Art & Culture,
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FORESTS AND WILDLIFE

Forests have always been an integral part of the people of the state. Be it for timber, firewood or other forest produce like broomstick, bay leaf, cinnamon. etc., forests have been the source of sustenance to the ever-increasing need of man. However, the rich biodiversity of primary forests are disappearing as they give way to only secondary scrub forests due to their continual exploitation by the people.

Forests under the control of the State Government account for only 4.43 percent of the total geographical area but these are about the only areas where there is some greenery left. The rest of the forests which are clan, community or privately owned have been recklessly exploited for agriculture and commercial purposes.

The forest types include the sal forests, the mixed moist deciduous forests, the evergreen forests, bamboo forests, pine forests and grass-lands. Some of the important timber species include the sal, pine, gamari titachap, teak and makrisal.

Many rare plants which have become endemic to only certain pockets include the pygmy lily, pitcher plant, sundew, wild citrus, some rare bamboos, canes and a number of varieties of orchids including the lady's slipper orchid.

Therer are two national parks in the State : Balphakram National Park and Nokrak National Park. The wildlife sanctuaries include the Nongkhyllem Wildlife Sanctuary and the Siju Wildlife Sanctuary. These form the habitat for a number of the rare and threatened birds and animals. Some of the birds which are unique to the area include the great pied hornbill, kalij pheasant, emerald dove, red jungle fowl, peacock pheasant, racket tailed drongo, Himalayan golden back wookpecker, black naped oriole. The checklist of mammals includes the binturong, clouded leopard, flying squirrel, golden cat, hispid hare, hoolock gibbon, gaur, tiger and elephant.

The Forest Department in the State has been making a lot of efforts in afforestation of the already barren areas with the help and cooperation of the local populace. For the control of pollution in urban areas, erratic rainfall and climate changes, planting of trees in every vacant space and protection of existing forests with its wildlife has become an immediate necessity.

An enlightened community geared up for action is the only answer if we are to save whatever is left of our forests.

T.T.C.MARAK, I.F.S.
Divisional Forest Officer
Khasi Hills Division, Shillong.

ECONOMIC AND STATISTICAL DATA OF MEGHALAYA

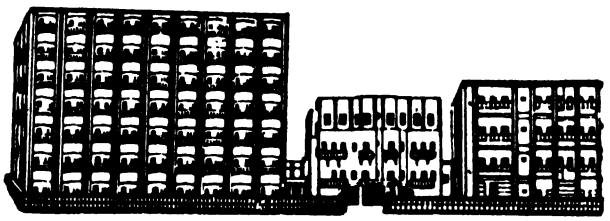
Sl.	Items	Reference period	Unit	Particulars
1.	Geographical Area	1991	Sq. Km	22,429
2.	Population (a) Total	1991	'000 nos	1,775
	(b) Male	"	"	908
	(c) Female	"	"	868
3.	Density	1991(p)	Person per Sq. km	79
4.	Sex Ratio	"	Females/ 1000 males	944
5.	Literacy (Age Group 7 years and above	"	P.C.	48.26
6.	State income	1991-92 (Q)		
	(1) Net State Domestic Product	Rs. in	crores	
	(a) At current Prices			798
	(b) At constant prices (1980-81)			314
	(2) Per Capita State Domestic Product		Rs.	
	(a) At current prices			4,458
	(b) At constant prices (1980-81)			1,756
7.	Land Utilisation	1991-92	'000 hectres	
	(a) Gross cropped area			240
	(b) Net Area sown			202
	(c) Area sown more than once			38
8.	Area under crops	1991-92	'000 hectres	
	(a) Rice			104.51
	(b) Maize			18.49
	(c) Potato			17.64
9.	Production of important crops	1991-92	'000MT	
	(a) Rice			121.07
	(b) Maize			23.74
	(c) Potato			153.16
10.	Animal Husbandry & Veterinary			
	(a) Total Livestock	1988	'000nos	1,108
	(b) Total Poultry	1988	"	1,591
	(c) Hospitals	1991-92	Nos	4
11.	Forest	1989-90		
	(a) Total Forest area		'000 Hectres	494.60
	(b) Value of timber produced		'000Rs.	2,504
	(c) Value of firewood produced		'000Rs.	9
12.	Electricity	1991-91		
	(a) Installed capacity		Megawatt	133.760



	(b) Generation		MKWH	421.089
	(c) Electrified villages		Nos	2,315
13.	Industry			
	(a) Factories registered under Factories Act.	1991	Nos	55
	(b) Small Scale Industries registered with the Director of Industries	1991-92	Nos	1,733
14.	Mining	1991		
	Production of (a) Coal		'000Tones	3,464
	(b) Limestone			235
	(c) Sillimanite			1.6
15.	Cooperation	1990-91		
	(a) Co-operative Societies		Nos	723
	(b) Membership		'000Nos	160
16	Road Length (P.W.D.)	1990-91	Kms	
	(a) Total			5,687
	(b) National Highways			462
	(c) State Highways			934
	(d) Major District Roads			1,058
	(e) Other District Roads			3,233
17.	Employment	1991-92	Nos	
	(a) Public Sector			64,394
	(b) Private Sector			4,835
18.	Health	1991		
	(a) Government Hospitals			5
	(b) Government Dispensaries			23
	(c) Sub-Centres			272
	(d) Primary Health Centres			63
19.	Educational Institutions	1990-91	Nos	
	(a) Pre-primary and pre-basic			1,272
	(b) Primary and Junior basic			4,273
	(c) Middle and Senior basic			805
	(d) High and Higher Secondary			447
	(e) Colleges for General education			23
	(f) University			1
20.	Banking	June'92		
	(a) Scheduled Commercial Banks	Nos		173
	(b) Deposits		Rs. in lakhs	43,155
	(c) Credit		"	7,505
21.	Communication	1991-92	Nos	
	(a) General Post Office	"	"	1
	(b) Head Post Office	"	"	1
	(c) Sub Post Office	"	"	60
	(d) Branch Post Office	"	"	399

Note : Q- Quick Estimates

(Source : Director of Economics & Statistics, Govt. of Meghalaya)



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Amidst such surroundings of colourful folk dances and lilting music, gushing streams and waterfalls, tall majestic mountains, calm clean lakes and lush green valleys, live lively, jovial and hospitable people.

It is land where tea growing is an industry, handicrafts an occupation and martial arts the favourite activity.

The North-East is a haven for tourists, beckoning one who needs to relax and unwind. For those who yearn for adventure and excitement, their is mystique and romance in exploring wild life in its true form.

ARUNACHAL PRADESH

The Capital is Itanagar

Arunachal Pradesh lies to the north of Assam, covering an area of 83,743 sq.kms.

Its inhabitants belong to the Mongoliod and Tibeto-Burman tribes. In Arunachal, dance is a way of life. The dances incorporate steps from the martial arts of the Adis, Wangchos and Nocte tribes.

The state has some luxuriant and untouched rain forests and incredible variety of flora. It offers ample opportunity for angling, boating, rafting, trekking and hiking.

The capital, Itanagar is a well planned town, built only recently. Worth a visit are the State Museum, Ganga Lake, Buddhist Monastery and Polo Park of Naharlagun.

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BHALUKPONG — Historical place for the Aka tribe. Also a picnic spot both for Assam & Arunachal Pradesh.

PARASURAMKUND — The legendary place where sage Parashuram is believed to have washed away his sins. A divine pilgrim centre, it overflows with devotees on Makar Sankranti day, when people take a holy dip in the kund.

JUNGLE MAGIC

ITANAGAR SANCTUARY — This hilly area was established in 1978 on 140 sq.kms. of semi-evergreen forest. It has a small tiger population and visiting herd of elephants.

Best time to visit : October — April.

Nearest town : Itanagar (0 kms)

Accommodation available in number of private hotels.

LALI SANCTUARY — Established in 1978 at the base of the eastern Himalayas, it covers an area of 190 sq.kms. This sanctuary mainly has swamp deer and wild buffalo.

Best time to visit : November — March.

Nearest town : Pasighat (16 kms.)

Accommodation available in Govt. Rest House.

MEHAO SANCTUARY — Established in 1980, it is in the Mishimi Hills and receives high rainfall. The fascinating range of wildlife here includes clouded leopard, hoolock gibbon, leopard cat, musk deer, spotted linsang and swamp deer.

Best time to visit : November - January.

Nearest town : Roing (0 kms.)

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of any of South Asia's protected areas. It is the only area with three major predators - the tiger, leopard & clouded leopard.

Best time to visit : October — March.

Nearest town : Miao (7 kms.)

Margherita in Assam (62 kms.)

Accommodation available in Govt. Tourist Lodge at Miao.

PAKHUI SANCTUARY - The mixed forest area includes elephant, tiger, leopard, sloth bear and slow loris and the great Indian hornbill, among the birdlife.

Best time to visit : December - March.

Nearest town : Bhalukpong (0 kms)

Tezpur in Assam (60 kms.)

Accommodation available in Assam Tourist Lodge.

SHOPPING TIPS

Arunachal is a treasure trove of handicrafts. The most popular being carpets, shawls gales (a wrap around skirt), woven fabrics and cane & bamboo articles. Shopping is a pleasure at the State Govt. Emporia at the capital and district headquarters.

ASSAM

The Capital is Guwahati.

Assam, known as the land of blue hills and red river, is spread over an expanse of 78,523 sq. kms. with its capital at Dispur, an extension of Guwahati city, a fast growing metropolis situated on the south bank of the Brahmaputra. It is the gateway to Assam and other north-eastern states.

Assam is not only synonymous with fine tea, it is also famed for its wild life reserves, the most unique being the Kaziranga National Park, the home of the rare one-horned rhinoceros.

PLACES OF INTEREST IN AND AROUND GUWAHATI

State Museum at Guwahati : Has a rare collection of old sculptures and artifacts of ancient times.

Kamakhya & Bhubaneswari Temples : On the top of Nilachal Hills, 10 kms. from Guwahati. Kamakhya is one of the 51 Hindu 'Pithas'



MERIDIAN OFFSET

Munni Market (Opp. Vikrant Tyres Ltd.)
G. S. Road, Bhangagarh, Guwahati 781 005



A Press to impress

where as per the Hindy mythology the genital organ of Sati, the consort of Shiva, fell and is considered as one of the important centres of tantrik and shakti cult.

Soalkuchi : (32 Kms.) Famous for Assamese silk - Muga and Pat.

Hajo : (32 Kms.) Pilgrimage with equal sanctity for the Hindus, Muslims & Buddhists.

Madan Kamdev : (35 Kms.) Timeless sculpture on hard lifeless stones.

Chandubi : (64 Kms.) A natural lagoon and fine picnic spot.

Daranga :(81 Kms.) Famous for its Bhutia Fair during winters, held annually from November to March.

Batadrawa :(134 Kms.) Birthplace of Shri Sankar Deva, famous Vaishnava Saint, 14 Kms. from Nagaon, the district headquarters.

Bhairabkunda : (137 Kms.) A beautiful picnic spot at the border of Arunachal Pradesh and Bhutan.

Barpeta : (140 Kms.) Famous for its Vaishnava Monastery containing the shrine of Shri Madhav Dev, successor to the Vaishnava reformer Shri Sankar Deva.

Tezpur : (180 Kms.) A city of temples, ancient ruins and monuments. Also an important Indian Air Force base.

Haflong : (385 Kms.) Picturesque hill station with a natural lake.

Majuli : Situated in the midst of the river Brahmaputra, it is a centre of Vaishnava culture, with a number of Satras (Monasteries). These Satras are regarded as the main centres of Assamese art, music, dance, drama, handicraft, literature and religion. The nearest town is Jorhat (314 kms. from Guwahati) from where one can go to Majuli by crossing the river Brahmaputra.

Sibsagar : (369 kms.) Scattered remains of monuments raised by the Ahom Kings. The Siva temple with its golden dome is believed to be among the tallest Hindu temples in India.

JUNGLE MAGIC

Barnadi Wildlife Sanctuary : Established in 1980 to protect one of the few remaining habitats of the extremely elusive hispid hare and pigmy hog, this sanctuary is spread over an area of 26 sq. kms. Leopard, tiger, and elephant are among the wildlife seen here.





VISIT ASSAM

the home of the rarest species of wildlife

Twenty out of fortyone listed endangered species of wildlife like the one horned Asiatic Rhino, the Golden Langur, the Pigmy Hog, the Hispid Hare, the white winged wood duck have made Assam their home.

Bisons, water buffaloes, Hollock gibbons, several species of deer and thousand other varieties of wildlives and myriads of resident and migratory birds have peopled her wildlife sanctuaries.

Assam's hilly terrains are ideal for hiking and trekking and the numerous waterways offer magnificent opportunity for adventure tourism like boating, sailing, rafting and canoeing.

The Department of Tourism will
look after your itinerary

Issued by : Director, Information & Public Relations

Government of Assam

Best time to visit : November - March.

Nearest town : Tangla (40 kms.)

Accommodation not available.

Garampani Sanctuary :Established in 1952, this small sanctuary has tigers, leopards and elephants (which cross from the Rengma Hills to the foothills of the Naga Hills).

Best time to visit : November - March.

Nearest town : Golaghat (25 Kms.)

Accommodation available in Govt. Rest House.

Kaziranga National Park :In 1974 Kaziranga was declared as National Park with the objective of preserving the rhino. It is famous for not only the rhino but also the wild buffalo, magnificent swamp deer and hog deer. Tiger, wild boar, hoolock gibbon and ratel (hog badger) are among the other animals seen here. It is also the breeding place for pelicans, migratory birds. Mihimukh is a good viewing area. Visitor facilities are available and well trained elephants can be hired. There is a good network of fair weather roads.

Best time to visit : November - April.

Nearest town : Bokakhat (23 Kms.).

Accommodation available in Govt. Rest House, Tourist Lodge and Wild Grass Resort.

Manas Sanctuary and Tiger Reserve : Established in 1928 as a small reserve with a core area of 360 sq. Kms. It has since come under Project Tiger. The park lies across two rivers (Manas and its tributary, the Hakua) with an unparalleled variation of habitats for such a narrow strip. The scenery of Manas is considered the most attractive of any Indian Park. To the south are grasslands with rivers, their pebble banks and islands, spreading as they leave the great forests on the Bhutan hills. The rich bird life is distinctive and abundant. Besides transport for sightseeing within the park, elephant rides and boating on the river are also available.

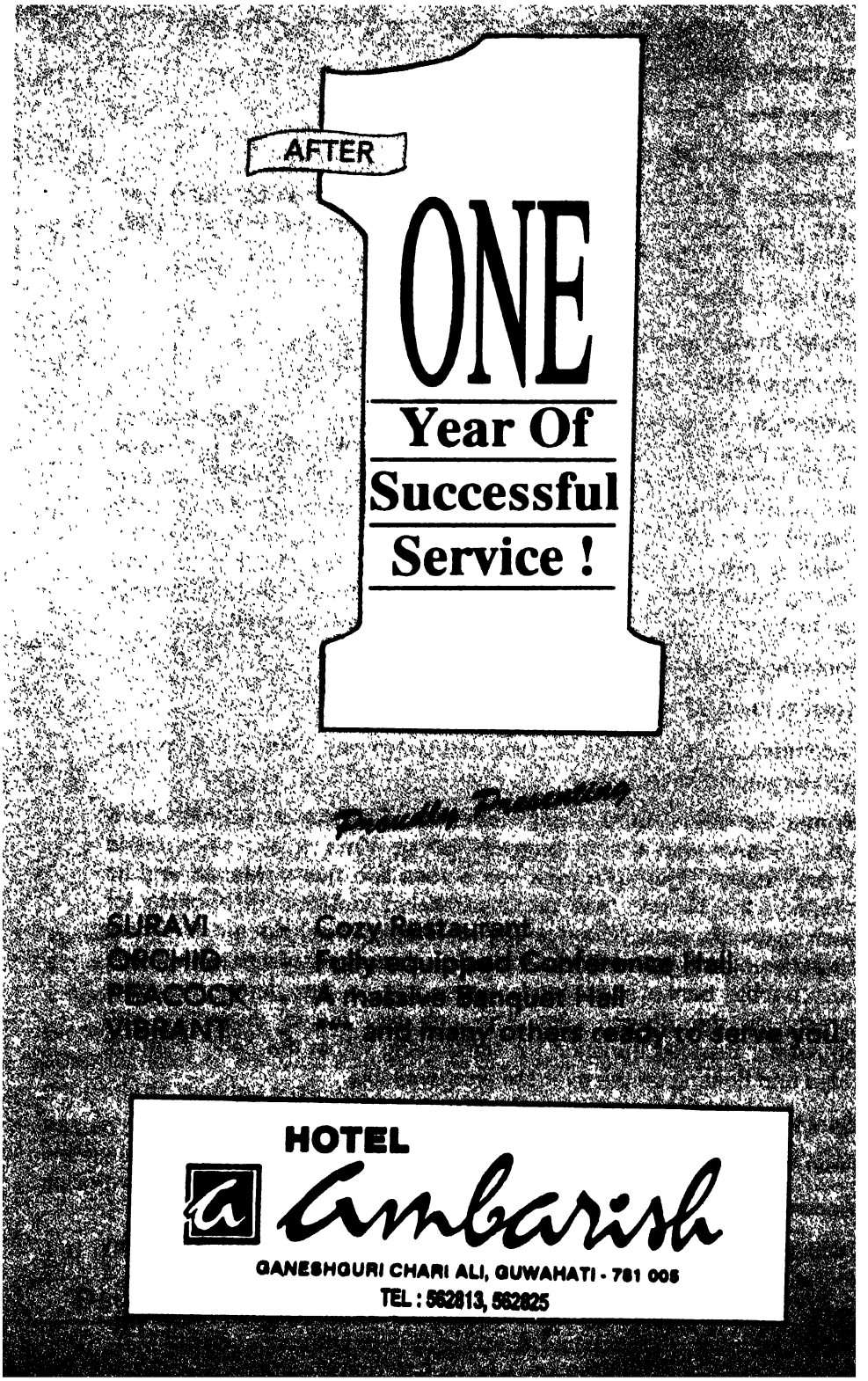
Best time to visit : November - April.

Nearest town : Barpeta Road (40 Kms.)

Accommodation available in Govt. Rest House and Tourist Lodge.

Also worth a visit is Orang Sanctuary and Sonai Rupai Sanctuary in the Dooar grasslands at the base of the Dafla hills.




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Pabitora, a small Wild Life Sanctuary, can be accessed from Guwahati since it is only 60 Kms. away and one can return the same day.

SHOPPING TIPS

Assam has a glorious tradition in handloom weaving. The production of Muga silk fabric and its various blends is a unique feature of Assamese handloom. Another absolute steal is 'Laichingphi' or light quilt or the shawls and 'Gales.' They are available at the State Govt. Emporia, located in all prominent towns including Guwahati.

MANIPUR

The Capital is Imphal.

A land of blue green hills, cascading rapids, carpets of flowers and unwinding rivers. Manipur lies in the eastern most corner of India. Rich with tradition this oval shaped valley is surrounded by an aura of mystery. Legends say that the discovery of Manipur is the result of the delight the gods took in dancing.

Polo is said to have originated from Manipur. Sogol Kangjej (Manipur Polo) is the chief sport in the state even today.

PLACES OF INTEREST IN AND AROUND IMPHAL

SRI GOVINDAJEE TEMPLE — This temple adjoining the palace of the former rulers of Manipur is a historic centre for Vaishnavites. It is a simple and beautiful structure with twin gold domes, a paved court and a large, raised congregation hall. The presiding deity in the centre is flanked by shrines of Balaram and Krishna on one side and Jagannath on the other.

KHWAIRAMBAND BAZAR —The market is very special because all the stall-holders are women. Not far from here, is a street where beautiful furniture and cane baskets are sold. Other smaller markets are Singjamei, Kongba, Lamlong, Kwakeithel, Heirangoithong, Tera Keithel and Naoremthong.

MANIPUR STATE MUSEUM — This interesting museum near the Polo ground houses Manipur's tribal heritage and a collection of portraits of Manipur's former rulers. Interesting items are costumes, arms & weapons, relics and historical documents.



CONSUMER'S PROTECTION — DO'S & DON'TS

UNDER THE STANDARDS OF WEIGHTS & MEASURES (ENF) ACT, 1985 AND MEGHALAYA STANDARDS OF WEIGHTS & MEASURES (ENF) RULES 1989.

1. Only Verified and Stamped Weights & Measures, Weighing and Measuring Instruments are Used in Trade and a Beam Scale shall be Suspended.
2. No Weights other than Bullion weights with a Class 'B' Beam Scale shall be used in any transaction in Bullion including precious Metals Pearls and Ornaments and other articles made of Gold or Silver.
3. Every person who uses Weights & Measures in any Transaction or for Industrial Protection should get Themselves Registered at Office of the Local Inspector of Weights & Measures as Reguired under Sec. 17 and Rules 10 of the above Mentioned Act/Rules Failing which will be liable for punishment under Sec. 18 of the aforesaid Act, with fine which may Extend upto Rupees five hundred.

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1. No Retail Dealer shall sell any Packed Commodity at a Price Exceeding the Maximum Retail sale Price Inclusive of all Taxes.
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3. Every Package shall Bear,
 - (I) The Name and Address of the Manufacturer or Packer.
 - (II) The Common or Generic name of the Commodity.
 - (III) The net Quantity in Terms of Standard Unit of Weight, Measure or number.
 - (IV) The month and year in which Packed.
 - (V) The Maximum Retail Price Inclusive of all Taxes of the Package.

Please Report Violation of the Law to the Local Inspector or the Controller of Weights & Measures, Meghalaya, Shillong.

Issued by the Controller of Weights & Measures,

Meghalaya, Shillong.

WAR CEMETERIES — The British and Indian Army Cemeteries commemorating those who died in the Second World War are serene and well maintained with little stone markers and bronze plaques recording the glorious sacrifice of the heroes. These graves are maintained by the Commonwealth War Graves Commission.

SAHEED MINAR — This tall minar at Bir Tikendrajit Park in the heart of the capital, commemorates the indomitable spirit of Manipuri martyrs who sacrificed their lives while fighting against the British in 1891.

MANIPUR ZOOLOGICAL GARDEN — (6 kms.) West of Imphal is the Zoological Garden at Iroishemba on the Imphal Kangchup Road.

The graceful brow-antlered deer, one of the rarest species in the world, can be seen here in sylvan surroundings.

KHONGHAMPAT ORCHIDARIUM — (7 kms.) More than 110 varieties of orchids, including several rare species are grown here. Peak season is from April to May.

LANGTHABAL — (8 kms.) Overlooking the Manipur University, amidst jack fruit and pine trees are the relics of an old historic palace, well planned temples and ceremonial houses.

BISHNUPUR — (27 kms.) The single-celled, conical roofed temple of Lord Bishnu built in 1467. Interesting for its antiquity and Chinese style design. Also well known for its stoneware production.

KAINA — (29 kms.) A beautiful hillock and a sacred place of the Hindus.

PHUBALA — (40 kms.) A charming resort on a little island, on the western fringes of the Loktak Lake, to the south of Imphal. It is joined with the mainland by a low causeway.

MOIRANG — (45 kms.) Here is the ancient temple of the pre-Hindu deity, Lord Thangjing. It was in Moirang that the flag of the Indian National Army was first hoisted on Indian soil by Netaji Subhas Chandra Bose. The INA Museum here contains letters, photographs, badges of ranks and other articles associated with the movement.

LOKTAK LAKE AND SENDRA ISLAND — (48 kms.) A huge and beautiful stretch of water. From the Tourist Bungalow set atop Sendra Island one can get a bird's eye view of the lake and life around it. Gaze at the fishermen as they cast their net, rear fish farms using nets as floating walls or as they build houses on islands of floating weeds.



C H I B A I
(WELCOME)

Nestled deep in the hills, the evergreen forests and pleasant climate of Mizoram beckons tourists from all over the world. Gone are the days of seclusion, and the lush, verdant hills and green valleys now open their arms wide to give all travellers a warm welcome.

The capital, Aizawl, is perched along the hill slopes and offers the visitor a breathtaking view of the land that is Mizoram. The people are peaceful and fun-loving, their colourful clothes brighten the hills which resound to the sound of music and songs that is so much a part of life here.

Aizawl is connected by air to Calcutta by Vayudoot. The nearest Rail-head is Silchar, 180 Kms away and connected to Aizawl by NH-54. Both routes will give the tourist a rare and thrilling glimpse of a beautiful vista.

The Tourist Lodge at Aizawl is ready and waiting for you with a smile, good service and a **'CHIBAI'**, which means **'WELCOME'** in Mizo.

Visit Mizoram. It's a visit you will never forget.

For further details please contact :-

Joint Director
Directorate of Tourism
Government of Mizoram
Chandmary, Aizawl 796007
Ph : 23162, 23163.

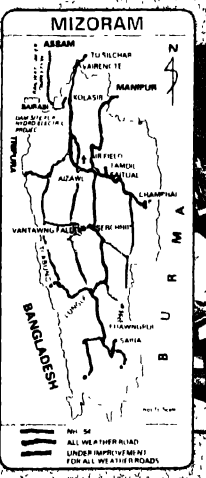
TOURISM DEPARTMENT MIZORAM





Youths in cultural dress







Chheihlam





Saiha Hill

ISSUED BY :

DIRECTOR, INFORMATION & PUBLIC RELATIONS,

GOVERNMENT OF MIZORAM, AIZAWL

ENCHANTING MIZORAM

The small state of Mizoram is a place where the hills come alive with the sound of music. It has a distinctive culture of its own, its people firmly rooted to soil, and their songs, dances and their very lifestyle are all reflections of their self contained unitary lives.

Mizoram is a new name given to the mountainous region earlier known as the Lushai Hills. It was one of the districts of Assam till 1972 when it became a Union Territory and later became a full-fledged State on 20th February, 1987. Sandwiched between Burma in the East and South and Bangladesh in the West, Mizoram occupies an area of great strategic importance in the North-Eastern corner of India.

The hills in Mizoram runs from North to South with a tendency to be higher in the East of the Territory and tapering in the North and South. The hills are steep and are separated by rivers which flow either to the North or South creating deep gorges between the hill ranges

Basic Facts		
Location	Latitude 20 20^0 to 24 27^0 N Longitude 92 20^0 to 93 29^0 E	
Area	21 081 Sq Kms	
Population	4 93 757	
Capital	Aizawl	
District	Aizawl Lunglei and Chimtuipui	
District Hqrs	Aizawl Lunglei and Saiha	
Average Rainfall	254 cm per annum	
Temperature	Winter	1 1^0C to 21^0C
	Summer	20^0C to 29^0C

Mizoram has a pleasant climate. It is generally cool in summer and not very cold in winter. The winter skies are wonderfully blue and in the morning the mist forming between the hills gives an enchanting view of wide stretches resembling a vast lake.

Mizoram has great natural beauty and an endless variety of landscape and it is rich in fauna and flora. Almost all kinds of tropical trees and plants thrive in Mizoram Mizoram is a home of beautiful orchids. The hills are marvellously green.

In view of the lack of infrastructure major Industries are yet to come up in Mizoram Commendable head-way has been made in small scale Industries, weaving, bamboo and cane, sericulture and other forest based Industries.

UKHRUL — (83 kms.) The district headquarter, a hill station east of Imphal, bears a gay and festive appearance during Christmas. Also a centre of the colourful warrior tribe, Tangkhul Nagas. It is famous for a peculiar type of land lily, the Siroi, grown on the Siroi Hills. One can take excursions to the Siroi Hills and Kangkhui Lime Caves.

JUNGLE MAGIC

KEIBUL LAMJAO NATIONAL PARK — 53 kms. from Imphal on the fringes of the Loktak Lake, this is the last natural habitat of the marsh dwelling brow-antlered deer. Previously an area for water fowl shoots, it became a sanctuary in 1954 when a few surviving sangai or Manipuri brow-antlered deer were spotted, one of the most localised and endangered mammals in the world.

Best time to visit : December — May.

Nearest town : Imphal (32 kms.).

Accommodation available in Govt. Rest House and Tourist Lodge.

SHOPPING TIPS

It is said that the goddess Panthoibi drew her inspiration for weaving from a spider making cobwebs. While almost every Manipuri household owns a loom, womenfolk alone are the weavers. Intricate designs are woven on sarees, dinner mats, curtains, cushion covers & bedspreads. The handloom industry is the largest cottage industry in Manipur, with items being exported. Tourists can take home the famous Manipuri doll, Lifan, Phuk (weed mats) and exquisite pieces of pottery which are all available at the State Govt. Emporia. Khwairamband Bazar is the main shopping centre.

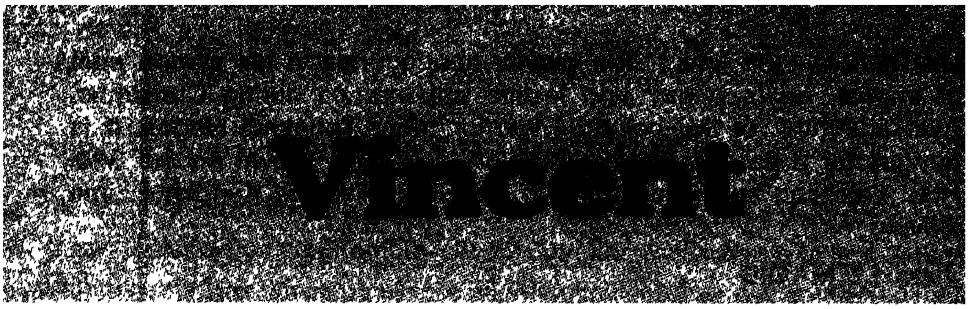
MIZORAM

The Capital is Aizawl.

The former Lushai Hills district, covers an area of 21,081 sq.kms. The word 'Mizo' means highlander.

Mizoram's traditional rulers were the famous Sailos who ruled as chiefs having rights over land and life. As rulers of an agricultural economy, each chief had within his court an agricultural expert who was well acquianted with the secrets of the forests.

The Mizos are a very musical people who consider singing the best form of relaxation after a hard day's work. Traditional Mizo society



Atta

Chakki

Mills

NONGSTOIN
(MEGHALAYA)

PROP. V.M. PHIRA

NONGRIMBAH, SHILLONG 793 003, PHONE : 227256

nurtured itself on a unique code of behaviour based on a philosophy called 'tlawmngaihna' or selflessness. Traits of this can still be seen today.

Aizawl, the capital stands out like a citadel over the valleys of Mizoram. The valleys like the north-east are hot and wet during the summer, but up in the hills it is pleasant and cool. To the south of Aizawl is the idyllic town of Lunglei, set in a beautiful forested area. In between Aizawl and Lunglei is the Serchip village. Travellers stop here to enjoy the market place where traditional objects, fruits and local vegetables are sold daily.

PLACES OF INTEREST IN AIZAWL

MIZORAM STATE MUSEUM — Houses a rare and exquisite collection of artifacts of the state.

BARA BAZAR — Main shopping area where a variety of goods ranging from handicrafts to utility items can be found.

DINGDI ART GALLERY — Near D.C.'s office. It has a large collection of artistic masterpieces of Mizoram.

DURTLANG HILLS — The northern most part of Aizawl.

MINI ZOOLOGICAL GARDEN — Picturesque spot.

BUNG — (15 kms.) A beautiful hilltop picnic spot towards the airfield.

PAIKHAI — (16 kms.)Quiet and enchanting picnic and recreational spot.

TAMDIL — (60 kms.) A natural lake, it lies in the heart of a cool virgin forest. An ideal spot for boating.

VANTAWNG — (137 kms.) A beautiful and panoramic waterfall. Only five kms. away from the hill station of Thenzawl, it is the highest waterfall in Mizoram.

CHAMPHAI —(204 kms.) A sub-divisional headquarter town on the Burma border, it offers a cool climate and a stunning view of hills of Burma.

SHOPPING CENTRES —Aizawl town has many shopping centres Major markets are New Market, Bara Bazar, Ritz Market, Bazar Bungkawn, Thakthing Bazar, Burma Land and Solomon's Cave.

JUNGLE MAGIC

DAMPA SANCTUARY — Established in 1976 at the north-west tip of the Mizo Hills. About one-fifth of the sanctuary is covered with bamboo, while the rest is mostly semi-evergreen forest. Swamp deer inhabit the lower areas. Tiger, leopard, elephant and hoolock gibbon are among the mammal species seen here.



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1. *Check the quantity, quality, standard price before buying.*
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3. *Do not pay higher prices than marked price on package items.*
4. *Check expiry data on package items.*
5. *Check non standard Weights and Measures.*
6. *In case of adulteration inform the nearest Health Department authorities.*
7. *Individual can take help from Voluntary Consumer Organisation in their respective areas.*

Issued by

DIRECTORATE OF FOOD AND CIVIL SUPPLIES.

MEGHALAYA, SHILLONG

Best time to visit : November — March.

Nearest town : Phaileng (10 kms.)

Accommodation is available in Govt. Rest House.

SHOPPING TIPS

The Luangmual Handicrafts Centre produces the most beautiful bamboo hats and typical Mizo shawls. Shopping at the State Govt. Emporia is a pleasure.

NAGALAND

The Capital is Kohima.

To the east of Assam is the small fascinating state of Nagaland. This exquisitely picturesque, vibrantly colourful, lush fertile narrow strip of mountain territory covers an area of 16,579 sq.kms. The state consists of seven districts with sixteen tribes and sub-tribes who speak English besides Ao, Konyak, Angami, Sema, Lotha and other tribes who have their own dialects. They are said to belong to the Indo-Mongoloid stock, a race whose presence was first noted 10 centuries before Christ. Sanskrit literature describes them as kiratas or hillmen living on nature's gifts, warlike and possessing formidable weapons.

The ceremonial dress of each tribe is quite fascinating; the multi-colour spear, ceremonial dao, bracelets, chest plates and head dress of coloured bamboo. Each tribe is proud of the distinguishing colours and patterns woven in their shawls. The tribes are full of folklore and fond of seasonal songs, solo, duet and choric. The most popular ones eulogise ancestors, warriors and traditional heroes.

Kohima, the state capital is a hill station, situated at an altitude of 1,495 metres above sea level. It is an enchanting hill town presenting wide panoramic views.

PLACES OF INTEREST IN & AROUND KOHIMA

WAR CEMETERY — A symbolic memorial raised as citation for the supreme sacrifices made by the officers and men during the World War II. The epitaphs are moving and at the base of the lowest cross an inscription reads :

"When you go home
Tell them of us and say
For your tomorrow
We gave our today"

MUSEUM — The state treasure trove having a rare collection of articles which depicts the tradition and history of the Naga tribes.

ZOOLOGICAL PARK — Abounding in rich flora and fauna of



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ZOOLOGICAL PARK — Abounding in rich flora and fauna of Nagaland. Of special interest is the world famous Blythe Tragopan available here only.

JAPFU PEAK — (15 kms.) A perfect spot for scaling and trekking. At an altitude of 3,043 metres above sea level, the peak affords an excellent view of Kohima town and distant, snow clad, Himalayan peaks. The best time to visit is during the dry season, from November to March, when the air is clear.

KHONOMA — (20 kms.) Towards the west of Kohima, a village having its own unique story of courage and valour reflected in its surroundings.

DIMAPUR — (74 kms.) Situated at an altitude of 195 metres above sea level, it is the gateway to Nagaland and also commercial centre of the State. Dimapur is the only railhead and has the only airport in Nagaland.

WOKHA — (80 kms.) The setting for colourful 'social' shawls for men and women.

MOKOKCHUNG — (160 kms.) A picturesque town at an altitude of 1,325 metres above sea level. The cultural centre of the Ao Nagas.

ZUNHEBOTO — (150 kms. approx.) Situated at an altitude of 1,875 metres above sea level. The home of the Semas, a martial tribe with sensational ceremonial war dresses.

JUNGLE MAGIC

FAKIM SANCTUARY — This small sanctuary in the eastern hills close to the Burma border was established in 1983. The park rises to almost 3,000 metres and receives heavy rainfall in June and July, making travel extremely difficult. Tiger and hoolock gibbon are among the animals seen here. Among the bird life, the tragopan pheasant is a delight to sight.

Best time to visit : February — March

Nearest town : Kiphire (98 kms.).

Accommodation is not available.

ITANKI SANCTUARY — Nagaland has an estimated elephant population of above 250 out of which more than half use this sanctuary in four or five herds.

Best time to visit : February — March.

Nearest town : Kohima (2 kms.).

Accommodation is available in Tourist Homes and Hotels in Kohima.

PULIEBADZE SANCTUARY — Established in 1979, on a small area of forest about 9 sq.kms., on the edge of Kohima. Tragopan and Kaleej pheasant are among the many fascinating hill and forest birds seen.

Best time to visit : November — March.



With a view to restrict consumption of liquor, the rates leviable on liquor is being raised from time to time.

All advertisements promoting the sale of liquor are banned.

The Meghalaya Government Servants Conduct Rules 1975 debar employees from drinking while on duty.

Consumption of liquor in Hotels, Bars and Clubs is restricted to a separate room and not permitted in the public lounge. Children below 18 years and also professional drivers are banned from consuming liquor.

Opening of Bars and Liquor Shops near Educational and Religious Institutions is not permitted.

Use of rice for distilling liquor is banned by the Government.

Let us remember, liquor is injurious to health and it brings disaster to the family.

Issued by the Commissioner of Excise,
Meghalaya, Shillong.

Accommodation is available in Tourist Homes and Hotels in Kohima.

SHOPPING TIPS

Cane & bamboo baskets and wood carving with intricate designs have immense export potential. The colourful and exquisite jewellery made of glass beads, ivory, brass and shells are fine examples of workmanship. Naga women are born weavers who produce works of art with intricate designs on shawls and sarongs. Handlooms and handicrafts are available at the State Govt. Emporia.

TRIPURA

The Capital is Agartala.

Tripura, a picturesque hilly region is the second smallest state of India. Covering an area of about 10,500 sq. kms., it was a former princely state.

Tripura is bounded on the north, west, south and south-east by international boundary of Bangladesh. In the east, it has a common boundary with Mizoram and Assam.

The scenic beauty of Tripura, its forests and lakes and above all its flora and fauna are a delight to the sight. Its rich and varied culture, its handloom and handicraft which is exquisite in colour, excellent in design and craftsmanship, are temptation to the visitor.

Tripura is inhabited by various ethnic groups with the cultural heritage of one community differing from another. Inspite of the diverse ethnic groups maintaining their distinct cultural identities, they have mingled into a single whole giving birth to a unique cultural genre.

Agartala, the capital is surrounded by hills on three sides. The present site of Agartala was chosen by Maharaja Krishna Kishore Manikya Bahadur who shifted the Capital from old Agartala.

PLACES OF INTEREST

TEMPLE OF LORD JAGANNATH — This orange coloured temple rises from an octagonal base. Every pillar of the octagon is crowned by a square pyramidal cone.

Built in the 19th century, it is dedicated to the Lord of the Universe.

UJJAYANTA PALACE — At the heart of the town stands the royal palace which was built by the philanthropist Maharaja BikramKishore Manikya. A fine example of Indo-Saracenic architecture, this white sprawling palace with its colite structure is surrounded by lush Mughal



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sprawling palace with its colite structure is surrounded by lush Mughal Gardens. The palace's beautifully carved Chinese Room, tiled floors and doors are strikingly magnificent. It now houses the State's Legislative Assembly.

KAMALA SAGAR — (27 kms.) The temple of Goddess Kali atop a hillock. A big lake excavated by Maharaja Dhanya Manikya in the late 15th century, adds to its beauty.

BRAHMAKUNDA — (48 kms.) Famous for its colourful fairs held every year during the months of April and November. The tea gardens on the way are a major tourist attraction.

NEERMAHAL — (53 kms.) Or Palace in Water is spectacular edifice in the centre of the Rudrasagar Lake.

TRIPURA SUNDARI TEMPLE — (57 kms.) Situated on a hillock with a wide expanse of water, it was built by a former Maharaja, four and a half centuries ago. The temple is one of the 51 'Pithas' recorded in the Hindu Puranas. During Diwali (October - November) people from different communities assemble here.

DEOTAMURA — (70 kms.) Or the Peak of Gods, is an extensive range of hills situated between Udaipur and Amarpur sub-divisions. Has interesting panels of images carved on the hills facing the river Gumti.

DUMOOR LAKE — (110 kms.) Deep green islands dot the panorama of transparent waters, Feel the thrill of a motorboat or float aimlessly in a country boat.

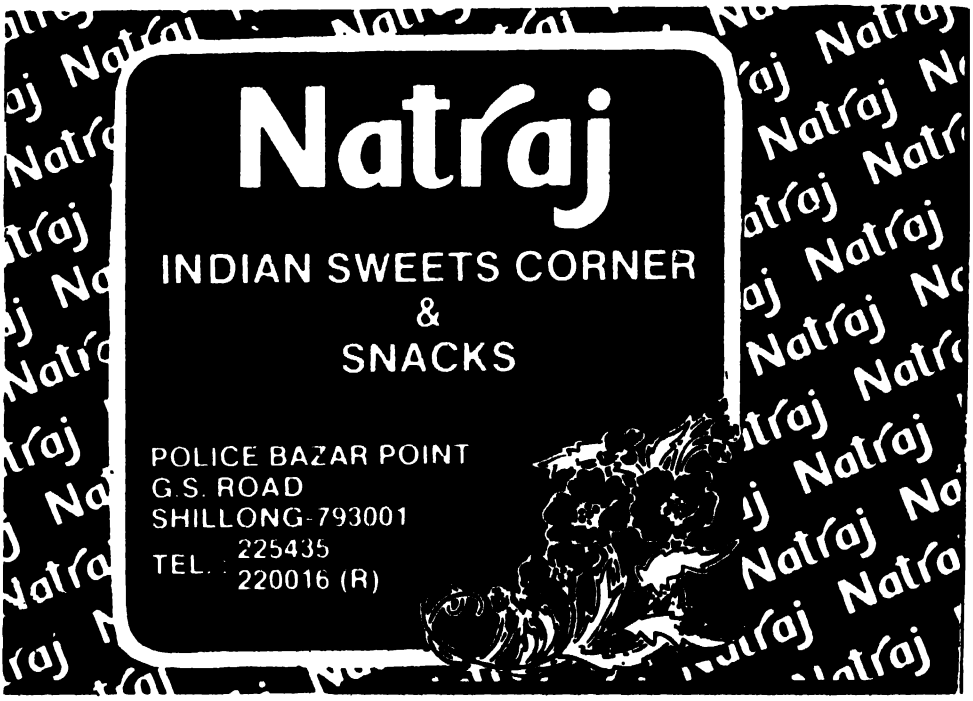
BHUBHANESWARI TEMPLE — (110 kms.) The temple has been immortalised by Rabindranath Tagore's famous plays Visarjan & Rajarshi. Built by Maharaja Govinda Manikya, the temple is situated on the right bank of the river Gumti at Udaipur.

UNAKOTI — (180 kms. from Agartala) Along a serpentine carpeted road is Unakoti Tirtha - a holy place for thousand of pilgrims. Magnificent rock figures and stone images dating to the 12th century are found here. There is also an image of Lord Shiva, holding a conch in the left hand, a position seldom found elsewhere.

JUNGLE MAGIC

SEPAHIJALA WILDLIFE SANCTUARY — The sanctuary covers an area of 18.53 sq.kms. and has a rich collection of wildlife, particularly birds and primates. There is a zoo, botanical garden, picnic spot and lake. Enjoy an elephant ride or sit in the toy train.





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Best time to visit : September - March.

Nearest town : Agartala (33 kms.).

Accommodation is available at Absarika, Forest Bungalow.

SHOPPING TIPS

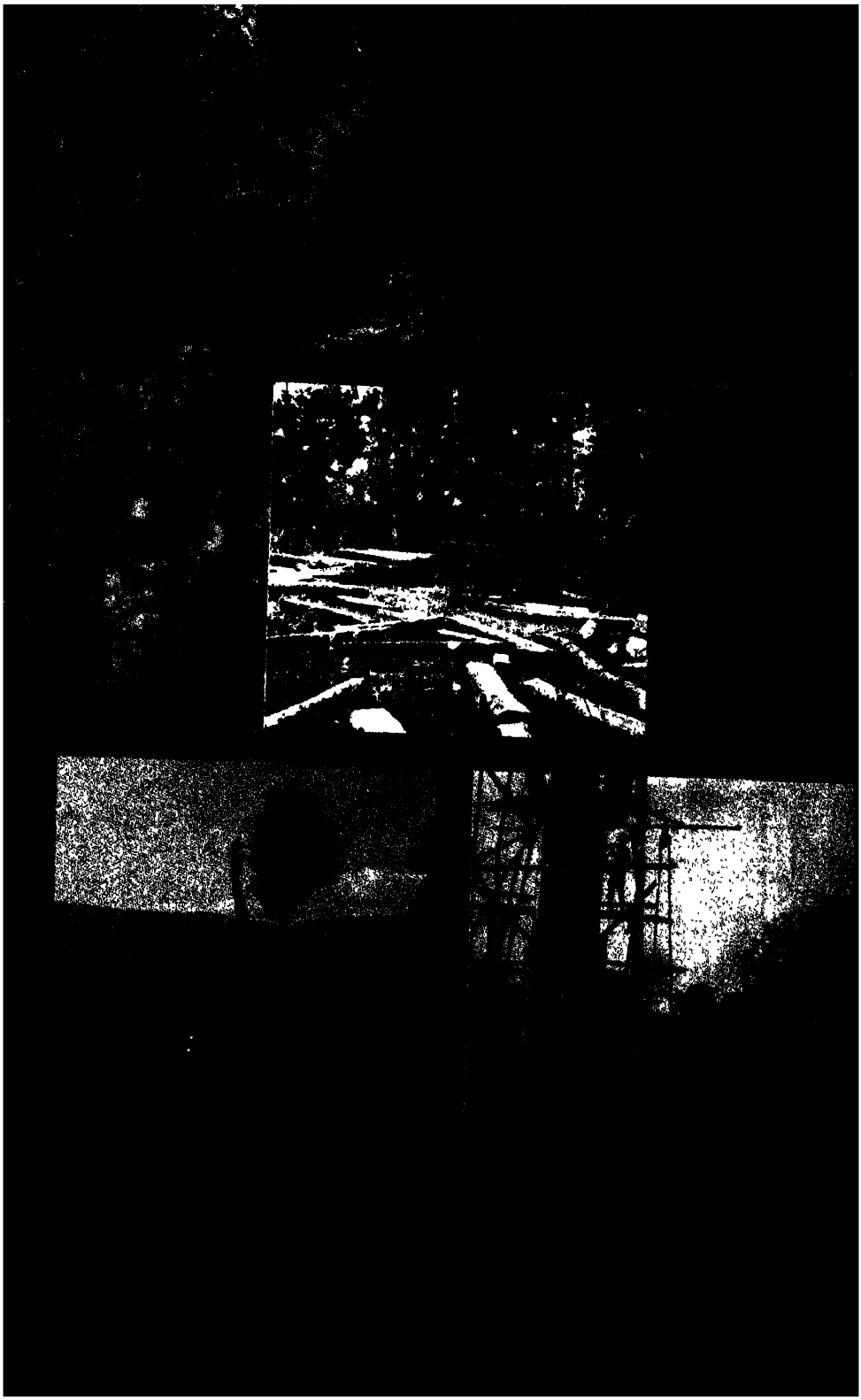
Tripura is noted for its cane craft and bamboo articles. It has a heritage of colourful handlooms which are available at the State Govt. Emporia.

(Matter Source : Govt. of India Tourist Office)

MAP OF THE NORTH EAST




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Gram : Fordevco

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SUGGESTED NORTH-EAST ITINERARY

DAY	ARR/DEP	MODE	PLACE
1st Day	Arr Calcutta or Delhi		Overnight stay
2nd Day	Dep Calcutta or Delhi	By Air By Air	For Guwahati. Sightseeing and overnight stay. April is the festival season in Assam.
2nd to 4th Day	In and around Guwahati		Bihu, the major harvest festival, is celebrated with great fevour throughout Assam.
5th Day	Dep Guwahati	By Air	For Imphal and overnight stay.
5th to 7th Day	Stay in Manipur		In April Vasanta Rasa in celebrated throughout Mainpur. Sightseeing in and around Imphal.
8th Day	Dep Imphal	By Road	For Kohima and overnight stay.
8th and 9th Day			In and around Kohima.
10th Day	Dep Kohima	By Air	For Guwahati via Dimapur.
10th Day	Dep Guwahati	By Road	For Itanagar.
11th Day	Arr Itanagar		Sightseeing in and around Itanagar
12th and 14th in	Arunachal Pradesh	By Road	Visit to Bomdila (Festival in Feb.) Visit to Tawang (Fest. in Feb/March)
15th Day	Dep. Bomdila	By Road	Via Itanagar to Guwahati
16th Day	Arr. and Dep. Guwahati		For Shillong over night stay. Shad Suk Mynsiem, thanks giving dance of Khasis, held in April at Shillong.
17th Day &			Shillong including Cherrapunjee.
18th Evng.	Dep. Shillong	By Road	For Silchar
19th Day	Dep. Silchar	By Road	For Aizawl Overnight stay.
20th & 21st Day			Sightseeing
22nd Day	Dep. Aizwal	By Road	For Agartala via Silchar.
23rd Day			Sightseeing.
24th Day	Dep. Agartala Dep. Calcutta	By Air By Air	For Calcutta. For Delhi.

Itinerary planing : Courtesy, Govt. of India Tourism Office, Calcutta





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IN INDIA

Agra
191, The Mall,
Agra-282 001
Uttar Pradesh
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Aurangabad-431 005
Maharashtra
Tel: 24817

Bangalore
KFC Building,
48 Church Street,
Bangalore-560 001
Karnataka
Tel: 5585417

Bhubaneswar
B-21, Kalpana Area,
Bhubaneswar-751 014
Orissa. Tel: 54203

Bombay
123 M Karve Road,
Opp. Churchgate,
Bombay-400 020
Maharashtra
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Telex: 011-82922
Fax: 91-022-2014496

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West Bengal
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Telex: 021-2038 TOCA IN
Fax: (033) 242-3521

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B.K. Kakati Road,
Ulubari,
Guwahati-781 007
Assam. Tel : 547407

Hyderabad
3-6-369/A-30,
Sandozi Building,
2nd Floor,
26 Himayat Nagar,
Hyderabad-500 029
Andhra Pradesh
Tel: 660037

Imphal
Old Lambulane,
Jail Road,
Imphal-795 001
Manipur. Tel. 221131

Jaipur
State Hotel,
Jaipur-302 001
Rajasthan. Tel: 72280

Khajuraho
Near Western Group of Temples,
Khajuraho-471 606
Madhya Pradesh
Tel: 2047, 2048

Kochi
Willingdon Island,
Kochi-682 009
Kerala, Tel: 340 352
Telex: 0885-6847

Madras
154, Anna Salai,
Madras-600 002
Tamil Nadu.
Tel: 8269685, 8269695
Telex: 041-7359
Fax : 044-8266893

Naharlagun
Sector'C', Naharlagun,
Arunachal Pradesh
Tel: 328

New Delhi
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New Delhi-110 001
Tel: 3320005, 3320008, 3320109, 3320266, 3320342

Punaji (Goa)
Communidade Building,
Church Square,
Panaji-403 001
Goa. Tel: 43412

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P.O. Port Blair-744 103
Andaman & Nicobar Islands, Tel: 21006

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Police Bazar,
Shillong-793 001
Meghalaya. Tel: 225632

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Manama. Tel: 715713
Fax: 00973-715-527

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Fax: 42-65-0116

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Fax: 4577996
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Director of Tourism
M.T.C. Building
Police Bazar, Shillong - 1
Phone : 226054

M.T.D.C. Ltd.
Orchid Hotel
Polo Road, Shillong - 1
Phone : 224933

M.T.D.C. Ltd.
Meghalaya House
9, Russel Street,
Calcutta- 71
Ph : 290797, 290819

Tourist Office
Meghalaya House
9, Aurengzab Road
New Delhi-110 011
Ph : 3014417

Tourism Information Centre
State Transport Station,
Paltanbazar,
Guwahati-1, Ph : 527276

TOURISM SET-UP : NEIGHBOURING N.E. STATES

ARUNACHAL PRADESH :

Directorate of Information & Public Relations and Tourism, Naharlagun, Papum Pare Dist., Arunachal Pradesh. (Phone 4371)

Liason Officer, Govt. of Arunachal Pradesh, R.G. Baruah Road, Guwahati, Assam. (Phone 62859)

Arunachal Pradesh Information Centre, 4B, Chowringhee Place, Roxy Cinema Bldg., Calcutta 700 001. (Phone 248-6500)

Resident Commissioner, Govt. of Arunachal Pradesh, Chankyapuri, Kautilya Marg, New Delhi 110 021. (Phone : 3017909)

ASSAM :

Directorate of Tourism, Station Road, Guwahati 781 001, Assam. (Phone : **54-7102/4475**)

Tourist Information Office, Assam House, 8, Russel Street, Calcutta 71. (Phone : 298331-3)

Tourist Information Office, B-1, Baba Kharak Singh Marg, New Delhi 1. (Phone : 345897)

MANIPUR :

Directorate of Tourism, Near Raj Bhavan, Imphal 795 001, Manipur. (Phone : 224603)

Manipur Bhawan, Rajgarh Road, Guwahati, Assam. (Phone : 40707)

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Assistant Resident Commissioner, Nagaland House, 29, Aurangzeb Road, New Delhi. (Phone : 3015638/4289)

TRIPURA

Directorate of Information, Cultural Affairs & Tourism, Agartala, Tripura.

Tourist Information Centre, Tripura Bhawan, G.S. Road, Ulubari, Guwahati 781007. (Phone : 28767)

Tourist Information Centre, Tripura Bhawan, 1, Pretoria Street, Calcutta 700 071. (Phone : 242 2801/5703)

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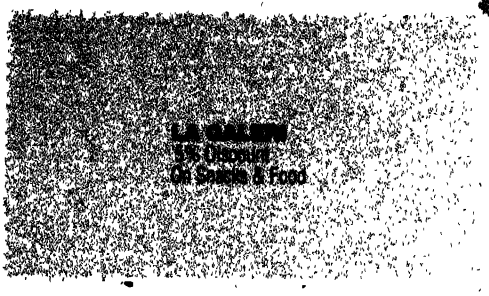
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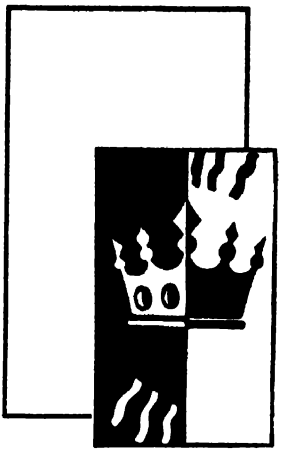
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Shri B.C. Phukan, Deputy Secretary.	223004	227804
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Shri J. Dringwell Rymbai, Minister, Food & Civil Supplies, Civil Defence & Home Guards and Trade.	223224 2437	222103

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	Office	Residence
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Shri Chamberline B. Marak, Minister, Agriculture, (including Minor Irrigation) and Tourism.	223977 2254	227221
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Shri Kitdor Sylem, Minister, Community & Rural Development.	226351 2397	223921
Shri Joylance G. Momin, Minister, Social Welfare, Co-operation and Printing and Stationery.	223509 2285	226117
Shri James Marvin Pariat, Minister, Home (Police), Home (Passport) and Urban Affairs.	223235 2374	226276 227355
Dr. Henry Lamin, Minister, Education, Arts & Culture, and Fisheries.	224408 2207	227969
Shri Pynshai Manik Sylem, Minister, Sports & Youth Affairs and Home (Jails).	224913 2393	223035
Shri Maaonsingh Sangma, Minister, Soil Conservation and Information & Public Relations	224338 2447	223953
Shri Atul C. Marak, Minister, Forests and Environment, General Administration.	223346 2204	225171
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Dr. R.C. Laloo, Minister, Planning & Evaluation, Taxation and Science & Technology	227871 2431	222270
Dr. F.A. Khongjam, Minister, Health & Family Welfare	222763 2412	226302

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Shri Sujit Sangma, Minister, Power	226352 2516	223953
Shri Sanbor Swell Lyngdoh. Minister, Public Works	226422 2218	230204
Shri Gopinath Sangma, Minister of State, Independent Charge :- Sericulture and Weaving, and also to assist Minister in-charge of Food & Civil Supplies.	223978 2252	227001
Shri Archibold Sangma, Minister of State, Independent Charge :- Animal Husbandry & Veterinary and Dairy Development, and Weight & Measures and also to assist Minister in-charge of Housing.	223422 2304	226684 Dalu-257
Shri Tony Curtis Lyngdoh, Minister of State, Independent Charge :- Excise and Communications, and also to assist Minister in-charge of Education	226401 2399	226596
CHIEF SECY./PRINCIPAL SECY.		
Shri K. K. Sinha, IAS., Chief Secretary, Principal Liaison Commissioner and State Vigilance Commissioner.	224801 2250	223083
Shri S.K. Agnihotri, IAS., Resident Commisioner, Meghalaya House, (New Delhi) and Principal Secy.	3015503	6885047
Shri Rangan Dutta, IAS., Principal Secretary Finance, Planning, PID. Soil Conservation, Commissioner of Institutional Finance, Forest & Environment.	223979 2284	226834
COMMISSIONER & SECRETARIES		
Shri J.P. Singh IAS Chairman, M.E.S.E.B. Agricultural Production Commissioner.	226367 226345	223041
H. W. T. Sylem, IAS., Commissioner of Division & Ex-Officio Addl. Dev. Commr. for East and West Khasi Hills, Jaintia Hills and Ri-bhoi Districts.	226349 2259	230145

	Telephone Numbers	
	Office	Residence
Commr. & Secy. to the Govt. of Meghalaya, E.R.I.S Deptt. Home (Police) Deptt. Political Deptt. Political Deptt. Cabinet Affairs Deptt. Sectt. Admn. Deptt. Chairman, Meghalaya State Warehousing Corporation	226349 2269	230145
Shri J. Tayeng, IAS., C & S Mining & Geology Industries, Labour, A.H. & Vety. Chief Inspector of Boilers Chief Inspector of Factories	226424 2312	223078
Shri A.K. Tigidi, IAS., C & S, P.H.E., Information & Public Relations, C & S to the CM, Commr of Division and Ex-Officio Addl., Dev. Commr. for East, West and South Garo Hills District.	227872 2560	225605
Shri P. J. Bazeley, IAS., C. & S. Election, Health & F.W. Dept., Member Secy. to the Meghalaya Admv. Reforms Commission, Chief Electoral Officer.	224638	223695
Shri Alok Jain, IAS., C & S., Home (P & J), Commr. for Departmental Enquiries, Chairman, Board of Revenue.	224359 2411	222754
Kumari Parul Devi Das, IAS., C & S Social Welfare, Relief & Rehabilitation, Cooperation, Housing,	224184 2356	230030
Shri R. Chatterjee, IAS., C & S Edn., GAD., Power,	223930 2409	226256
Shri W.M.S. Pariat, IAS. C & S, Personnel & A.R. (A)/(B), Re-organisation, Com. & Rural Dev., Revenue, Counsellor for IAS Probationers, Spl. Director of Land Records & Survey.	222016 2262	226575
Shri G.P. Wahlang, IAS. C & S, Fisheries Deptt.,	224003 2210	222014
Shri H. Chinkhenthang, IAS C & S, Communication, Soil Conservation, Weights & Measures, Forest & Environment.	225212 2259	227932



	Telephone Numbers	
	Office	Residence
Shri B.K. Dev Verma, IAS C & S, District Council Affairs, Agriculture (including Minor Irrigation). Sports & Youth Affairs.	227572 2321	224353
SECRETARIES/ADDL. SECRETARIES		
Shri S. S. Gupta, IAS., Secreatry P.I.D., Arts & Culture, Tourism, Secy. to the Governor	222502 2322	223003
Shri K. S. Krohpha, IAS., Secretary, Election, Addl. C.E.O., Transport	224387 2462	
Shri H. K. Mazhari, IAS., Secretary, Urban Affairs. Printing & Stationery, BAD.	225424 2580	225792
Shri L. Jyrwa, IAS, Secy. Law & Parliamentary Affairs.		
Shri C.K. Hazarika, IAS Secy., PWD.		
Shri Jatridenbir Singh, IAS. Addl. Secy., Health & Family, Welfare, District Council Affairs		
Shri S. Dam, IAS. Addl. Secy. to the Governor, Add. Secy. Tourism.	2537	226574
Smti M. R. Mawlong, IAS., Addl. Secretary, Food & Civil Supply, Commi. of Excise.	224106 2251	225260
Shri P. Naik, IAS., Addl. Secy., Planning, P.I.D.	2463	
Shri C.D. Kynjing, IAS., Addl. Secy. Personnel & A.R. (A), Political, Home (P).	223578 2500	224337
Shri P.S. Thangkhiew, IAS. Addl. Secy., Com. & Rural Dev., Mining & Geology.	227199 2256	222468
Shri P. K. Bhowmik, IAS., Addl. Secretary. Transport.	223113 2407	226006
JOINT SECRETARIES		
Smti. M. A. Shadap, IAS, Jt. Secretary Education, Power.	2414	

	Telephone Numbers	
	Office	Residence
Shri R.M. Mishra, IAS. Joint Secretary, Agriculture, Co-operation.	226684	227340
Shri P. Kharkongor, IAS., Jt. Secretary Information & Public Relation.	224957 2289	
HEADS OF DEPARTMENT		
Chief Electoral Officer.	224638 2279	223695
Chief Engineer, P.W.D. (Buildings).	226551 2295	226926
Chief Engineer, P.W.D. (Roads).	226481 2394	224217
Chief Inspector of Boilers and Factories.	224184 2356	230030
Commandant, Meghalaya Civil Task force.	2436	230271
Commissioner of Divisions.	224638 2279	
Commisssioner of Excise.	225084 2495	225260
Commissioner of Taxes.	226857 2253	225254
Commissioner of Transport.	223113 2407	226008
Controller of Weights and Measures.	222576 2342	
Director of Accounts and Treasuries, etc.	227572 2321	
Director of Agriculture.	222460 2280	224034
Director of Animal Husbandry and Veterinary.	226033 2265	223595
Director of Art & Culture.	225431	227784
Director of Border Areas Development.	227198	
Director of Civil Defence & Commandant General of Home Guards.	225614 2468	223580

	Telephone Numbers	
	Office	Residence
Director of Community Deveopment.	227758 2440	230271
Director of Economics, Statistics & Evaluation.	224943 2426	223733
Director of Employment and Craftsman Training and Labour Commissioner.	223445	
Director of Fisheries.	2361	227784
Director General of Police.	224879 222366 2350	226699
Director of Health Services (M.I.).	224354 2292	226237
Director of Health Services (M.C.H.).	227122 2355	226382
Director of Health Services (Research).	226563 224910	226237
Director of Housing.	2311	224708
Director, Institutional Finance.	225523 2531	227708
Director of Industries.	226253	225047
Director of Information and Public Relations.	224957 2334	222962 224004
Director of Land Records & Surveys.	226579	230353
Director of Mineral Resources.	222285 2318	227808
Director of Meghalaya Lotteries.	227343 2597	226574
Director of Printing and Stationery.	227777 2343	224626
Director of Public Instruction.	223948 2249	
Director of Sericulture and Weaving.	223279 2293	223473
Director of Small Savings.	227184 2420	
Director of Social Welfare.	225187	
Director of Soil Conservation.	224551 2277	224666



	Telephone Numbers	
	Office	Residence
Director of Sports and Youth Welfare.	227140 2391	223381
Director of Supply.	224108 2251	225260
Director of Tourism.	226054 2337	225515
Director of Urban Development.	225424 2580	225792
Inspector General of Prisons.	226601 2404	222234
Labour Commissioner.	223445	
Principal C.C.F.	225631 2313	227261
Registrar of Cooperative Societies.	226684 2222	227340
Secretary, Rajya Sainik Board.	225613	225351
Senior Inspector of Electricity.	2333	226396
Examiner of Local Accounts	2515	
MEGHALAYA HOUSE, DELHI		
Shri S. K. Agnihotri, IAS., Resident Commissioner, New Delhi.	3015503	6885047
Assistant Resident Commissioner.	3014341 3015605	
MEGHALAYA HOUSE, CALCUTTA		
Shri B. Purkayastha, Trade Advisor and Director of Movements, Calcutta.	29-1776	29-7220
Shri B. Lyngdoh, Liaison Officer.	29-1777 29-1775	
LIAISON OFFICER GUWAHATI AIR PORT		
Shri J. George,	82218	82271

The information produced above was correct till 8th Dec. 1993 and was provided by the kind courtesy of the Secretary to the Govt. of Meghalaya, Dept. of Printing & Stationery, Shillong.



Forest Development Corporation of Meghalaya Ltd.	Lower Lachumiere	226631/4177
Mawmluh Cherra Cements Ltd.	Taxation Building	226756/6523
Meghalaya Co-operative Apex Bank Ltd.	Kachari Road	226027/4160
Meghalaya Govt. Construction Corporation Ltd.	Rilbong	225595/7843
Meghalaya Electronic Development Corp. Ltd.	Upland Road	222143/230202
Meghalaya Handloom & Handricrafts Dev. Corp. Ltd.	Upland Road	225776
Meghalaya Industrial Development Corp. Ltd.	Upland Road	224763/7974
Meghalaya Khadi & Village Industries Board	Temple Road	223657
Meghalaya Mineral Development Corp. Ltd.	Barik Main Road	227155/2475
Meghalaya Non-conventional & Rural Energy Development Agency	Lachumiere	222849
Meghalaya Pollution Control Board.	Temple Road	227064/7017
Meghalaya State Agriculture Marketing Board	Lachumiere	227247
Meghalaya State Co-operative Marketing & Consumers Federation Ltd.	Garikhana	225794/4048
Meghalaya State Co-operative Union Ltd.	Kenches Trace	223213
Meghalaya State Electricity Board	Short Round Road	222690/6292
Meghalaya State Ware Housing Corp. Ltd.	Taxation Bldg.	226221/6596
Meghalaya State Housing Co-of Society Ltd.	Quallapatty	226614
Meghalaya Transport Corporation	Jail Road	222864/6800
Meghalaya Tourism Development Corporation Ltd.	Polo Road	224933/2029
Meghalaya Watches Ltd.	Short Round Road	226355
Meghalaya Board of Secondary Education	Tura	



MEMBERS : MEGHALAYA LEGISLATIVE ASSEMBLY

NAME	CONSTITUENCY.	LOCAL ADDRESS:	PHONE
Shri Admiral K.Sangma	56-Dalamgiri (ST)	Near St. Peter's School, Dhankheti, Shillong	227001
Shri Adolf-lu-Hilter R. Marak	57-Rangsakona (ST)	Glenurquart Bungalow, (near Ward's Lake)	(R) 225340 (O) 224620
Shri A.H. Scott Lyngdoh	19-Jaiaw (ST)	Jaiaw, Shilong.	227935
Shri Anthony Lyngdoh	22-Laban	Madan Laban, Shillong.	
Shri Archidbold A.Sangma	55-Dalu (ST)	Oakland, Shillong.	(O) 223422 (R) 226664
Shri Atul C. Marak	50-Selsela (ST)	Oakland, Shillong.	(O) 223346 (R) 225171
Shri Augustine Marak	46-Dadenggiri (ST)	M.L.A. Hostel.	(O) 227559 (R) 224388
Shri Beckstar Sangma	47-Rongchugiri (ST)	M.L.A. Hostel,	
Shri Brening Sangma	54-Kherapara (ST)	M.L.A. Hostel.	
Shri Brington Buhai Lyngdoh	27-Langkyrdem (ST)	New Colony, Laitumkhrah.	(R) 224571
Shri Chamberline B. Marak.	44-Bajengdoba (ST)	Forest Lodge Keatinge Road.	(O) 223977 (R) 223552
Shri Constantine Lyngdoh.	10-Nongpoh (ST)	Lummawbah, Upper Shillong P.O. Kynton	
Dr. Donkupar Roy	30-Shella (ST)	M.LA. Hostel.	(R) 227121
Shri D.N. Joshi	21-Mawprem	Upper Mawprem.	(R) 224912
Shri Edmund S. Lyngdoh	6-Nongbah-Wahiajer (ST)	Risa Colony.	
Shri Elstone D. Marak	40-Kharkutta (ST)	C/O Lotsing Sangma Minister I/C. Labour	
Shri Evansius K. Mawlong	9-Umroi (ST)	Lumsohphoh, Lower Mawprem.	(R) 226984
Dr. Flinder Anderson Khonglam	29-Sohra (ST)	C/O. Liensibon Khonglam, Mission Compound Malki.	(O) 222763 (R) 226684
Shri Frankestein W. Momin	41-Mendipathar (ST)	Taraghar Bungalow.	(O) 222148 (R) 226685

NAME	CONSTITUENCY.	LOCAL ADDRESS.	PHONE
Shri Gopinath Sangma	59-Salmanpara (ST)	Near St. Peter's School, Dhankheti,	(O) 223978
Shri G.S. Massar	28-Nongskhen (ST)	Riatsamthiah	(R) 225198
Shri H. Donkupar R. Lyngdoh	14-Sohiong (ST)	Upland Road, Laitumkhrah.	(R) 227121
Dr. Henry Lamin.	5-Nartiang (ST)	D.M. Syiem Cottage, Nongthymmai.	(O) 224408 (R) 227989
Shri H. Ledishon Nongsiang	36-Mawthengkut (ST)	M.L.A. Hostel.	
Shri Hopingstone Lyngdoh	34-Nongstoin (ST)	Jaiaw Langsning	(R) 226594
Shri H.S. Shylla	26-Nongkrem (ST)	Kynton-U-mon, Nongkrem.	
Shri James Marvin Pariat	18-Pynthorumkhrah	"Polo Hills" Near Golf Club Pynthorumkhrah	(O) 223235 (R) 226276
Shri J. Dringwell Rymbai	11-Jirang (ST)	Mawlai Mawdatbaki.	(O) 224267
Shri John Deng Pohrmen	1-War Jaintia (ST)	Bhagyakul Laitumkhrah.	(O) 224284 (R) 226348
Shri Joylance Momin.	52-Tura (ST)	Maccabe Road, Polo.	(O) 223509 (R) 226599
Dr. Justin Khonglah	19-Laitumkhrah (ST)	Don Bosco, Laitumkhrah.	(R) 225656
Shri Kitdor Syiem	12-Mairang (ST)	"Crab Tree", Near Assam House.	(O) 226351 (R) 223921
Shri Lokhindor Hajong	60-Mahendraganj.	Members' Hostel	
Shri Lotsing A. Sangma	37- Baghmara (ST)	Pinewood Hotel Compound.	(O) 226350 (R) 226611
Shri Manirul Islam Sarkar:	48-Phulbari	Members' Hostel.	(O) 224396
Shri Martle Mukhim	25-Dienglieng (ST)	Mission Compound, Mawkhar.	
Shri Mansonsing Sangma	53-Chokpot (ST)	Oakland.	(O) 224338 (R) 223953
Shri Mestonath Kharchandi	31-Mawsynram (ST)	Riatsamthiah.	(O) 224221 (R) 223402
Shri Methrona R.Marak	51-Rongram (ST)	Polo Ground.	
Shri Mihsalan Suchiang:	4-Raliang (ST)	Members' Hostel.	
Shri Monindra Rava	45-Tikrikilla (ST)	Member's Hostel.	(O) 226447 (R) 226685
Dr. Mukul Sangma	58-Ampatigiri (ST)	Members' Hostel.	
Shri Oliverneat Shyrmang.	3-Sutnga-Shangpung (ST)	-do-	

NAME	CONSTITUENCY.	LOCAL ADDRESS.	PHONE
Shri Probin K. Raswai	35-Langrin (ST)	Kenches' Trace.	(O) 226043 (R) 225603
Shri Projend D. Sangma.	38-Rongrenggiri (ST)	Shuberies Bungalow.	
Shri Pynshai Manik Syiem	15-Mylliem (ST)	Lummawbah, Upper Shillong.	(O) 224913 (R) 223035
Shri Rowell Lyngdoh.	32-Mawkyrawat (ST)	Upper Lumpyngngad, Motinagar.	(O) 224802 (R) 226353
Dr. Roytre Christopher Laloo.	7-Jowai (ST)	M.L.A. Hostel.	(O) 227871 (R) 226302
Smti. Roshan Warjri	20-Mawkhar (ST)	Mawkhar Main Road.	
Shri Salseng C. Marak	42-Resubelpara (ST)	"Taraghar Bungalow" Bivar Road.	(O) 224282/227913 (R) 223922/226768
Shri Sanbor Swell Lyngdoh.	24-Sohryngkham (ST)	Demthring House, Upper Nongthymmai.	(O) 227572 (R) 230204
Shri Sayeedullah Nongrum	49-Rajabala (ST)	Opp. Rynjah Villa, Lower Lumparing.	
Shri Simon Siangshai	2-Rymbai (ST)	Upper Nongthymmai Opp. Police Beat House.	
Shri S. Loniak Marbaniang	13-Nongspung (ST)	Seven Sisters Cottage Upper Nongrim Hills.	
Shri S.R. Moksha	8-Mawhati (ST)	Mawlai Nongkwar (G.S. Road).	
Shri Standlington D. Khongwir.	23-Mawlai (ST)	Mawlai Nonglum.	223620/5223
Shri Sujit Sangma.	39-Rongjeng (ST)	Pinewood Hotel Compound.	(O) 226352 (R) 223953
Shri Tonsing W.Marak	43-Songsak (ST)	C/O Chief Minister "Taraghar Bungalow"	
Shri Tony Curtis Lyngdoh	16-Malki-Nongthymmai (ST)	Lawjynriew, Nongthymmai.	(O) 226401 (R) 226596
Shri Tubarlin Lyngdoh	33-Pariong (ST)	Langkyrding, Mawpat	

(Source : Courtsey, Nazarat Branch, Meghalaya Legislative Assembly, Shillong)



SHILLONG MUNICIPAL BOARD

NAME	DESIGNATION	ADDRESS	PHONE OFFICE	PHONE RESIDENCE
Sri G.M. War,	Chairman	Laitumkhrah, Shillong.	224650	230174
C.C.M.Mihsil,	Member Secretary.	C.E.O. Shillong Municipal Board	224128	223905
Sri R.S. Lyngdoh,	Member.	Jaiaw, Shillong.		
Sri E.H. Chen,	Member.	Riatsamthiah, Shillong		
Sri P. Nongkynrih,	Member.	Umsohsun, Shillong		
Sri Phinton Mylliemngap,	Member.	Laban, Shillong	—	226686
Sri Wanbud War,	Member	Malki, Shillong		
Sri P.B. Chetri,	Member	Mawprem, Shillong		
Sri Romet Passah,	Member.	Sunny hill, Shillong		
Sri S.L. Singhania,	Member.	Police Bazar, Shillong	224237	222393
Sri John Manik Noghuloo,	Member.	Laitumkhrah, Shillong		
Sri A.K. Sahoo	Member	Jail Road Shillong	223482	226877

MEMBERS : KHASI HILLS DISTRICT COUNCIL

NAME.	CONSTITUENCY:	ADDRESS:	PHONE.
Makdoh R.R. Kynsai, (Chairman)	Nongpoh.	Mawtnum B.P.O. Saiden, Nongpoh.	(O) 223280 (R) 225415
Khyriemmujat Dapman, (Deputy Chairman).	Sohryngkham.	Nongthymmai.	
Nongkynrih D.R., (C.E.M.).	Nongkrem.	Nongkrem, East Khasi Hills.	(O) 223601 (R) 223246
Cajee F.S., (E.M.).	Mawlai.	Mawlai, Phudmawri.	(O) 224628 (R) 224628
Diengngan Nondi, (E.M.)	Nongstoin.	Mawthungkper, P.O. Nongstoin.	(O) 225479 (R) 225478
Kharchandy J., (E.M.).	Mawsynram.	Mawsynram.	
Lyngdoh J.A., (E.M.).	Mawphland-Diengiei.	Ummyllur Sirdarship Marbisu.	
Muktieh Phingwell, (E.M.).	Mawlai	Mawlai Nongpdeng.	(O) 225538
Syiemlieh G.G., (E.M.).	Shella	Nongwar Village.	(O) 225576
MEMBERS			
Dohling K.C.	Laitkor	Swer Lawbah P.O. Mawkdoh.	
Hoojan Wanphran	Laban Mawprem.	Laban.	
Khonglam F.A.	Sohra.	Khlieh Shnong, Cherrapunjee.	(O) 222763 (R) 226684
Khongmalai J.	Lyngkyrdem.	Mylat Village, Pynursla.	
Lanong B.M.	Laitumkhrah-Malki.	Malki.	(R) 223609
Lyngdoh A.H. Scot	Jaiaw	Jaiaw.	(R) 227935
Lyngdoh H.S.	Pariong	Jaiaw, Langsning.	
Lyngdoh Rowell	Mawkyrwat	Lumpyngngad, Motinagar.	(R) 224892
Lyngdoh Y.K.	Mawthengkut	Nongkyna B.P.O. Riangdo.	
Lyngkhoi I.G.	Myriaw-Rambrai.	Mawphansyiar B.P.O., Myriaw Rambrai, West Khasi hills.	
Massar G.S.	Nongshken	Riatsamthiah.	(R) 225198
Massar H.L.	Mawkhar.	Mawkhar.	
Mawlong E.K.	Umroi	Lumsohphoh, Lower Mawprem.	(R) 226984
Mukhim Martle	Dienglieng	Lyngshing Village.	
Mynsong William.	Jirang	Harlibagan, P.O. Byrnihat.	209
Nonglait Rockyer Lyngdoh.	Nominated	Jaiaw Laitdom.	
Raswai E.K.	Langrin.	Nonglang, P.O. Mawkyrwat.	
Roy S.D.D. Nichols	Nongthymmai	Pohkseh, Nongthymmai.	(R) 224334
Ryntathiang Syon Sing	Nongspung Sohiong.	Laittarted B.P.O. Nongthliew.	
Syiem Kitdor	Mairang	Mairang Mission.	(O) 226351 (R) 223921
Syiem P.M.	Mylliem	Lummawbah.	(R) 223035

HEADMEN (RANGBASHNONG), SHILLONG

NAME	AREA	PHONE
Shri R.S. Lyngdoh	Jaiaw Laitdom	225904
Shri K. Rynjah	-do-	
Shri H. Syiem	Jaiaw Shylap/Lumpyllon.	223332/222149
Shri O.S. Ajar	Jaiaw Pdeng.	
Shri D.G. Lyngdoh	Jaiaw Lan Sona Lane.	
Shri R.P. Rynjah	Jaiaw Lengsning.	
Shri R.I. Rymbai	Sunny Hill.	
Shri B. Shangpliang	Wahingdoh.	
Shri N. S. Tariang	Quailapaty.	223362
Shri K. Laloo	Lama Villa.	
Shri Khroo Shullai	Naspatighari (Nongsohphoh).	
Shri R.R. Syntem	Upper Mawprem.	220133
Shri R.Kharkongor	Barapathar (Themmawbah).	
Shri D.S. Mawlong	Kench's Trace.	
Shri M. Chowdhury	Rilbong	223488
Shri Kharkongor	Wahthapbru.	
Shri H.P. Oflin	Malki	225714
S.D. Khongwir	Mawlai Nonglum	223620/225223
Shri W.S. Lyngdoh	Mawlai Mawdatbaki.	
Shri A. Jala	Mawlai Phudmari.	
Shri M. Mylliemngap	Lawmali Pyllun.	
Shri K.R. Lyngdoh	Mawlai Iewmghep.	
Shri P. Nongkynrih	Umsohsun.	
Shri K. Nongkynrih	Mawlai Syllaikariah.	
Shri L. Mawlong	Mawlai Kynton Massar.	
Shri B. Mawroh	Mawlai Mawroh.	
Shri O.G. Lamare	Lumdiengjri	
Shri K. Pyngrope	Umpling.	
Shri S. Khyriem	Nongthymmai	
Shri W C Banks	Nongthymmai Lumpyngad.	
Shri P. Kharpuri	Nongthymmai Lumsohphoh.	
Shri W.C. Kharkongor	Nongthymmai Lawjynriew	
Shri H.B Wallang	Nongthymmai Upper Lumparing.	
Shri C. Nongkynrih	Laban.	
Shri D.M. Mawrie	Nongthymmai Nongshilliang.	
Shri K.S. Nongkhlaw	Nongmynsong.	
Shri B. Nongnang	Nongthymmai Lumlahlelt.	
Shri K. Nongkynrih	Mawlai Syllai Kariah.	
Shri L. Jyrwa	Risa Colony.	
Shri P.R. Mawthoh	Cleve Colony.	
Shri E. Chen	Riatsamthiah.	
Shri Dilip singh	Lachumiere.	
Shri. Banker Rynjah	Lower Mawprem.	
Shri G.S. Basan	Dong Mission.	226909
Shri S.N. Shylla	Laitumkhrah.	223254
Shri T. Ryntathiang	Lumparing.	226837/223240
Shri S. S.Roy Thankhiew	Nongthymmai.	223935
Shri Sankar Singhania	Police Bazar.	224237
Shri F. Lyngdoh	Mawkhar	224091
Shri D.P. Chakraborty	Jail Road.	
Shri R.T. Rymbai	Oakland.	
ASSISTANT RANGBASHNONG :		
Shri A. Hanan	Mawkhar	227473
Shri T. Shanpru	Umsohsun.	
Shri T. Blah	Quailepatty	224345/227682
Shri T.W. Pakyntein	Oxford Hill.	

Frontier Chamber of Commerce

Mr. Omprakash Agarwala	President	223934 223107
Mr. Ramgopal Deorah	Sr. Vice President	222049
Mr. T.R. Ghosh	Vice President	224167
Mr. J.P. Agarwala	Vice President	
Mr. Srichand Gangwal	Hony. Genl. Secretary	226379
Mr. Sajjan Kumar Tharad	Addl. Hony. Genl. Sect.	
Mr. Dilip Das	Hony. Jt. Secretary.	225253
Mr. Babulal Surana	Hony. Jt. Secretary.	225586
Mr. Rameshwarlal Sharma	Hony. Asstt. Secretary.	
Mr. Biharilal Sharma	Hony. Asstt. Secretary.	224717
Mr. Ramgopal Jhunjhunwala	Treasurer.	225231

Meghalaya Chamber of Commerce & Industry

Mr. J.N. Bawri	Patron.	223430
Mr. S.C. Surana	President	224973 225562
Mr. S. Marbaniang	Vice-President.	226310
Mr. R.K. Chaudhury	Vice-President.	223818
Mr. L.P. Singh	Vice-President.	227875
Mr. R.L. Sethia	General Secretary.	223621 223409
Mr. B.K. Bajaj	Joint Secretary.	223908
Mr. J.P. Goenka	Treasurer.	226140 222121

Tribal Chamber of Commerce

Information not available till going to press.



Organisation	Head of the Office	Phone Off.	Phone Resi.
North Eastern Council Secretariat. Near Raj Bhawan, Shillong-793001.	Secretary.	222142 224391	223560
Subsidiary Intelligence Bureau, "Dhrubendra Bhawan", Laban, Shillong-793 004.	Joint Director.	223501	—
The Principal Accountant General (Audit), Assam, Meghalaya, Arunachal Pradesh, Mizoram, Near Raj Bhawan, Shillong-793 001.	Accountant General (Audit).	224171	—
Accountant General (A & E), Assam, Meghalaya, Arunachal Pradesh & Mizoram, Near Raj Bhawan, Shillong-793 001.	Accountant General (A & E)	223479 225103	226713
Chief Postmaster General, N.E. Circle, Shillong, Near Raj Bhawan, Shillong-793 001.	Chief Post Master General.	223800 222302	222760 226129
Small Industries Service Institute : Industrial Estate, Short Round Road, Near Meter Factory, Shillong-792 001.	Deputy Director I/C.	223349	—
Directorate General Assam Rifles, Arbuthnot Road, Shillong- 793011	Director General, Assam Rifles.	EPBX 230222/23 500	510
Anthropological Survey of India North East Regional Centre : (i) "Shiv Bhawan", Upper Lachaumiere, Shillong-793 001 (ii) "Sushama Kutir", Upper New Colony, Shillong-793003. (iii) Zonal Anthropological Survey of India Museum, Nongrim Hills, Shillong-793 003.	Deputy Director	223459 227049	224481

All India Radio, Near Raj Bhawan, Shillong 793 001.	Station Director	224153	223550
Ministry of Environment of Forests, North Eastern Regional Office, Upland Road, Laitumkhrah, Shillong 793 003.	Chief Conservator of Forests (Central)	227929	225940
Inspector General Border Security Force AMM & N Frontier. Umpling, Dumpling, Shillong.	Inspector General BSF, .Shillong	224305	224241
Market Intelligence Unit, Eastern Region. Keating Road, Shillong-793 001.	Inspecting Officer :	223835	—
Botanical Survey of India, Office of the Scientist-SE Eastern Circle :			
(i) Woodland Campus, Lower New Colony, Laitumkhrah, Shillong-793 003.	Scientist-SD- in-charge	223618 223971 224119	223581
(ii) Umroi Road, Umiam (Barapani).		74236	
Office of the Deputy Director General, Geological Survey of India, North Eastern Region. "Asha Kutir", Laitumkhrah, Post Box No. 11, Shillong-793003.	Deputy Director General (G)	223963 (PBX) Extn. 1 226285	224016
Office of the Deputy Controller of Accounts and Regional Pay and Accounts Office : IB: Ministry of Home Affairs. "High Wind Building", Laitumkhrah, Shillong-793003.	Deputy Controller of Accounts	226012	226287
ICAR Research Complex For N.E.H. Region: Barapani, East Khasi Hills :	Director	73-257 (Barapani)	73-302

Survey of India : North Eastern Circle Office, (i) Bonnie Brae Eastate, Malki, Shillong-793001. (ii) "Khraw Tariang", Dhankheti, Shillong-793001. (iii) "Zoram Villa", Bomfyle Road, Shillong-793001.	Director	224937	223410
Office of the Superintending Engineer, Telecom Civil Circle, Upland Road, Laitumkhrah, Shillong-793003.	Superintending Engineer	222901 222012	230215
Department of Telecom, Monitoring Ortanisation. Wireless Monitoring Station, Umpling, Shillong-793006.	Office in charge, Wireless Monitoring Station & Secretary, Regional Advisory Committee on Siting (RAC)	230113	224021
Central Ground Water Board, State Unit Office, Keating Road, Behind MeSEB Office, Shillong-793001.	Office-in-charge	223348	—
Central Water Commission, North Eastern Inv. Circle. Jamir Mansion, Nongshilliang, Shillong-793014.	Superintending Engineer	226865	224615
Atomic Minerals Division, Regional Centre For Exploration and Research, North Eastern Region, AMD Complex, Nongmynsong, P.O. Assam Rifles, Shillong-793001.	Regional Director, Hqrs. Shillong	225793	224219
North Eastern Regional Electricity Board, Central Electricity Authority, Integrated Office Complex, Meter Factory, Short Round Road, Shillong-793001.	Member-Secretary	226150 224712	223096



Central Public Works Department, Meghalaya Central Division, (i) CleaveColony, CPWD Campus, Dhankheti, Shillong-793003. (ii) Raja Villa, Malki Point, Shillong-793001.	Chief Engineer, Head of the Deptt. of CPWD (NEZ)	225976 223533	223429
Office of the Director of Census Operations, Meghalaya. Bomfyle Road (Near St. Anthony's College), Shillong-793001.	Director of Census Operations	224249	222331
Regional Inspectorial Organisation, Central Electricity Authority, Nongrim Hills (Near Mizo Modern High School), Shillong-793003.	Deputy Director	230086 222518	226091
Office of the Collector of Customs & Central Excise : (i) Laitumkhrah, Shillong-793003 (ii) Morello Compound, Post Box No. 8 Shillong-793001. (iii) Nongthymmai, Shillong-793014.	Collector	224751 222597	226669
Office of the Superintendent of Police, Central Bureau of Investigation, Oakland, Trevor's Lane, Shillong-793001.	Superintendent of Police	223142	223495
Office of the Assistant Chief Controller of Imports & Exports, Morello Building, Shillong-793001.	Asstt. Chief Controller of Imports & Exports, Ministry of Commerce	223360	224656
Directorate of Census Operations Arunachal Pradesh, Hamslet Cottage, Lummawrie, Laitumkhrah, Shillong-793003.	Director	223938 230086	221518

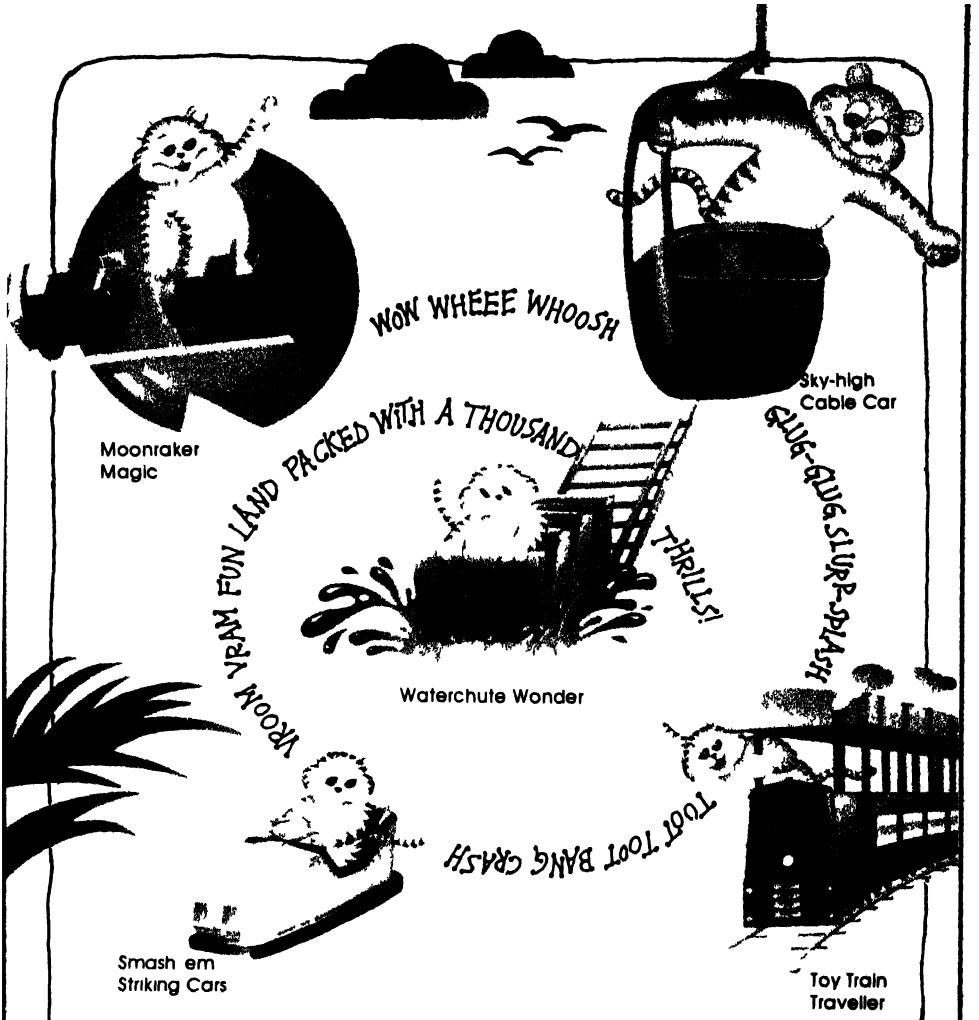
North Eastern Indira Gandhi Regional Institute of Health & Medical Sciences, Boyce Road (Near Shillong College) Shillong-793003 (administrative Office).	Director	225947	225910
National Sample Survey Organisation (Field Operations Division) Meghalaya Region, Oakland Road, Shillong-793001.	Regional Assistant Director	224952	—
Regional Office for Health and Family Welfare, "Felli Ville", Lumsohphoh, Shillong-793014.	Regional Director (H & FW)	226843 226689	223364
Office of the Commissioner of (I) Income Tax, North Eastern Region: Aayakar Bhawan, Mahatma Gandhi Road, Shillong-793001 and	Commissioner of Income Tax	226918	223698
(ii) "Down Side", Dhankheti, Shillong-793001	Extn :	223587 223758	
Dept. of Field Publicity Regional Office (MMT), Shillong. Temple Road, Shillong-793001.	Regional Officer (MMT)	223192	223066
Kendriya Vidyalaya : Happy Valley-Shillong: 793007.	Principal I/C	224300-2497 (Army)	
Kendriya Vidyalaya, Eastern Air Command: Eastern Air Command, Nonglyer, Upper Shillong-793009.	Principal	224531	224531
Kendriya Vidyalaya, (NEHU) North Eastern Hills University Campus, Mawlai, P.O. Phudmawrie, Shillong-793008.	Principal	225893	225893
Office of the Regional Director, National Savings, Meghalaya Region, Lachumiere, Shillong-793003.	Regional Director (Actg).	223233	—



Office of the Assistant Provident Fund Commissioner, "Monbha Villa", Laitumkhrah Main Road, Laitumkhrah, Shillong-793003.	Asstt. Provident Fund Commissioner	224062	—
Office of the Registrar of Companies, Assam, Tripura, Manipur, Nagaland, Meghalaya Mizoram and Arunachal Pradesh. Morello Building (Ground Floor)	Register of Companies	223665	227235
Office of the Director of Scheduled Castes & Scheduled Tribes, Nongrim Hills, Shillong-793003.	Director	230096	230261
Central Seismological Observatory, "Meath Home", 3rd. Mile, Upper Shillong-793005.	Meteorologist I/C.C.S.O. Shillong.	223178	
Govt. of India Tourist Office, U Tirot Sing Syiem Road (G.S. Road), Shillong-793001.	Manager	225632	—
Zoological Survey of India, Eastern Regional Station Fruit Garden, Risa Colony, Shillong-793003.	Scientist"SD" and Officer-in-charge.	226495	224367

The above informations were collected from the Central Government Employees' Welfare Co-ordination Committee (CGEWCC): Shillong's publication compiled during 1993.





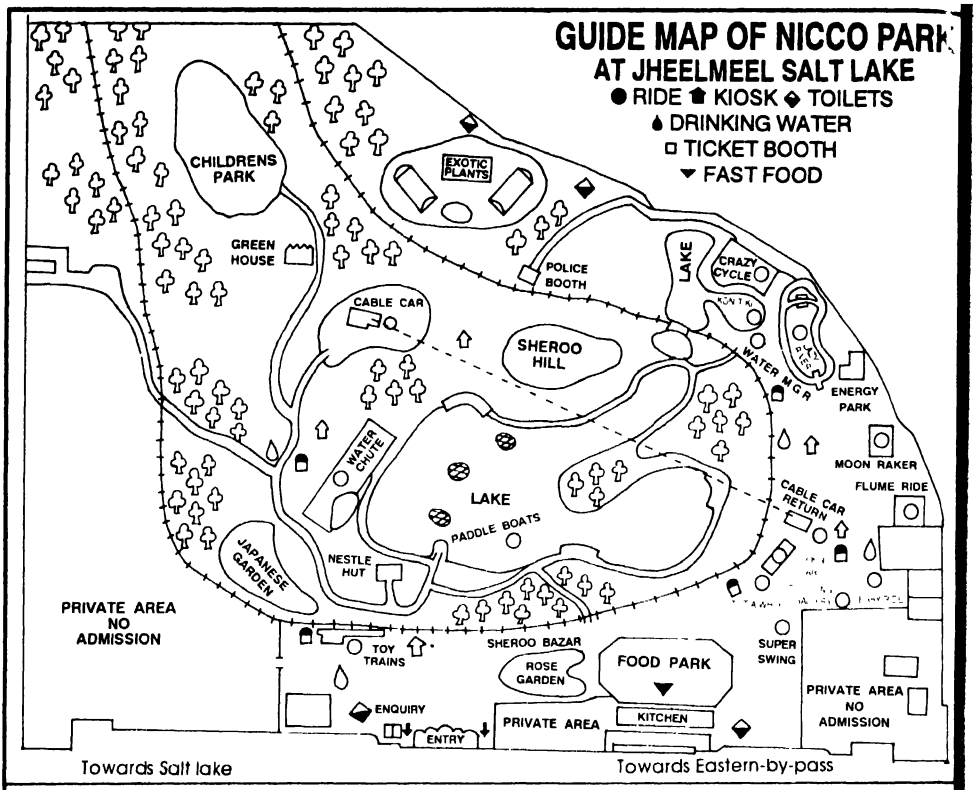
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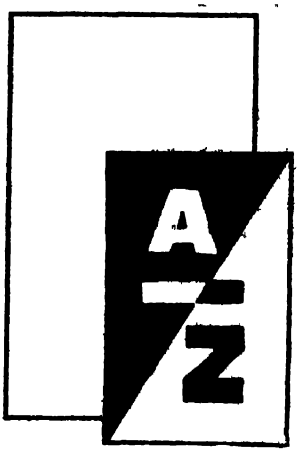
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Focus Advertising	Rilbong	
Hindusthan Advertising	Laban	223806
JASH CONCEPTS	**POLICE BAZAR**	**(PP) 223094**
Kapana Ads.	G S. Road	226183
Megha Ads.	G.S Road	220832
Update Advertising	Laban	

AGENCY HOUSES

DALTON MASSAR.	**BARA BAZAR**	**223966**
Kaluram Jayanarayan	G S Road	224978
Radharani Stores.	Police Bazar	224406
R.K Bros.	Jail Road	227333
S.P. Surana.	G.S. Road	223022
Surajamani Paul.	Bara Bazar	224710

AGRICULTURAL AGENCIES

Enbee Enterprises	Bara Bazar	220975
Green Field Enterprises	Umshoshun	225744
HONSEN LYNGDOH	**BARIK MAIN ROAD**	**225168**
N.E. Agency	G S. Road	226311
Stanley Roy Constructions	Mawlai	226171

ARCHITECTS

Bhandari, S.K.	Lachaumiere	222472
Cajee, J.S.	Mawkhar	222371
Corrie, Sydney	Motinagar	226819
Kharmaphlong, F.S.	Arbuthnot Road.	
Verma, M.	Lower Lachaumiere	220894
Verma, V.	Lower Lachaumiere	220894

ARMS & AMMUNITION

M/S. B.Roy Nongrum	Mission Compound	
M/S. Hamlet Parlat	Mawkhar Main Road	
M/S. MAHARI & SONS	**BARA BAZAR**	**224260**
M/S. K.M. Diengdoh	Umshoshum	223887
M/S. K. S. Shallam.	Garikhana	

ARTISTS

Barbhuiya, M.H.	NEHU Complex, Mawlai.
Kharkongor, George B.W.	Laitumkhrah.
Lyngdoh, Lakyntiew R.	Nongthymmai.

Nampui, Michael	Spring Field Enterprise, Laitumkhrah	
Shanpru, Mainsingh M.	Artful Art, Jaiaw Lansonalane	
Sohtun, M.K.D.	Jaiaw Laitdom	
Warjri, Raphael	Spectrum Audio Visual Jaiaw Main Road	

ASTROLOGERS

Chowdhury, Kaushik	Rilbong	227232
Talukdar, M.D.	Laitumkhrah	

AUDITORIUMS

Bangiya Sahitya Parishad	Jail Road	
Dev Kumar Memorial Hall	Bishnupur	
Dinam Hall	Jaiaw Main Road	
Giti Natya Samaj	Thana Road	
Parish Hall	Next To Addl Sectt	
State Central Library	Mahatma Gandhi Road	
Youth Centre	Laitumkhrah	

AUTOMOBILE DEALERS

Bhowmick Motors	Polo Bazar	225528
GOENKA ENGINEERING	**KEATING ROAD**	**227986**
Walford Transport Ltd.	Jowai Road	223767
Stanley Roy Constructions	G S. Road, Mawlai	225075
Stephen Belle & Co	Upper Nongthymmai	230111

AUTOMOBILE PARTS SHOPS

ASSAM AUTO AGENCIES	**FIRE BRIGADE**	**223455**
Agarwal Motors	Bara Bazar	223879
Assam Motors	Bara Bazar	225302
Bharat Automobiles	Mawlanghat	224431
B S. Automobiles	Mawlanghat	226431
Central Automobiles	Laitumkhrah	226073
Choudhury Auto Spares	Keating Road	224431
D.S. Bareh	Mawlai	224587
Good Luck Automobiles	Nongthymmai	227 12
Govind Automobiles	Nongthymmai	222459
I.Rani Automobiles	Mawlonghat	227619
Kurbah & Sons Automobiles	Mawlai	222616
LAKSHMI AUTOMOBILES	**KEATING ROAD**	**220878**
Lalit Automobiles	Upper Nongthymmai	227983
L.M. Automobiles	Jingkieng	

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Laxmi Automobiles

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Madan Mohan & Co.	Bara Bazar	222439
Meghalaya Automobiles	29, Cantonment	224699
M.K. Automobiles	Lukier Road	225564
Monosha Automobiles	G.S. Road, Barabazar	224226
New Auto Store	Mawlanghat	223731
Nirmal Motors	Mawlanghat	223020
Pawan Automobiles	Mawlanghat	224517
Pipalwa Automobiles	Bara Bazar	226370
Prakash Automobiles	Bara Bazar	226898
Rajasthan Automobiles	20A. Cantonment	223741
Rajdhani Motors	Bara Bazar	226389
SAIGAL AUTOMOBILES	**LAITUMKHRAH**	**227927**
Saigal Accessories	Laitumkhrah	226561
Sainik Automobiles	Jinking	225767
Singhania Automobiles	Bara Bazar	224094
S.D. Automobiles	Band Stand	227006
S K. Automobiles	29A, Cantonment	226703
S.S. Automobiles	29, Cantonment	225147
Sundar Automobiles	Laitumkhrah	226157

AUTOMOBILE SERVICING

ABE Automobiles Eng Works	Mawlai	226506
Assam Auto	Fire Brigade, Laitumkhrah	223455.
Barua Motors	Keating Road	
Das Auto Engineering	26/B. Cantonment	227336
Khan Motor Works	Keating Road	223848
MUKHERJEE MOTOR WORKS	**Keating Road**	**223735**
N.L. Motors	Jaiaw	
P.R. Motors	Laitumkhrah	
Roy and Sharma	Keating Road	
Speed Way	Laitumkhrah	226862

AUTOMOBILE TYRE DEALERS

Aerowheels (India)	Abhinandan Arcade,	
(MODI CONTINENTAL)	Police Bazar	222233
Assam Auto Agencies (DUNLOP)	Fire Bridgade	223455
Autowheels (India) (CEAT)	Rilbong	223226
Espee Agency (J.K.)	Rilbong	227892
Meghalaya Tyres (GOODYEAR)	Mawlonghat	226431
Meghalaya Tyre Service (VIKRANT)	Quinton Road	227706
New Auto Agencies (MRF)	Bara Bazar	223731
S.K. Deepak (MODISTONE)	Keating Road	224344



BAR ASSOCIATION

Executive Committee Members		223694
Mr. E.S. Jyrwa, President	Mawkhar Main Road	227020
Dr. N.K. Dev, Vice-President	Lower Arbuthnot Road	230268

Mr I. Lamare, Vice President	Lower Mawprem	
Mr. B.K. Deb Roy, Secretary	Jail Road	220071
Mr. V.K Jindal, Member	Motinagar	226968
Ms. Binu Hazarika, Member	Nobogopal Road	223775
Mr J N Deb Chowdhury, Member	Fruit Garden	224846
Mr H Ahmed Member	Laban	224404
Mr P C Biswas, Member	Umpling	225898
Mr K.B Paul, Member	Howel Road, Laban	224899
Mr L. Marbaniang, Member	Bhagyakul	226874
Ms Minati Sarmah, Member	Nongmalki Road	226368
Ms Kiron Mehra, Member	Biver Road	226075
Mr C P Upadhaya, Member	Police Reserve	
Mr O S Ajar, Member	Jaiaw	227859
Mr Ranabir Chowdhury, Member	234, Umpling	230461
Ms Jahanara Kharbih, Member	Bishop Cotton Road	
Mr S P Mohanta, Member	Laitumkhrah	
Ms Kalpana Das, Member	Bishnupur	227143
Mr H Nongkhlaw Member	Mylliem	

BARS

Balvinder Bar	G S Road	224156
Ee Cee Hotel & Restaurant	Jail Road	224058
Hotel Alpine Continental	Thana Road	223617
HOTEL CENTRE POINT	POLICE BAZAR	225210
HOTEL PINE BOROUGH	POLICE BAZAR	227523
HOTEL PINE WOOD ASHOK	RITA ROAD	223116
Hotel Polo Towers	Oakland Road	222863
Liza Bar	Malki	227328
ORCHID HOTEL	POLO GROUND	224933
Oriental Restaurant & Bar	Police Bazar	220716
Shillong Club Ltd.	Mahatma Gandhi Road	226872
Shillong Golf Club	Polo Ground	223071

BANKS

Allahabad Bank	Jeep Stand	226089
Bank of Baroda	Police Bazr	226965
Bank of India	Upper Shillong	222895
Bank of India	Motinagar	220250
Canara Bank	G S Road	226061
Canara Bank	Garikhana	
Central Bank of India	29, Cantonment	224872
Central Bank of India	Laitumkhrah	222674
Central Bank of India	Extn Branch, G S Road	
Federal Bank Ltd	G S Road	223989
Indian Overseas Bank	Morello Building	224816

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Chairman,		**224160**
Managing Director		**223027**
Branches :	**Laitumkhrah**	
	Mawkhar	
	Secretariat	
National Bank of Agr. & Rural Dev.	Lachaumiere	227463
Punjab National Bank	G.S. Road	224848
Purbanchal Bank Ltd.	G.S. Road	226816
Shillong Co-operative Urban Bank Ltd.	G.S. Road	224465
STATE BANK OF INDIA		**PABX 224608**
Zonal Office :		
Dy. General Manager :	**Bawri Mansion.**	**224071**
Asst. General Manager	**Bawri Mansion.**	**224662**
Chief Manager (C&I & IB)	**Bawri Mansion.**	**226840**
Chief Manager (P&SB)	**Bawri Mansion.**	**224427**
Admn. Secy. to DGM.		**224071**
Regional Manager.		**226462**
Branches :		
Shillong Main Branch.		**223520**
Bara Bazar		**224385**
Dhankheti		**223141**
Laitumkhrah		**224557**
Meghalaya Secretariat		**225392**
G.S. Road		**225391**
Garikhana		**225491**
Happy Valley		**223070**
Laitkor		**223974**
Polo		**222231**
Assam Rifles.		**230152**
Mawlai		**225996**
Mawngap		**223545**
Kenches Trace		
Barapani		**226112**
Staff Training Centre		**224634**
Holiday Home.		**225537**
Small Industries Dev. Bank of India	Morello Building	222639
Syndicate Bank.	G.S. Road	227348
Union Bank of India	Laban Branch	224946
	Mawlai Branch	224283
	Nongthymmai Branch	224225
United Bank of India.	G.S. Road	226354
United Bank of India.	Polo Road	
UCO Bank.	G.S. Road	223551
Vijaya Bank.	G.S. Road	226905
Vijaya Bank.	Laitumkhrah Branch	224890

BAKERIES

Eee Cee Enterprise.	**Lachumiere**	**224058**
Fancy Stores	**Bara Bazar**	**224115**
Guddittia.	**Laitumkhrah**	
J.S.	**Jaiaw Lansning**	

MAHARI & SONS.		**224280**
New India Restaurant	Jail Road	223720
R B Stores	Police Bazar	223405
Rezina	Near Lady Haidari Park	
Floury	Jail Road	225588

BEAUTY PARLOURS

Beauty Care	Mahatma Gandhi Road	
Crimpers	Malki	
ELEGANCE	**DON BOSCO ROAD**	
Jennys	Malki	225360
JJ'S BEAUTY PARLOUR	**THANA ROAD**	**223617**
POISE HEALTH & BEAUTY PARLOUR		**225027**
G.S. ROAD		
Shenaz Herbal Beauty Parlour	Don Bosco Road	
Vals	Laitumkhrha Point	
Venus Beauty Parlour	Laban	

BONDED WAREHOUSES

Eastern Bonded Ware House	Jail Road	220092
Green Land Bonded Ware House	G S Road	222804
Meghalaya Bonded Ware House	Thana Road	226145
Mohan MeakinsLimited	Near Secti	223812
O S Bonded Ware House	G S Road	223934
Purbanchal Bonded Ware House	Near Secretariat	223812
Victoria Bonded Ware House	Lachumiere	227280
Shillong Bonded Warehouse	Jail Road	222092

BOOK SHOPS

Akasi Book Stall	Laitumkhrah	
Books & Mags	Glorys Plaza, Police Bazar	
B N Book Depot	Bara Bazar	
Chapala Book Stall	Police Bazar	224916
Gewali Book Stall	Bara Bazar	
Hima Book Stall	Mawkhar	
Super Market Himalaya Book Sta	Bara Bazar	227460
Khasi Book Stall	Mawkhar	
Super Market Khasi Book Centre	Bara Bazar	
Khasi Jaintia Book Stall	Mawkhar	
Super Market Lyngdoh Book Stall	Mission Compound	
Masan Books and Stationery	Jaiaw	
Meghalaya Book Stall	Bara Bazar	
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Synod Book Room.	Mawkhar Super Market	222982

BOUTIQUES

Carina	G.S. Road
Venus	Laban
Vikash	Kachari Road
Jojo's	Glorys Plaza, Police Bazar



CABLE NETWORKS

Aristo Vision	Laban	225625
Channel 7	Jaiaw	227437
Club Sat	Nongthymmai	222259
Gypsy Cable Network	Laitumkhrah	225656
JJ's Cable Network	Laitumkhrah	220525
Lelangki Cable TV Network	Kenches Trace	226202
Megeast Cable Communication	Laitumkhrah	230525
MSC	Mawlai	227930
Pearl's Cable TV Net Work	Police Bazar	220686
Premier Cable Net Work	Madanrting	225738
Reeta Mawlong Cable TV Net Work	Mawprem	227065
Reeta Mawlong Cable TV Net Work	Riatsamthiah	226426
Sattelite TV Links	Laitumkhrah	226450
Seven Seas Cable Net Work	Upper Mawprem	220398
Shivan View Club	Mawkhar Point	224464
Star Vision Cable TV Network	Umpling	
Uttam Network	Dhankheti	224129
World View Club	Police Bazar	223446
Wide View Club	Jaiaw	226211
World Vision Links	Nongrimmaw	
World Wide Vision	Jaiaw	

CHARTERED ACCOUNTANTS

Biswas, A.S.	Above UCO Bank, G.S. Road.	226973
Gupta, Vijay,	Godwin Hotel, G.S. Road.	223308
JOSHI, KIRON	**L.D.B. BUILDING, G.S.ROAD.**	**223727**
Mordani, B.	Mohini Stores, Police Bazar.	223492
Mazumdar, U.C.	Upland Road, Laitumkhrah.	223388
Paul, Ajit.	Police Bazar.	225630
Sharma, G.L.	G.S. Road.	225127

CINEMA HALLS

Aarti	Happy Valley



Anjalee	Cantonment	224118
Bijou	Police Bazar	224657
Dreamland	Police Bazar	224786
Mini Dreamland	Police Bazar	224786
Payal	Thana road	227161
Rhino	Cantonment	
Soaltee	Happy Valley	

COLOUR LABORATORIES

Colour Calcutta	Lower Lachumiere	
Karuz Studio	Mahatma Gandhi Road	224977
Kis Colour Lab	Dhankheti	

COMPUTER DEALERS

ANDERSON COMPUTERS	**LOWER LACHUMIERE**	**224224**
INDIAN EXPORT & IMPORT CO	**G S ROAD**	**223949**
J M Computers	Arbuthnot Road	222935
Lifeline Enterprise	Bara Bazar	222847
PCDS	Laitumkhrah Point	
VDPC	New Kenches Trace	227879

COMPUTER SCHOOLS

B D P S	Dhankheti	
Classic Computer	Thana Road	
Cubic Computer	Upland Road	
Grace Systems	Mawkhar	226284
INFORMATIC COMPUTER INSTITUTE	**135, UPPER NEW COLONY.**	**226069**
Institute of Computer Education	Aerodene Jowai Road	

CONFERENCE FACILITIES

Hotel Alpine Continental (250 pax)	Thana Road/Quinton Road	225361
HOTEL PINEWOOD ASHOK (300 PAX)	**RITA ROAD**	**223116**
HOTEL CENTRE POINT (20 PAX)	**POLICE BAZAR**	**220480**
Hotel Polo Towers (300 pax)	Polo Road	222342
ORCHID HOTEL (100 PAX)	**POLO ROAD**	**224933**
SHILLONG CLUB (150 PAX)	**KACHARI ROAD.**	**226872**

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Party Decorators	Umsohsun	225572
Party Decorators	Polo Bazar	
Sharmila Catering & Decorator	Laban	
Sujata Decorators	Lower Jail Road	

DRAPERS

Dukes	G.S. Road	223614
Leads	Keating Road	225419
LILA BROTHERS	**G.S. ROAD**	**223374**
Mohinis	G S. Road	226628
Mohini Stores	Police Bazar	223492
Roop Kala	Umsohsun	224833
Style Craft	G.S. Road	222405
UNCLE'S SHOP	**POLICE BAZAR**	**226997**
Sunrise Tailors	Laban	224696



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Premier Electronics	Beat house, Laitumkhrah	225738
Radio Electrical Stores	G.S. Road	
Radio T.V. Engineering	G.S. Road	
SARKAR	**KEATING ROAD**	**225738**
SARKAR	**G.S. ROAD**	
SHILLONG RADIO ENGINEERING	**G.S. ROAD**	**223709**
Skylark	G.S. Road	227157
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Bata.	G.S. Road.	223773
Bata.	Bara Bazar.	
Bata	Laitumkhrah.	
DALUJA'S	**G.S. ROAD.**	**225280**
Diplomat	Police Bazar.	220821
Finewalk.	Bara Bazar.	224364
Fox	Glorys Plaza, Police Bazar	220742
Little Leather.	Glorys Plaza, Police Bazar	225390
Lovely Shoes.	Police Bazar.	226297
Novelty	Bara Bazar.	
O.K. Shoes.	G.S. Road.	220497
Paul & Co.	Police Bazar.	223754
Ranjai Sri & Sons.	Bara Bazar.	
Rhino Stores.	Police Bazar.	226912
Shoe Centre.	G.S. Road.	223568
Shoe Corner	Bara Bazar.	225579
Sooper Shoes.	G.S. Road.	220843
3 IN 1	**LAITUMKHRAH**	**224327**
Well Walk.	G.S. Road.	
WONG-N-SONS.	**G.S. ROAD.**	



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Hanumanbux Motilal	Police Bazar	224925
Hanumanbux Umadutt	Police Bazar	224437
H U Textiles	Police Bazar	
S P Textiles	Police Bazar	223396

FURNITURE

Ashok Furniture	Lartumkhrah	225838
Delux	Kachari Road	224497
Furniture house	Rilbong	223027
Janata	Thana Road	224042
Khartan	Dhankheti	225285
MEGHA	**POLICE BAZAR**	**224141**
Mirullah	G S Road	223306
SARKARS.	**KEATING ROAD.**	**227262**
Techno-Quip	Red Hill Road, Lartumkhrah	225397

G

GARMENTS

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BABLA'S SHOPPE	**G.S.ROAD**	**225637**
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Bhajanlall Srinivas	Police Bazar	223136
Bombay Dyeing (Co Showroom)	G S Road	227789
Broadway Collection	G S Road	225820
D C M (Co Showroom)	G S Road	
Genesis	Glorys Plaza, Police Bazar	220742/220720
GLAMOUR.	**POLICE BAZAR**	**226167**
FRIENDSHIP	**POLICE BAZAR**	**227535/224532**
IN FASHION.	**G.S. ROAD.**	**227776**
Joy Stores	Thana Road.	226146
Jeyces.	Police Bazar.	223648
Krishna Emporium	G S Road.	222795
Mohinis.	G S Road.	226628
Mohini Store.	Police Bazar.	223492
Motirams	G S Road.	223282
Enteycee (Co. Showroom).	G S. Road.	
Ramkrishna Stores.	Police Bazar.	223282
RIGHT SHOP	**G.S. ROAD.**	**225821**
Saree Palace.	G.S. Road.	226508

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UNCLE'S SHOP.	**G.S. ROAD.**	**226997**

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ECSTASIS.	**G.S. ROAD.**	
EXOTICA :	**G.S. ROAD/POLICE BAZAR**	**223159**
GIFT CENTRE.	**CENTRE POINT ARCADE**	
Grand Bazar.	Police Bazar.	224509
J.S. STORE.	**LAITUMKHRAH.**	**226249**
Jojo's	Glorys Plaza, Police Bazar	
Kojani's	Dhankheti	
R.B. Store	Police Bazar.	223405
SUPER BAZAR.	**G.S. ROAD.**	**223374**
Shop N Save	G S Road	225719

GROCERS

Agarwal Stores	Laitumkhrah
Babul Stores	Polo Bazar
Banga Lakshmi Store	Police Bazar
Barua Brothers	Police Bazar
B Baruah Store	Laitumkhrah
S.C. Das.	Jail Road
J. Mohan Deb.	Police Bazar
Deepak Store	Laitumkhrah
Dutta Brother.	Umpling
Deb Brother.	Jail Road
R.K. Deb & Sons.	Bara Bazar
Kalash Dev & Sons.	Bara Bazar.
Gupta Stores.	Laitumkhrah
Icchamayce Store.	
Jagmata Madanlal.	Happy Valley
Lyngdoh Stores.	Laban
Manoj Stores.	Laban
Pandit Stores.	Bara Bazar
Pandit Liladhan	Umpling
Purkayastha Store	Polo Bazar.
Sharma Stores	Polo Bazar.
Sharma Stores.	Laban.
Sharms Stores.	Happy Valley.
Shyam Stores.	Laban



HAIR DRESSERS

Benchline	**G.S. Road.**	**225199**

Debonair : Prakash Hotel	Laitumkhrah	226561
Maharashtra Saloon.	Laban	
Mercury.	Umsohsun	
Old Spice.	Polo	
Park Avenue.	Thana Road	
Sunshine.	Bawri Mansion, Dhankheti	

HANDLOOMS & HANDICRAFTS

Assam Emporium.	G.S. Road	
INDIA EMPORIUM.	**G.S. ROAD**	
Khadi Gram Udyog.	Jail Road	
KHADI BOARD SHOWROOM.	**LOWER LACHUMIERE**	
MANIPUR EMPORIUM.	**JAIL ROAD**	**225163**
Meghalaya Handlooms & Handicrafts	Jail Road	
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PURBASHREE.	**JAIL ROAD**	
Tantuja.	Jail Road	

HARDWARE STORES

BASGITRAM RADHAKRISHNA	**LAITUMKHRAH**	**223542**
DECORA ENTERPRISES.	**G.S. ROAD, GARIKHANA**	**224715**
D.N. Agarwal & Sons.	Garikhana	224083
Gajanand Chachan.	Jeep Stand	224491
J.K. Enterprise.	G.S. Road	222991
Hills Hardware Stores.	Mawlonghat	
Hardware & Sanitary House.	29, Cantonment	224207
Kedarmull Bimalkumar.	Bara Bazar	223433
Kedarmal & Sons.	Bara Bazar	223908
Mondol Hardwares.	Laitumkhrah	226606
Nandlal Shankarlal.	Bara Bazar	223431
Surendra Hardwares.	29, Cantonment	227168
Tirupati Traders.	Bara Bazar	220645/222645
Vijay Enterprises.	Mawlonghat.	

HOSPITALS / NURSING HOMES

Bethseda Nursing Home.	Kench's Trace, Bishnupur.	
Civil Hospital.	Laban.	224100/224368
Civil Hospital (O.P.D.)	Police Bazar Point	226381
Ganesh Das Hospital	Polo	224786
Govt. Eye Hospital.	Laban.	225399
Jeebanram Goenka Hospital.	Jhalupara.	223953
K.J.P. Synod Hospital.	Jaiaw.	223916/223953
Lady Kerr Welfare.	Laban.	223408
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R.P. Chest Hospital		Mawprem.	223201
Saket Nursing Home.		Mawlai.	
Woodland Nursing Home		Dhankheti.	225240



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LIFE INSURANCE CORPORATION

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H. Singh Jewellers.	Bara Bazar.	226295
Kashmir Jewellers.	Bara Bazar.	224341
M.M. Dey & Sons.	G.S. Road (Near PNB).	226339
Montu Jewellers.	A.C. Lane, Police Bazar.	225032



Pal Jewellers.	Laban (Near Shiv Mandir).	
Popular Jewellers.	G.S.Road (Opp. U B I.)	
New Meena House.	Laban	
S. Shyam Singh & Sons	Bara Bazar	
Singh Jewellers.	Police Bazar.	223711
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LADIES TAILORS

Bechu Tailoring.	G S Road	223281
K B. & Sons.	G S. Road.	
Master Qumaruddin	G S. Road.	
Rafique Tailors.	Nongthymmai	
Santosh Tailors	Umsohsun	

LAUNDRIES

Bombay Dry Cleaners & Dyers.	G S. Road.	223776
	Bara Bazar	223862
	Laitumkhrah.	223830
	Laban.	
Mohans.	Garikhana.	227470
	Laban.	
Mohan Sons.	M.G. Road.	223752
	Laitumkhrah.	224636
	Bara Bazar.	224377
	Laban.	

LIBRARIES

Bangiya Sahitya Parishad.	Jail Road.
Brahmo Samaj Library.	Mahatma Gandhi Road.
Jibon Roy Memorial	Mawkhar
Netaji Pathagar.	Rilbong.
State Library.	Mahatma Gandhi Road.

LIQUOR SHOPS (Retail)

Annis Liquor.	Keating Road.	
Appu Wine Store.	G.S. Road.	224125
Brightwell Wine Store.	Malki.	
B.N. Dey & Co.	Police Bazar.	224435
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Link Wine Store.	Anjalee Cinema Road.	
Mawlonghat Wine Store.	Bara Bazar.	
Megha Wine Store.	G.S. Road.	225362
MAHARI & SONS.	**BARA BAZAR.**	**224260**
Meghalaya Wine Stores.	Police Bazar.	
N.E. Wine Store.	Police Bazar.	
Provisions & Necessities.	Laban.	
Pine View Wine Store.	Polo.	
Reliance Wine Store.	Happy Valley.	
Regatta Store.	Laitumkhrah.	226597
Shop n Save.	G.S. Road.	225719
Step in Wine.	G.S. Road.	
Saqi Wine Store.	G.S. Road.	
Shillong Wine Store.	Bara Bazar.	224883
Star Wine Store.	Thana Road.	
Shillong Wine Mart.	Police Bazar.	
Vinni Plazo	Laitumkhrah.	227846
Vino Wine Merchant.	G.S. Road.	224125
Varrunnete Wine Store.	G.S. Road.	225215
West End Wine.	Bara Bazar.	
Wine Centre.	29. Cantonment.	225939

LPG DEALERS

Eehcloy Gas Agency.	Laitumkhrah	227545
Longkmie Gas Agency.	Kenche's Trace	225258
Khasi Pnar Gas Agency.	Bara Bazar.	227682
Sukbha Gas Agency.	Laitumkhrah	227732
United Fruit Co. Ltd.	Jaiaw.	223237

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Naj Gas Appliances	Quinton Road.



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Laitumkhrah	**Laitumkhrah**
Iewduh.	**Bara Bazar.**
Polo Bazar.	**Polo.**
Police Bazar.	**Police Bazar.**
Shillong Super Market.	**Mawkhar.**
Malki Bazar.	**Malki.**
Jail Road Bazar.	**Jail Road.**



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Chowdhury Pharmacy.	Police Bazar.	224435 220698
City Pharmacy.	Bara Bazar.	227623
Dasco Medical.	Laitumkhrah.	226654
Deb Medicos.	Bara Bazar.	
Delite Pharmacy.	Police Bazar.	224036
Drugs & Optics House.	Bara Bazar.	226405
Drug Store.	Laitumkhrah.	
Drug Store.	Laitumkhrah.	
Economic Medical Hall.	Police Bazar.	224237/222393
Enawi Health Care.	Bara Bazar.	
Gupta's Medico.	Polo.	
Jaymaa Pharmacy.	Lalchand.	
K.G. Medical.	Bara Bazar.	227478
Kiran Drugs.	Polo.	
Laban Drug House.	Laban.	
Laban Medicos.	Laban.	
Lifeline Drugs.	Jail Road.	
Medicine Corner.	G.S. Road.	
Medi- Cure.	G.S. Road.	
Mediciner.	Laitumkhrah.	
Nirmala Drug Home.	Laitumkhrah.	226158
Puina Medical.	Umpling.	
Peoples' Medical Centre.	Mawlai.	
Popular Pharmacy.	Laban.	226174
Raymed.	Umpling.	
Redi Cura.	Bara Bazar.	223186
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MAR	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17	18	19	20
APR	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17
MAY	16	17	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15
JUN	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17	18	19
JUL	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17
AUG	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17	18	19	20	21
SEP	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17	18
OCT	16	17	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15
NOV	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17	18	19	20
DEC	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17	18

1994

JAN	16	17	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15
FEB	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8	9	10	11	12	13	14	15	16	17	18	19
MAR	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17	18	19
APR	17	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16
MAY	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17	18	19	20	21
JUN	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17	18
JUL	17	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16
AUG	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17	18	19	20
SEP	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17
OCT	16	17	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15
NOV	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10	11	12	13	14	15	16	17	18	19
DEC	18	19	20	21	1 22	2 23	3 24	4 25	5 26	6 27	7 28	8 29	9 30	10 31	11	12	13	14	15	16	17

1996

	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
JAN	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	22	23	24	25	26	27	28	29	30	31											
FEB				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	19	20	21	22	23	24	25	26	27	28											
MAR				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	19	20	21	22	23	24	25	26	27	28	29	30	31								
APR							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
MAY		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	21	22	23	24	25	26	27	28	29	30	31										
JUN					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	18	19	20	21	22	23	24	25	26	27	28	29	30								
JUL							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
AUG			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
	20	21	22	23	24	25	26	27	28	29	30	31									
SEP						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30							
OCT	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	22	23	24	25	26	27	28	29	30	31											
NOV				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	19	20	21	22	23	24	25	26	27	28	29	30									
DEC							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						

1996 (Leap Year)

	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
JAN		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	21	22	23	24	25	26	27	28	29	30	31										
FEB					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	18	19	20	21	22	23	24	25	26	27	28	29									
MAR						1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16
	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						
APR		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	21	22	23	24	25	26	27	28	29	30											
MAY				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18
	19	20	21	22	23	24	25	26	27	28	29	30	31								
JUN							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15
	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30						
JUL		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	21	22	23	24	25	26	27	28	29	30	31										
AUG					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	18	19	20	21	22	23	24	25	26	27	28	29	30	31							
SEP	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	22	23	24	25	26	27	28	29	30												
OCT			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19
	20	21	22	23	24	25	26	27	28	29	30	31									
NOV					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17
	18	19	20	21	22	23	24	25	26	27	28	29	30								
DEC	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21
	22	23	24	25	26	27	28	29	30	31											

STATE HOLIDAYS

GENERAL HOLIDAYS (State)

Date	Weekday	Festival
1st January	Saturday	New Year's Day
21st January	Friday	Meghalaya Day
26th January	Wednesday	Republic Day
14th March	Monday	Id-Ul-Fitre
1st April	Friday	Good Friday
25th May	Wednesday	Buddha Purnima
15th August	Monday	Independence Day
11th October	Tuesday	Maha Saptami
12th October	Wednesday	Maha Ashtami
13th October	Thursday	Maha Navami
14th October	Friday	Vijaya Dashami
3rd November	Thursday	Diwali
23rd November	Wednesday	Seng Kut Snem
12th December	Monday	Patogan Nengminza Sangma
26 & 27th December	Monday& Tuesday	Christmas Festival
30th December	Friday	U Kiang Nangbah Day
Date not yet fixed		Beh Dein Khlam

LOCAL HOLIDAYS

Date not yet fixed		Shad Nongkrem
Date not yet fixed		Shad Suk Mynsiem.

RESTRICTED HOLIDAYS

15th April	Friday	Assamese New Year's Day
21st June	Tuesday	Muharram
29th August	Monday	Janmastami
7th September	Wednesday	Tithi of Shri Sankar Dev
19th October	Wednesday	Lakshmi Puja
2nd November	Wednesday	All Soul's Day
18th November	Friday	Guru Nanak's Birth Day

HOLIDAYS UNDER N.I. ACT

1st January	Saturday	New Year Day
26th January	Wednesday	Republic Day
14th March	Monday	Id-Ul-Fitre
1st April	Friday	Yearly Closing of Bank A/cs Good Friday
15th April	Friday	Assamese New Year's Day
21st June	Tuesday	Muharram
15th August	Monday	Independance Day
30th September	Friday	Half Yearly Closing Bank A/cs.
11to 14th October	Tuesday to Friday	Durgapuja Festival
3rd November	Thursday	Diwali
23rd November	Wednesday	Seng Kut Snem
12th December	Monday	Pa Togan Nengminza
24, 26, 27th December	Saturday, Monday & Tuesday	Christmas Festival
30th December	Friday	U Kiang Nangbah Day.
Date not yet fixed		Beh Dein Khlam

(Source : General Administration Department, Govt. of Meghalaya, Shillong)

POSTAL INFORMATION

Inland

Postcard Single	0.15
Postcard Reply	0.30
Postcard single with Ptd. Communication	0.60
Inland Letter	0.75
Letter upto 20 grams	1.00
Every additional 20 grams	1.00
Registered letter (upto 20 gms.)	7.00
A.D. (acknowledgement)	1 00

Bookpost & Sample Packets

Not exceeding 50 grams	1.00
Every addtional 100 grams or part	1.00
Air Surcharge for every 10 grams or part	0.10

Printed books

Every 100 grams .	0.50
Every additional 100 grams or part	0.50

Parcels

Every 500 grams or part	6.00
Certificate of posting	2 00
(Every 3 article or below)	
Registration fee	6.00
Acknowledgement fee	1.00

Recorded Delivery

Fee (each article)	2 00
Intimation to Sender	0.50

Late fee

Ordinary article	1.00
Registration article	2.00

Insurance fee

Not exceeding Rs. 200/-	4.00
Every additional Rs. 100/- or fraction thereof	2.00

Money Order

Upto Rs. 20/- or Fraction thereof	1.00
maximum upto Rs. 2,000/-	

T.M.O. Charge

upto Rs. 50/-	2.00
51 to 200	3.00
201 to 1,000	5.00

V.P. Posting fee

(In addition to postage & registration fee)

V.P. Articles containing printed books of Rs. 10/- or less	1.00
But not exceeding Rs. 20/-	2.00
Exceeding Rs. 20/-	3.00

Telegram

Minimum 10 words	3.50
Each additional word	0.50
(Double the charge for express)	

AIR MAIL FEE

For Book Pkt. and Parcel	
1st 50 grams	1.00
Addi. 50 grams or part	0.50

Recall Charge

(Per article)	4.00

Ware Housing Charges

V.P. Parcel (Per Day)	2.00
V.P. Letter (Per Day)	1.00
Fee for obtaining Copy & original receipt signed by addressee	1.00

Speed Post

(In addition to Postage & Registration)

For places within 500 km	
(upto 200 gms.)	20.00
201 to 500 gms.	30.00
Every Add. 500 gms.	10.00
For places beyond 500 km	
(upto 200 gms.)	30.00
201 to 500 gms.	40.00
Every Add. 500 gms.	10.00

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(Source : General Administration Department, Govt. of Meghalaya, Shillong)

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(Every 3 article or below)
Registration fee 6.00
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Intimation to Sender 0.50

Late fee
Ordinary article 1.00
Registration article 2.00

Insurance fee
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Money Order
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V.P. Parcel (Per Day) 2.00
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(In addition to Postage & Registration)
For places within 500 km
(upto 200 gms.) 20.00
201 to 500 gms. 30.00
Every Add. 500 gms. 10.00
For places beyond 500 km
(upto 200 gms.) 30.00
201 to 500 gms. 40.00
Every Add. 500 gms. 15.00

PIN CODES OF SHILLONG & MEGHALAYA

Shillong 793 001	Shillong Head Office, European Ward, Lachumiere, Malki, Dhanketi, Kharmalki, Cantonment Area, Police Bazar, Oakland, Jail Road, Polo, Pynthorumkhrah, Mawprem, Christian Basti, Umsohsun, East & West Mawkhar, Wahingdoh, Riatsamthiah.
Shillong 793 002	Bara Bazar, **Jaiaw**, Garikhana, Mawprem, **Mission** Compound, Qualapty, Paltan Bazar, Jhalupara, Barapathar,, Military Hospital.
Shillong 793 003	Lartumkhrah, Tripura Castle, Risa Colony, New Colony, Bhagyakul, Banashree, Motinagar.
Shillong 793 004	Laban, Lumparing, Bishnupur.
Shillong 793 004	Umlyngka, Nongkseh.
Shillong 793 005	Upper Shillong
Shillong 793 006	Umpling, Kseh, Rynjah.
Shillong 793 007	Happy Valley.
Shillong 793 008	Mawlai, Mawroh, Phudmawri.
Shillong 793 009	Nonglyer, Sadew.
Shillong 793 010	Lartkor, Umphyrnai
Shillong 793 011	Assam Rifles, Gora Line.
Shillong 793 012	Mawpat, Nongrah, Lalshandbasti, Tynring
Shillong 793 013	Rilbong, Kench's Trace, Lawsohtun.
Shillong 793 014	Nongthymmai, Nongrim Hills, Motinagar, Nongshiliang
Shillong 793 025	Governor's Camp.

Localities for Pin Code Nos. 793 015 to 793 020 and 793 022 to 793 024 have not yet been allotted.

Araimail	-	794101	Moirang	-	793120
Bagmara	-	794102	Mawphlang	-	793121
Balat	-	793106	Mawsynram	-	793113
Barengapara	-	794103	Mawpat	-	793012
Barapani	-	793103	Mandipathar	-	794112
Bholagang Bazar	-	793107	Nangalbibra	-	794107
Burnihat	-	793101	Naya Bunglow	-	793105
Cherra Bazar	-	793111	Nongpoh	-	793102
Cherrapunjee	-	793108	Nongstoin	-	793119
Dawki	-	793109	Pynursla	-	793110
Dobasipara	-	794005	Resubelpara	-	794106
Fulbari	-	794104	Rongjeng	-	794110
Garobandha	-	794105	Shella	-	793112
Jowai	-	793150	Simsanggiri	-	794111
Khliehriat	-	793200	Sumer	-	793104
Lower Chandmari	-	794002	Tikrikilla	-	794109
Mahendraganj	-	794106	Tura H.O.	-	794001
			Union Christian College	-	793122



GREETINGS TELEGRAMS : SET PHRASES

1. Heartiest Diwali Greetings.
2. Id Mubarak.
3. Heartiest Bijoya Greetings.
4. A Happy New Year to you.
5. Many Happy Returns of the day.
6. Hearty Congratulations on New Arrival.
7. Congratulations on the Distinction conferred on you.
8. Best Wishes for a Long and Happy Married Life.
9. A Merry Christmas to you.
10. Hearty Congratulations on Your Success in Election.
11. Best Wishes for a Safe and Pleasant Journey.
12. Hearty Congratulations on Your Success in Election.
13. Many Thanks for Your good Wishes which I/We Reciprocate Most Heartily.
14. Congratulations.
15. Loving Greetings.
16. May Heaven's choicest Blessings be Showered on the Young Couple.
17. Wish you Both a Happy and Prosperous Wedded Life.
18. Kind Remembrances and all Good Wishes for the Independence Day.
19. Sincere Greetings for the Republic Day.
20. My Heartiest Holi Greetings to You.
21. Wishing the Function Every Success.
22. Many Thanks for Your kind Message of Greetings.
23. Best Wishes for your Success in Examination.
24. Best Wishes for your Success in the Election.
25. Convey our blessings to the newly married couple.
26. Heartiest Pongal Greetings.
27. Heartiest Gurparb Greetings.
28. Greetings on the Occasion of Paryushan, a day of Universal Forgiveness.
29. Heartiest Onam Greetings.
30. Best Wishes on your Wedding Anniversary.
31. Wish you a Happy Retired Life.
32. Wish you Speedy Recovery.
33. Heartiest Ugadi Greetings.
34. Congratulations on your Victory.
35. Wish you Happy Bihu.
36. A Happy Easter.
37. Heartiest Greetings on Budha Jayanthi.
38. Heartiest Congratulations on Grihapravesh.
39. Heartiest Guru Ravidas Purnima Greetings.
40. Heartiest Greetings on Navroz.

100. My Deepest Condolence.



MEDICAL TABLES

HEIGHT/WEIGHT CHART FOR ADULTS

Male			Female		
Height (Cms)	Small Frame	Medium Frame	Height (Cms)	Small Frame	Medium Frame
157.5	50.7-54.4	53.5-57.1	147.5	41.7-44.4	43.5-48.5
160	52.1-55.8	54.8-60.3	150	42.6-45.8	44.4-49.9
162.5	53.5-57.1	56.2-61.3	152.5	43.5-47.1	45.8-51.2
165	54.8-58.5	57.8-63.0	155	44.9-48.5	47.1-52.6
167.5	56.2-60 3	59.0-64.8	157.5	46.2-49.9	48.5-53.9
170	58.0-62.1	60.7-66.6	160	47 6-51.2	49.9-55 3
172.5	59.8-63.9	62.6-68.9	162.5	49.0-52.6	51.2-57.1
175	61.6-65.7	64.4-70.4	165	50.3-53.9	52 6-58 9
178	63.4-68.0	66.2-72.5	167.5	51 6-55.8	54.4-61 2
180	65.3-69.8	68.0-74 8	170	53.5-57.6	56 2-63.0
183	67.1-71 6	69.8-77.1	172.5	54 8-59 4	58 0-64 8
185.5	68 9-73.4	71.6-79.3	175	57 1-61 2	59 8-66.6

(BLOOD PRESSURE (NORMAL RANGE ARTERIAL PRESSURE)

	Male		Female	
AGE (yrs)	SYSTOLIC B.P.	DIASTOLIC B.P.	SYSTOLIC B.P.	DIASTOLIC B.P.
16-19	105-135	60 86	100-130	60-85
20-24	105-140	62-88	100-130	60-85
25-29	108-140	65-90	102-130	60-86
30-34	110-145	68-92	102-135	60-88
35-39	110-145	68-92	105-140	65-90
40-44	110-150	70-94	105-150	65-92
45-49	115-155	70-96	105-155	65-93
50-54	115-160	70-98	110-165	70-100
55-59	115-165	70-98	110-170	70-100
60-65	115-170	70-100	115-175	70-100

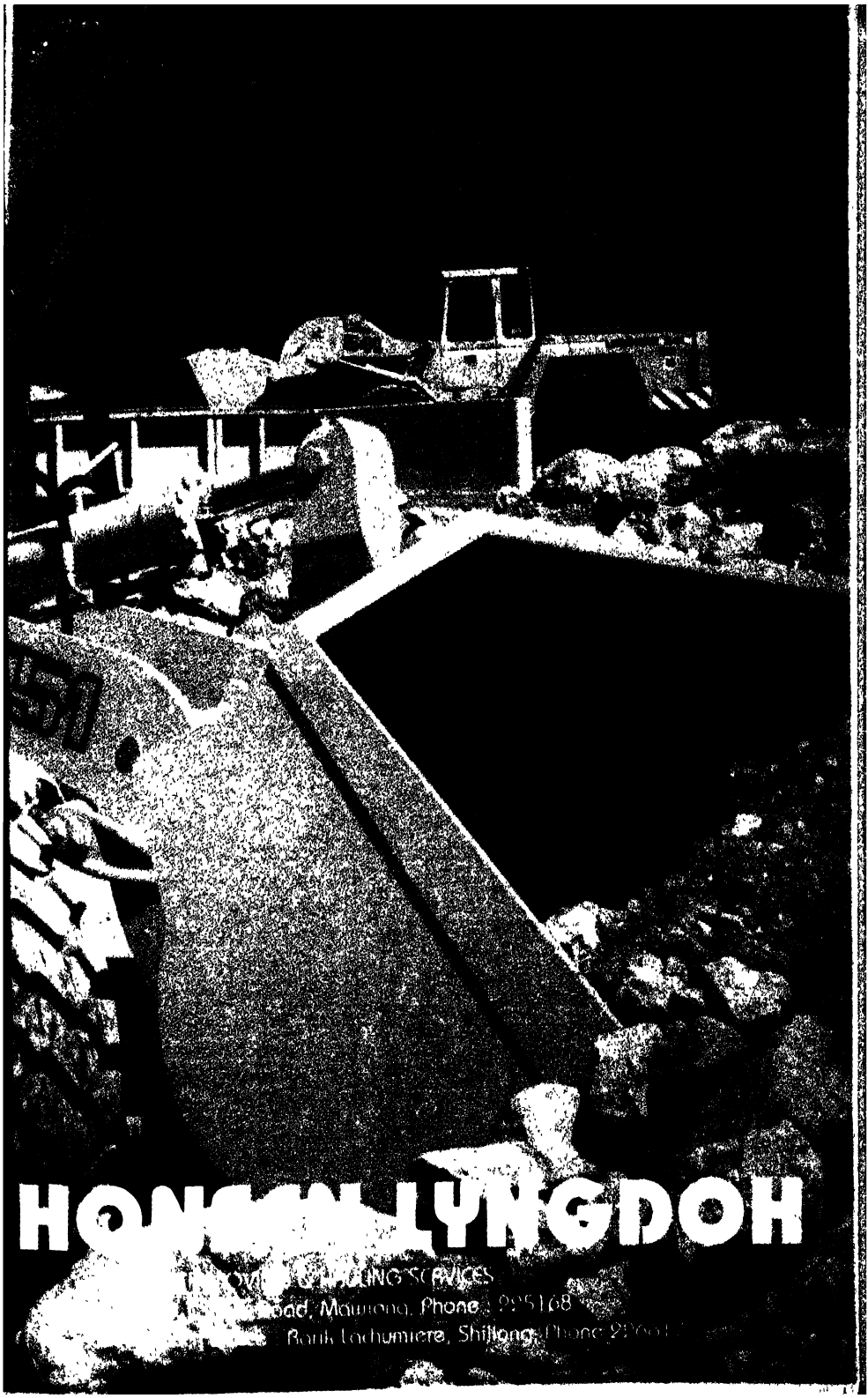
IMMUNUISATION SCHEDULE FOR PREGNANT WOMEN

	Early in pregnancy	After a month of Tetanus1
Tetanus 1	1 (inj)	—
(Booster)2	—	1 (inj)

IMMUNUISATION SCHEDULE FOR CHILDREN

	45 days	75 days	105 days	9 month	16 to 24 month	5 yrs	10 to 16 yrs
BCG	1* (inj)	-	-	-	-	-	-
DPT	First (inj)	Second (inj)	Third (inj)	-	Booster Dose	-	-
Polio	First Instalment	Second Inst,	Third Inst.	-	-	-	-
Measles	-	-	-	One (inj)	-	-	-
D.T.	-	-	-	-	-	One (inj)	-
T.T.	-	-	-	-	-	-	One (inj)

** BCG Inj. to be given at birth if delivery is at any hospital/clinic.*


HONDA LYNGDOH
SALES & HANDLING SERVICES
Road, Mawlong, Phone : 29168
Bank Lachumiere, Shillong, Phone 25601

Conversion Tables

To convert to metric multiply by the factor shown.
To convert from metric, divide by the factor shown.

Aceleration

Feet per second per second Metres per second per second 0.3048

Area

Sq. Miles . Sq. Kilometres 2.59
Sq Miles : Hectares 258 999
Acres : Sq Metres 4046 86
Acres : Hectares 0.4047
Sq Yeards · Sq Metres 0 8361
Sq. Feet Sq Metres 0 0929
Sq Feet · Sq Centimetres 99 03
Sq. Inches . Sq Millimetres 645 16
Sq Inches Sq Centimetres . . 6 4516

Capacity

Gallons : Qubic Decimetres 4.5461
Gallons : Litres 4 546
US Barrels : Cubic Metres (Petroleum)0 159
US Gallons : Litres 3.785
US Gallons : Qubic Decimetres 3 7854
Quarts : Qubic Decimetres 1.1365
Quarts Litres 1 137
Pints : Qubic Decimetres 0 5683
Pints : Litres 0 568
Gills : Qubic Decimetres 0 1421
Gills : Litres 0.142

Fuel Consumption

Gallons per Mile : Litres per Km 2 825
Miles per Gallon . Kms per Litre 0 354

Length

Miles : Kilometres 1.6093
Yards : Metres 0 9144
Feet : Metres 0.3048
Inches . Milimetres 25.4
Inches : Centimetres 2 54

Mass

Tons : Kilograms 1016 05
Tons : Tonnes 1.0160
Hundred Weights : Kilograms 50.8023
Centals : Kilograms 40.3592
Quarters : Kilograms 12.7006
Stones : Kilograms 6.3503
Pounds : Kilograms 0.4536
Ounces : Grams 28.3495

Velocity

Miles per hour : Kms per hour 1.6093
Feet per Second : Metres per Second0.3048
Feet per Min : Metres per Second . 0 0051
Feet per Min : Metres per Min 0 3048
Inches per Second · MM per Second25 4
Inches per Min : MM per Second 0 423
Inches per Min : Cm per Min 2 54

Volume

Qubic Yards : Qubic Metres 0.7646
Qubic Feet · Qubic Metres 0.0283
Qubic Feet Qubic Decimetres 28.3168
Qubic Inches Qubic Cm. 16 3871

Temperature Conversions

°C	°F	°C	°F
-30	-22	95	203
-20	-4	100	212
-10	14	110	230
0	32	122	48
5	41	130	266
10	15	140	284
15	59	150	302
20	68	160	320
25	77	170	338
30	86	180	356
35	95	190	374
40	104	200	392
45	113	210	410
50	122	220	428
55	131	230	446
60	140	240	464
65	149	250	482
70	158	260	500
75	167	270	518
80	176	280	536
85	185	290	554
90	194	300	572



Other Useful Tables

Speeds

mph	20	30	40	50	60	70	80	90	100
km/h	32	48	64	80	96	112	128	144	160

Tyre Pressures

lb/sq in	20	22	24	26	28	30	32	34
kg/sq cm	1.41	1 55	1.69	1.83	1.97	2.11	2.25	2.39

International Paper Sizes

A Sizes	mm	inches	A Sizes	mm	inches
A0	841x1189	33.1x46 8	A4	210x297	8 3x11.7
A1	594x841	23.4x33 1	A5	148x210	5.8x8.3
A2	420x594	16.5x23.4	A6	105x148	4.1x5.8
A3	297x420	11.7x16.5	A7	74x105	2.9x4.1

Clothing Sizes All size equivalents are approximate

Men's Suits and coats

British	36	38	40	42	44	46	48
American	36	38	40	42	44	46	48
Continental	46	48	50	52	54	56	58

Men's Shirts

British	14	14½	15	15½	16	16½	17
American	14	14½	15	15½	16	16½	17
Continental	36	37	38	39/40	41	42	43

Men's Shoes

British	7	7½	8½	9½	10½	11
American	8	8½	9½	10½	11½	12
Continental	41	42	43	44	45	46

Men's Socks

British	9½	10	10½	11	11½	12
American	9½	10	10½	11	11½	12
Continental	39	40	41	42	43	44

Women's Dresses and Suits

British	8	10	12	14	16	18
American	—	8	10	12	14	16
Continental	—	36	40	42	44	46

Women's Shoes

British	4½	5	5½	6	6½	7
American	6	6½	7	7½	8	8½
Continental	36	36	39	39	40	41



INDIA : INFORMATION

Area : 3,287,263 sq. km. **(Districts** : 466)

Population : 846 million **(Urban** : 217 million. **Rural** : 629 million)

Birth Rate: 27.5 per thousand. **Death Rate**: 9.9 per thousand (1991-96)
Life Expectancy : 62.4 years (1991-2001)
Sex Ratio : 929 females per 1000 males

Religion : Hindus : 82.6%, Muslims : 11.4%, Christian : 2.4%, Sikhs : 2.0%, Others : 1.6% (1981)

Density of Population : 274persons per sq. km.
Most Populous : Uttar Pradesh-138,760,000
Area with Highest Density : Delhi-6319persons per sq. km.

Literacy : 52.11% - Males : 63.9%. Females :39.42%
State with Highest Literacy : Kerala - 90.59%

Per Capita National Income : Rs. 2,227*
Per Capita GNP : Rs. 6,225
GNP : Rs. 525,364 crores (at current prices)*

Lok Sabha : 543 seats
Rajya Sabha : 245 seats
Most Parliamentary Constituencies : UP-85
**Figures relate to 1990-91 fiscal year*
Data updated to 1991

QUAINT FACTS FOR THE TOURIST

Largest Road Bridge - Gandhi Setu on River Sone in Bihar
Longest River in India - The Brahmaputra in Assam
Largest Lake - Chilka Lake in Orissa
Highest Peak - Godwin Austen of Himalayas
Largest City (Area) - Calcutta
Highest Waterfall - Jog Falls in Karnataka
Largest State - Madhya Pradesh
Most Thickly Populated State - Kerala
Highest Rainfall - In Mawsynrum near Cherrapunji in Meghalaya
State with Largest Area Under Forest - Assam
Largest Delta - Sunderbans Delta in West Bengal
Largest Cantilever Span Bridge - Howrah Bridge in Calcutta
Largest Suspension Bridge - Vidyasagar Setu in Calcutta
Biggest Cave Temple - Ellora, Maharashtra
Longest Road - Grand Trunk Road



INTERNATIONAL INFORMATION

Country	Capital	Religion	Language	Currency	*Time
AFGHANISTAN	Kabul	Islam	Persian	Afghani of 100 Puls	11.00AM
ALGERIA	Algiers	Islam	Arabic	Dinar of 100 Centimes	7.30AM
ARGENTINA	Buenos Aires	Christianity	Spanish	Austral	3.30AM
AUSTRALIA	Canberra	Christianity	English	Aust. $ of 100 Centimes	4.30PM
BANGLADESH	Dhaka	Islam	Bengali	Taka of 100 Paise	12.30PM
BELGIUM	Brussels	Roman Cath	French	Belg. Fr. of 100 Centimes	7.30AM
BRAZIL	Brasilia	Christianity	Portugese	Cruzeiro of 100 Centavos	2.30AM
CHINA	Beijing	Buddhism	Chinese	Yuan of 100 Fen	2.30PM
CUBA	Havana	Christanity	Spanish	Paso of 100 Centavos	1.30AM
EGYPT	Cairo	Islam	Arabic	Egyp. £ of 100 Piastres	6.30AM
ETHIOPIA	Addis Ababa	Christanity	Amharic	Birr	9.30AM
FINLAND	Helsinki	Christanity	Finnish	Mark of 100 Pennis	8.30AM
FRANCE	Paris	Roman Cath	French	Franc of 100 Centimes	7.30AM
GANA	Accra	Christianity	English	Cedi of 100 Pesewas	6.30AM
HONGKONG	Victoria	Confucianism	English	HK $ of 100 HK Cents	2.30 PM
HUNGARY	Buda Pest	Christianity	Hungarian	Forint of 100 Filler	7.30AM
INDIA	New Delhi	Hinduism	Hindi	Rupee of 100 Paise	12 NOON
INDONESIA	Jakarta	Islam	Indonesian	Rupiah of 100 Cents	1.30 PM
IRAN	Tehran	Islam	Persian	Rial of 100 Dinars	10.00AM
IRAQ	Baghdad	Islam	Arabic	Dinar of 1000 Fils	9.30AM
ITALY	Rome	Roman Cath.	Italian	Lira of 100 Centisimi	7.30AM
JAPAN	Tokyo	Buddhism	Japanese	Yes of 100 Sen	3.30PM
KENYA	Nairobi	Christianity	English	K.Shilling of 100 Cents	9.30AM
KUWAIT	Kuwait	Islam	Arabic	Kuwait Dinar	9.30AM
MALAYSIA	Kaula Lumpur	Islam	Malay	Ringgit of 100 Sen	2.30 PM
MOROCCO	Rabat	Islam	Arabic	Dirham of 100 Centimes	6.30AM
NEPAL	Kathmandu	Hinduism	Nepali	Rupee of 100 Paise	12Noon
NORWAY	Oslo	Christanity	Norwegian	Krone of 100 Ore	7.30AM
PAKISTAN	Islamabad	Islam	Urdu	Rupee of 100 Paise	11.30AM
POLAND	Warsaw	Christanity	Polish	Zloty of 100 Grosze	7.30AM
ROMANIA	Bucharest	Christanity	Romanian	Leu of 100 Bani	8.30AM
RUSSIA	Moscow	Christianity	Russian	Rouble of 100 Copecks	9.30AM
SAUDI ARABIA	Riyadh	Islam	Arabic	Rial of 100 Hafalah	9.30AM
SINGAPORE	SingaporeCity	Buddhism	English	Sing. $ of 100 Cents	1.00PM
SOUTH AFRICA	Pretoria	Christanity	Afrikaans	Rand of 100 Cents	8.30AM
SPAIN	Madrid	Roman Cath.	Spanish	Peseta of 100 Centines	7.30PM
SRI LANKA	Colombo	Buddhish	Sinhalese	Rupee of 100 Cents	12Noon
SUDAN	Khartoum	Islam	Arabic	Sudn £ of 100 Piastres	8.30AM
SWEDEN	Stockholm	Christanity	Swedish	Krona of 100 Ore	7.30AM
SWTZERLAND	Burn	Christanity	German	Swiss Fr. of 100 Centimes	7.30AM
TANZANIA	Dar-es-Salaam	Christanity	English	Shilling of 100 Cents	9.30AM
THAILAND	Bangkok	Buddhism	Thai	Baht of 100 Cents	1.30PM
TURKEY	Ankara	Islam	Turkish	Turkish Lira of 100 Kurus	8.30AM
U.A.E.	Abu Dhabi	Islam	Arabic	Dirham of 100 Fils	10.30AM
U.K.	London	Christianity	English	Pound of 100 Pens	6.30AM
U.S.A.	WashingtonDC	Christianity	English	Dollar of 100 Cents	1.30AM
YUGOSLAVIA	Belgrade	Christianity	Serbo-Croat	Dinar of 100 Paras	7.30AM
ZAMBIA	Lusaka	Christanity	English	Kwacha of 100 Nawee	8.30AM
ZIMBABWE	Harare	Christanity	English	Zimb. $ of 100 Cents	8.30AM

** When it is 12 Noon in India*



FOREIGN CURRENCY

All visitors to India are advised to convert their money into Indian Rupees only through authorised foreign exchange dealers and to obtain a receipt for all such transactions. This receipt enables reconversion of any unspent Indian money into foreign currency. No Indian currency may be brought into or taken out of India. Visitors from abroad should note that all hotel bills and internal air travel will have to be paid in convertible foreign currency, such as US or Canadian Dollars, Pound Sterling, Japanese Yen, Deutsche Mark, French Franc, etc.

CURRENCY

India has a decimal system of coinage. The currency of India is the Rupees (Rs.) divided into hundred paise (P). Coins (Paise) are in denominations of 5, 10, 20, 25 and 50. Rupee coins are in the denominations of 1 and 2 and notes are in denominations of 1, 2, 5, 10, 20, 50, 100 and 500.

Money can be changed at banks and most hotels which are authorised foreign exchange dealers.

The exchange rate given below are approximate as on 10.2.94. Please verify with a bank for current rates of Exchange.

British Pound	Rs. 45.45	Hongkong Dollar	Rs. 4.02
U.S. Dollar	Rs. 31.21	Singapore Dollar	Rs. 19.58
Canadian Dollar	Rs. 23.14	Malaysian Ringitt	Rs. 11.25
Australian Dollar	Rs. 22.39	Swedish Krone	Rs. 3.87
German DM	Rs. 17.67	Danish Krone	Rs. 4.53
French Franc	Rs. 5.20	Norwegian Krone	Rs. 4.10
Swiss Franc	Rs. 21.08	Italian Lira	Rs. 0.0184
Belgium Franc	Rs. 0.8545	Japanese Yen	Rs. 0.2868

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FOREIGN MISSIONS AT CALCUTTA

	Address	Phone	Fax
American Consulate General	5/1, Ho Chi Minh Sarani, Calcutta 700 071	242-3611/5	242-2335
Austrian Consulate	96/1, Sarat Bose Road, Calcutta 700 026.	475-2795	
Bangladesh Deputy High Commission	9, Circus Avenue, Calcutta 700 017.	247-7868	247-0941
Belgian Consulate	Shivam Chambers, 53, Syed Amir Ali Avenue, Calcutta 700 019	247-3886	247-9074
Bolivian Consulate	20, Loudon Street, Calcutta 700 016	247-3283	
British Deputy High Commission	1, Ho Chi Minh Sarani, Calcutta 700 071	242-5171/5	242-3435
British Council Division	5, Shakespeare Sarani, Calcutta 700 071	242-5378/9	242-4804
Burkina Faso Consulate	186, Sarat Bose Road, Calcutta 700 029	76-1164	
Czech Consulate	7, Pretoria Street, Calcutta 700 071	242-9419	242-1451
Royal Danish Consulate	McLeod House, 3, Netaji Subhas Road, Calcutta 700 001	248-7476/7/8	248-0482
Egyptian Trade Centre	Nilhat House,248-4268 11, R.N. Mukherjee Road, Calcutta 700 001	248-4725 248-3597	248-9940



	Address	Phone	Fax
Finnish Consulate			
	Chitrakoot, 6th floor, 230A, A.J.C Bose Road, Calcutta 700 020	247-4757	440-1953
French Consulate General			
	26, Park Mansions, Calcutta 700 016	249-0978/9	
Alliance Francaise de Calcutta			
	24, Park Mansions, Calcutta 700 016	29-8793/4	
German Consulate General			
	1, Hastings Park Road, Calcutta 700 027	479-1141/2	479-3028
Greek Consulate General			
	c/o Stewarts & Lloyds of India Ltd 41, Chowringhee Road, Calcutta 700 071	249-8194/8	
Hungarian Consulate			
	Gooptu Court, 7A, Middleton Street, Calcutta 700 071	247-9194	40-1408
Indonesian Consulate			
	128, Rash Behari Avenue, Calcutta 700 029	76-2297	
Italian Consulate General			
	3, Raja Santosh Road, Alipore, Calcutta 700 027	479-2414	479-3892
Japanese Consulate General			
	12, Pretoria Street, Calcutta 700 071	242-2241/5	242-0954
Liberian Consulate General			
	186, Sarat Bose Road, Calcutta 700 029	76-1164	
Royal Nepalese Consulate General			
	19, Woodlands, Sterndale Road, Alipur, Calcutta 700 027	479-1117	479-1410
Netherlands Consulate			
	Duncan House, 31, N.S. Road, Calcutta 700 001	220-8515	248-1614



	Address	Phone	Fax
Royal Norwegian Consulate	Chitrakoot, 6th Floor, 230A, A.J.C. Bose Road, Calcutta 700 020	247-4757	440-1953
Philippines Consulate General	14, Government Place East, Calcutta 700 001	248-1507	248-6960
Polish Consulate	3B, Albert Road, Calcutta 700 017	247-7144	
Russian Consulate General	7, Alipore Avenue, Calcutta 700 027	479-9973	479-8889
Spanish Consulate	c/o TIL Limited, 1, Taratolla Road, Calcutta 700 024	479-5954	29-4820
Sri Lankan Consulate	Nicco House, 2, Hare Street, Calcutta 700 001	248-5102	220-9443
Swedish Consulate	6, Poonam Building, 5/2 Russel Street, Calcutta 700 071	249-3639	249-3643
Swiss Consular Agency	c/o Titagarh Steels Limited, 113, Park Street, Calcutta 700 016	29-5542/3/4	29-6248
Royal Thai Consulate General	18B, Mandeville Gardens, Calcutta 700 019	440-7836	440-6251
Tonga Consulate	c/o GP (P) Ltd., 17, Chittaranjan Avenue, Calcutta 700 072	27-3568	
Turkish Consulate General	2, Nazar Ali Lane, Calcutta 700 019	247-5605	247-6152
Singapore High Commission	DBS Centre, Circular Court, 8, A.J.C. Bose Road, Calcutta 700 017	247-4990	247-4614

(Source : Consular Corps of Calcutta, Membership List, 1993)





TRAVEL WINDS : CALCUTTA

Arrival and departure times are for Calcutta. Figures in brackets denote the days, 1 being Monday

INTERNATIONAL

£ Amsterdam-Delhi-Calcutta:	Arr. (7): KL-875 at 0230.
£ Calcutta-Delhi-Amsterdam:	Dep. (7): KL-876 at 0420.
£ London-Delhi-Calcutta:	Arr. (3, 7): BA-143 at 1440.
£ Calcutta-Delhi-London:	Dep. (3, 7): BA-1142 at 2040.
Calcutta-Singapore:	Dep. (5): SQ-415 at 1145.
@ Calcutta-Dhaka-Singapore:	Dep. (2).: SQ-416 at 1130.
Singapore-Calcutta:	Arr (2, 5): SQ-416 at 1030.
Delhi-Calcutta-Singapore:	Arr. (1): AI-682 at 1145; Dep. (1): AI-430 at 1300; Arr. (5): AI-428 at 0600: Dep. (5): AI-428 at 0710.
Singapore-Calcutta-Delhi:	Arr. (5): AI-429 at 1630; Dep. (5): AI-429 at 1730.
Singapore-Calcutta-Bombay:	Arr. (1): AI-431 at 2240; Dep. (2): AI-431 at 0100.
Bombay-Calcutta-Bangkok-Tokyo:	Arr. (5): AI-306 at 1840; Dep. (5): AI-306 at 1950.
Tokyo-Bangkok-Calcutta-Bombay:	Arr. (6): AI-309 at 1920; Dep. (6): AI-309 at 2030.
Calcutta-Bombay-London-New York:	Dep. (2): AI-431/AI-101 at 0100.
Calcutta-Delhi-London-New York:	Dep. (5): AI-429/AI-187 at 1730.
Calcutta-Bombay-Delhi-London-New York:	Dep. (6): AI-309/AI-111 at 2030.
Calcutta-Delhi-London-Toronto:	Dep. (5): AI-429/AI-187 at 1730.
Calcutta-Bombay-Delhi-Paris:	Dep. (6): AI-309/AI-147 at 2030.
Calcutta-Delhi-Rome-Geneva:	Dep. (5): AI-429/AI-171 at 1730.
Calcutta-Delhi-Frankfurt-Paris:	Dep. (5): AI-429/AI-141 at 1730.
Calcutta-Bombay-Delhi-Paris-Frankfurt:	Dep. (2): AI-431/AI-143 at 0100.
Calcutta-Bombay-Delhi-Frankfurt:	Dep. (6): AI-309/AI-157 at 2030.
Calcutta-Bangkok:	Dep. (2, 4, 5, 7): IC-731 at 0855; Dep. (1, 3, 6): TG-314 at 1355.
Bangkok-Calcutta:	Arr. (2, 4, 5, 7): IC-732 at 1505; Arr. (1, 3, 6): TG-313 at 1240.
Calcutta-Kathmandu:	Dep. (1, 3, 5): IC-747 at 1145; Dep. (1, 6): RA-214 at 1610.
Kathmandu-Calcutta:	Arr. (1, 3, 5): IC-748 at 1520; Arr. (1, 6): RA-213 at 1510.
Calcutta-Dhaka:	Dep. (1, 3, 5, 6): IC-723 at 1330; Dep. (1, 2, 3, 5, 6, 7): BG-092 at 1120; Dep. (4): BG-092 at 0850; Dep. (2, 3, 5, 6, 7): BG-096 at 1920.
Dhaka-Calcutta:	Arr. (1, 3, 5, 6): IC-724 at 1600; Arr. (1, 2, 3, 5, 6, 7): BG-091 at 1040; Arr. (4): BG-095 at 1840.
Calcutta-Chittagong:	Dep. (1): IC-225 at 1230; Dep. (2, 5): BG-698 at 1730.
Chittagong-Calcutta:	Arr. (1): IC-226 at 1450; Arr. (2,5): BG-697 at 1650.
Paro-Calcutta-Bangkok:	Arr. (2): KB-105 at 0805; Dep. (2): KB-105 at 0850.

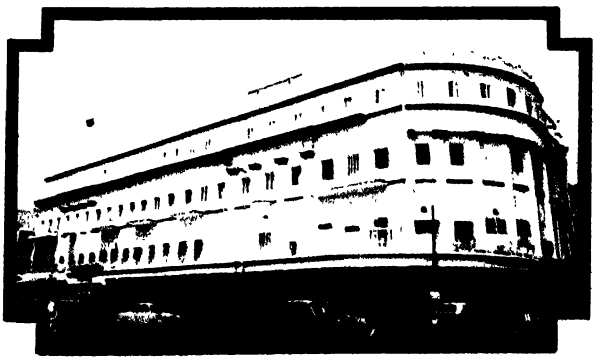


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- Four Channel Music in Rooms
- Choice of Cuisine–Mughlai, Indian, Chinese, Continental, also vegetarian specialities
- Restaurant with Western Band & dance floor
- 12 Banqueting Rooms–220 to 7000 sq ft
- Bar with Indian Band
- 24 hour Coffee Shop
- 24 hour Room Service
- Pastry Shop
- Chemist
- Doctor on call
- Hair dresser
- Same day laundry & dry cleaning
- Residents' Post Office
- Shopping Arcade
- Money changer
- Safe Deposit Lockers
- In-house banking facilities

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Bangkok-Calcutta-Paro:	Arr. (7): KB-106 at 1005; Dep (7): KB-106 at 1105.
& Sofia-Bahrain-Calcutta:	Arr. (4): LZ-503 at 1130
& Calcutta-Bahrain-Sofia:	Dep. (5): LZ-504 at 0100
***Moscow-Sharjah-Calcutta:**	Arr. (4): SU-537 at 1655.
***Calcutta- Sharjah-Moscow:**	Dep. (4): SU-538 at 1855
$ Amman-Calcutta-Bangkok:	Arr. (4). RJ-184 at 0705, Dep. (4)· RJ-184 at 0805
Calcutta-Bombay-Doha-Bahrain:	Dep (2)· AI-431/AI-873 at 0100
Calcutta-Bombay-Delhi-Moscow:	Dep. (6). AI-309/AI-515 at 2030.
Calcutta-Bombay-Muscat:	Dep (6)· AI-309/AI-845 at 2030
Calcutta-Bombay-Delhi-Dubai:	Dep. (2) AI-431/AI-733 at 0100, Dep (6). AI-309/AI-735 at 2030
Calcutta-Bombay-Dhahran:	Dep (2)· AI-431/AI-813 at 0100
Calcutta-Bombay-Kuwait:	Dep (6). AI-309/AI-855 at 2030
Calcutta-Bombay-Dares-Salaam-Durban:	Dep (6) AI-309/AI-217 at 2030
London-Delhi-Calcutta:	Arr (1). AI-132/AI-682 at 1145
New York-London-Delhi-Calcutta:	Arr. (5) AI-112/AI-428 at 0600.
Paris-Delhi-Calcutta:	Arr. (1): AI-146/AI-682 at 1145
Frankfurt-Delhi-Calcutta:	Arr (1). AI-156/AI-682 at 1145
Toronto-London-Delhi-Calcutta:	Arr (1)· AI-186/AI-682 at 1145
Abu Dhabi-Bombay-Calcutta:	Arr. (5)· AI-756/AI-306 at 1840
Bahrain-Doha-Bombay-Calcutta:	Arr (5) AI-876/AI-306 at 1840
Dhahran-Bombay-Calcutta:	Arr. (5) AI-816/AI-306 at 1840
Dubai-Delhi-Calcutta:	Arr. (1): AI-734/AI-682 at 1145
Jeddah-Bombay-Calcutta:	Arr. (5) AI-806/AI-306 at 1840
Kuwait-Bombay-Calcutta:	Arr. (5) AI-856/AI-306 at 1840
Riyadn-Bombay-Calcutta:	Arr. (5)· AI-826/AI-306 at 1840

No traffic rights on Delhi-Calcutta-Delhi
& No traffic rights on Bahrain-Calcutta-Bahrain
* No traffic rights on Calcutta-Sharjah-Calcutta
No traffic rights on Calcutta-Dhaka
$ No traffic rights on Calcutta-Bangkok-Calcutta

DOMESTIC

Air-India

Calcutta-Bombay:	Dep. (2)· AI-431 at 0100, Dep (6) AI-309 at 2030
Bombay-Calcutta:	Arr. (5): AI-306 at 1840
Calcutta-Delhi:	Dep (5) AI-429 at 1730
Delhi-Calcutta:	Arr. (1): AI-682 at 1145, Arr (5) AI-428 at 0600.

Damania Airways

Bombay-Calcutta:	Arr. (daily). D2-101 at 0830; Arr. (daily): D2 103 at 1930.
Calcutta-Bombay:	Dep. (daily): D2-102 at 0915; Dep. (daily): D2 104 at 2000.

East West Airlines

Calcutta-Bombay:	Dep. (daily): 4S 804 at 0715.

Bombay-Calcutta:	Arr. (daily): 4S 803 at 2045.
Calcutta-Delhi:	Dep. (1, 2, 3, 4, 5, 6): 4S 805 at 1405.
Delhi-Calcutta:	Arr. (1, 2, 3, 4, 5, 6): 4S 806 at 1145.
Calcutta-Guwahati:	Dep. (1, 2, 3, 4, 5, 6): 4S 812 at 1145.
Guwahati-Calcutta:	Arr. (1, 2, 3, 4, 5, 6): 4S 811 at 1425.

Indian Airlines

Calcutta-Agartala:	Dep. (daily): IC-741 at 0710, Dep. (1, 2, 3, 4, 6, 7): IC-743 at 1300; Arr. (daily): IC-742 at 0940, Arr. (1, 2, 3, 4, 6, 7): IC-744 at 1530.
Calcutta-Bagdogra:	Dep. (2, 4, 6, 7). IC-721 at 0915; Arr. (2, 4, 6, 7): IC-722 at 1155.
Calcutta-Bangalore:	Dep. (daily)· IC-771 at 0620; Arr. (daily): IC-772 at 1200.
Calcutta-Vishakhapatnam-Madras:	Dep (1, 3, 5, 6): IC-542 at 1045; Arr. (1, 3, 5, 6)· IC-541 at 1000.
Calcutta-Madras:	Dep (daily): IC-765 at 1700; Arr. (daily): IC-766 at 2205.
Calcutta-Hyderabad:	Dep. (2, 4, 6): IC-777 at 1620; Arr. (2, 4, 6)· IC-778 at 2120.
Calcutta-Bombay:	Dep (daily): IC-273 at 1945 and Dep. (daily): IC-176 at 0730, Arr. (daily): IC-274 at 1845 and Arr. (daily): IC-175 at 0815.
Calcutta-Port Blair:	Dep. (2, 4, 6): IC-285 at 0540; Arr. (2, 4, 6)· IC-286 at 1020.
Calcutta-Delhi:	Dep (daily): IC-263 at 0700 and IC-402 at 1720, Dep (2, 4, 6, 7): IC-402 at 1720, Dep. (2, 4, 6, 7): IC-261 at 1900; Arr. (daily): IC-401 at 1205 and IC-264 at 2155, Arr. (2, 4, 6, 7): IC-262 at 0910.
Calcutta-Ranchi-Patna-Delhi:	Dep. (daily)· IC-810 at 1040; Arr. (daily): IC-809 at 1500
Calcutta-Patna-Lucknow-Delhi:	Dep (1, 3, 5): IC-410 at 1530; Arr. (1, 3, 5): IC-409 at 2115.
Calcutta-Imphal:	Dep. (1, 3): IC-259 at 0900; Arr. (1, 3): IC-260 at 1430.
Calcutta-Silchar-Imphal:	Dep. (2, 3, 6, 7): IC-255 at 1020; Arr. (2, 4, 6, 7): IC-256 at 1510.
Calcutta-Silchar:	Dep. (3, 5): IC-253 at 0845; Arr. (3, 5): IC-254 at 1335.
Calcutta-Guwahati-Dibrugarh-Calcutta:	Dep. (1, 3): IC-703 at 0700; Arr. (1, 3): IC-702 at 1210.
Calcutta-Dibrugarh:	Dep. (2, 7): IC-701 at 1250; Arr. (2, 7): IC-702 at 1640.
Calcutta-Guwahati-Dimapur:	Dep. (2, 4): IC-257 at 1120; Arr. (2, 4): IC-258 at 1620.
Calcutta-Guwahati:	Dep. (daily): IC-229 at 1310, Dep. (5, 7): IC-211 at 0700, Dep. (6): IC-711 at 0700; Arr. (daily): IC-230 at 1620, Arr. (5, 7): IC-212 at 1210, Arr. (6): IC-712 at 1010.
Calcutta-Tezpur-Jorhat-Calcutta:	Dep. (2, 4, 6): IC-213 at 1010; Arr. (2, 4, 6): IC-213 at 1415



8030	11-20	**Kurla Express via Nagpur**	16-15	8029
2841	14-25	**Coromandal (Madras)Express via Cuttack**	12-00	2842
6311	22-35	**Bangalore Express** Dep: Tues Arr: Sun	13-45	6312
8013	17-30	**Tata Steel Express**	10-20	8014
8011	5-55	**Ispat Express**	22-05	8012
8005	21-00	**Sambalpur Express**	5-00	8006
8015	21-30	**Ranchi Hatia Express**	6-25	8016
8007	22-00	**Puri Express via Cuttack**	5-30	8008
8409	19-00	**Jagannath (Puri) Express via Naraj**	8-25	8410
2821	6-10	**Dhauli (Bhubaneswar) Express**	21-30	2822
8079	23-20	**Tirupati Express**	4-15	8080
8045	10-50	**East Coast (Hyderabad) Express**	15-00	8046
8017	16-45	**Purulia Express** Dep: Except Saturday Arr: Except Sunday.	11-25	8018
6322	22-35	**Guwahati-Howrah-Trivandrum Central Express** Monday only	22-15	—
—	14-10	**Trivandrum Central-Howrah-Guwahati Express** Saturday only	13-45	6321
—	14-10	**Cochin Harbour Terminus - Guwahati Weekly Express** (via Visakhapatnam & Howrah) Thursday only	13-45	6313
6314	22-35	**Guwahati - Cochin Harbour Terminus Weekly Express** (via Howrah & Visakhapatnam) Saturday only	22-15	—
6316	22-35	**Cochin Harbour Terminus Express** (via Visakhapatnam & Howrah) Dep: Fri & Sun. Arr: Tues.	13-45	6315
6520	22-35	**Guwahati - Bangalore City Weekly Express** (via Howrah & Cuttack) Wednesday only	22-15	—
—	14-10	**Bangalore City - Guwahati Weekly Express** (via Howrah & Cuttack) Monday only	13-45	6519

(Information : Courtesy, The Telegraph Sunday Magazine, 27th Feb. 1994)

Universal Times

Deals in : **All kinds of watches**

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G. S. Road, Shillong-793 001

MEGHALAYA



I.S.D. Codes

INTERNATIONAL SUBSCRIBER DIALLING CODES

Most countries are continuously extending the facilities for direct international subscriber dialling. The 'dial-in' code generally remains the same internationally whilst the access code or dial-out code varies from country to country. It is necessary to dial this code first as it provides connection to the international exchange and is generally followed by a changed dial tone. One must then dial the country code followed by the city/area code and the required subscriber's telephone number.

City	Country Code	City/area code	City	Country Code	City/area code
Abu Dhabi (Town)	971	2	Lisbon	351	19
Adelaide	61	8	London	44	81
Ajman	971	6	Los Angeles	1	213
Amsterdam	31	20	Madras	91	44
Athens	30	1	Madrid	34	1
Auckland	61	9	Manchester	44	61
Baghadad	964	1	Manila	63	2
Bahrain	973	—	Makkah	966	22
Bangkok	66	2	Melbourne	61	3
Belgrade	36	11	Mexico City	52	5
Berlin East	37	2	Milan	39	2
Berlin West	49	30	Montreal	1	514
Birmingham	44	21	Moscow	7	095
Bombay	91	22	Munich	49	89
Bonn	49	2221	Muscat*	968	—
Boston	1	617	Nairobi	254	2
Brisbane	61	7	Nandi	697	—
Burussels	32	2	New Territories		
Budapest	38	1	(Hon Kong)	852	12
Buenos Aires	54	1	New York City	1	212
Calcutta	91	33	Osaka	81	6
Cape Town	27	21	Oslo	47	2
Chicago	1	312	Ottawa	1	613
Colombo (Central)	94	1	Paris	33	1
Copenhagen (Inner Area)	45	1	Perth (W A)	61	9
Copenhagen (Outter Area)	45	2	Port of Spain	1	809
Dallas	1	214	Prague	42	2
Delhi	91	11	Ras Al Khaimah	971	+7
Detroit	1	313	Rio de Janeiro	55	21
Doha	974	—	Riyadh	966	1
Dubai (Town)	971	4	Rome	39	6
Dublin	353	1	San Francisco	1	415
Frankfurt (Main)	49	069	Seoul	82	2
Fujairah	971	91	Seychelles*	248	—
Geneva	41	22	Sharjah	971	+5
Glasgow	44	41	Singapore*	65	—
Hague The	31	70	Stockholm	46	8
Hamburg	4940		Suva	679	—
Helsinki	358	0	Sydney	61	2
Hong Kong	852	5	Taipei	86	2
Houston	1	713	Tehran	98	21
Istanbul	90	11	Tokyo	81	3
Jakarta	62	21	Toronto	81	416
Jeddah	966	21	Trinidad and Tobago	1	809
Johannesburg	27	11	Umm al Quwain	971	6
Kampala	256	41	Vancouver	1	604
Kowloon	852	3	Vienna	43	222
Kuala Lumpur	60	3	Warsaw	48	22
Kuwait*	265	—	Washington D C	1	202
Kathmandu	977		Zegreb	38	41
			Zurich	41	1

Please note international city/area code may be sometimes at variance with the national city/area code, for instance, Lisbon—the city/area code if dialled from outside Portugal is 19 if dialled from within Portugal it is 01 Secondly, international country codes for nearby may vary for instance

Ireland—the international dial in code is 353 However it dialled from the UK the code is 000 or Mexico City—the 'dial-in' code from the USA and Canada is 905 whilst the international code for Mexico is 52 Within Mexico the national city/area code for Mexico city is 5 Which corresponds to the international city/area code

*City area code not required

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For details please contact :
Director of Small Savings, Shillong
Phone No. Office : PABX - 420.
Regional Director, National Savings,
Phone - 223 233

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on any purchase as this

- ENSURES that the Shopkeeper does not charge more than the CORRECT TAX.
- is a PROOF OF PURCHASE
- HELPS or to get REDRESSAL in the event of the Shopkeeper having supplied spurious/time-expired goods
- BUILDS UP a sound financial base for our State's development

ISSUED IN PUBLIC INTEREST BY :
THE DIRECTORATE OF TAXES,
MEGHALAYA, SHILLONG.

To secure labour welfare the Labour Commissioner is implementing the rates of minumum wages fixed/revised from time to time for various employments which at present stand at Rs. 25/- per day for unskilled labour and Rs. 30/- per day for skilled labour.

There are two Labour Welfare Centres at Sohra in East Khasi Hills and Mendipathar in East Garo Hills.. These centres provide elementary training in Sewing, Knitting, and Embroidery and also recreational facilities to workers and their family members. The number of trainees being trained each year is about 50 in both the centres.

Issued by the Labour Commissioner,
Meghalaya, Shillong.



The Directorate of Employment and Craftsmen Training functions through a net work of Employment Exchanges and Industrial Training Institutes in the State. The Employment Exchanges render employment assistance to job-seekers and provide them with Vocational Guidance and Occupational Information for showing their careers. The Coaching-cum Guidance Centre, Shillong assists the Scheduled Castes/Scheduled Tribes candidates to compete in recruitment conducted by various agencies. The Industrial Training Institutes impart Vocational Training to youths in different trades like Electrician, Motor Mechanic etc. etc. The Industrial Training Institute for Women, Shillong imparts training in the trade of Dress-making. Successful trainees can look for wage-paid job or go in for self-employment.

Issued by the Directorate of Employment & Craftsmen Training
Meghalaya, Shillong.



IN MEGHALAYA

IT'S

The Shillong Times

Station	Code	Station	Code	Station	Code	Station	Code
Kavilpatti	04632	Nagpur	0712	Rajamundary	0883	Sylvasa	02639
Kowur	08622	Nahal	01702	Rajapalayam	04563	Tadepilligudam	08818
Kozikode	0495	Naini	05312	Rajkot	0281	Tidipatn	08558
Krishnagar	03472	Nainital	05942	Rajpura	01762	Talod	02776
Krishnapur	03244	Nalgonda	08682	Ramchandrapuram	08857	Tanjore (Mstd)	04362
Kulithali	04323	Namakkal	04286	Rameshwram	04573	Tanuku	08819
Kumbakanam	043[illegible]	Nandigama	08676	Ramnad	04567	Tarakeswar (W B)	031172
Kundapur	08254	Nandial	08514	Rampur	0595	Tenali	08644
Kundara	04755	Narakkal	04852	Ranchi	0651	Tellicherry	04984
Kunjbihar	03582	Narasarapet	08647	Rangia	0362 13	Tenkasi	04633
Kunnakulam	04889	Nasik	0253	Ranibannur	08373	Thakurli	0251
Kurnool	08518	Navaseva	0215	Raniganj	03447	Tharampuri	04342
Kuzithural	04651	Nedynaqad	04721	Ranipet	04172	Theni	04546
Lakhimpur Kheri	05872	Neyvelli	04148	Rasipuram	04287	Thirchengode	04288
Lingampalli	08413	Nellikuddain	04141	Ratnagiri	02352	Therumangalam	04549
Lucknow	0522	Nellore	0861	Ravulapalem	08855	Thiruvellore	04116
Ludhiana	0161	New Bombay	022 7	Renigunta	08576	Thodupuzha	04862
Lunglei	03833	New Delhi	011	Rewa	07662	Tidivanam	04147
Machipatnam	08672	Nayatinkara	04722	Rewari	01274	Tinsukia	0374
Mandagon	08342	Nilambur	04931	Rohtak	01262	Tirunalvelly	0462
Madhubani	06276	Mippani (Mstd)	08331-12	Rourkeee	01332	Tirupati	08574
Madras	044	Nizamabad	08462	Rourkeela	0661	Tirupur	0421
Madurai	0452	Olabakone	04915	Rupnarainpur	03444	Tirur	04938
Mahabalipuram	04113	Oliur	048787	Sagar	07582	Tirutani	04118
Mahuya	02844	Ongole	08592	Salem	0427	Tiruvalle	04781
Manipuri	05672	Ooty	0423	Samalkot	08852	Tiruvannamalai	04175
Mala	04883	Orai	05162	Samastipur	06274	Truvarur	04366
Mallapuram	04935	Ottapalam	04926	Sambalpur	0663	Trichur	0487
Malda	03512	Palai	04821	Sangareddy	08455	Trichy	0431
Malihabad	05212	Palakole	08814	Sangli	0233	Trivandrum	0471
Mancheswar	067468	Palanpur	02742	Sangrur	01672	Triveni	03167
Mahdapetta (Mstd)	08853	Palghat	0491	Sankarankolis	04636	Tumkur	0816
Mandore	0291	Pali	02932	Sankaridurg	04283	Tundla	05611
Mandasaur	07422	Palladam	04255	Sarojpur	01632	Tuni	08854
Mandya (Mstd)	0823244	Panambur	0824	Sasaram	06184	Turbhe	02153
Mangalore	0824	Pandalam	04732	Sathyamangalam	04295	Tuticorin Harbour	0461 85
Mangangudi	08221	Panipat	01742	Satna	07672	Udaipur	0294
Manjeri	04935	Panjim	0832	Sattur	04572	Udhampur	0199
Manmad	02552	Panval	021542	Savarkundla	02845	Udumalpet	04252
Mannar	04783	Papasnasam	04337	Sehore	07562	Udupi	08252
Mannarchat	04924	Paradeep	06722	Seoni	07692	Ujhain	05834
Mannargodi	04367	Parmakudi	04564	Shahajanpur	05842	Ujjani	0734
Mappuka	0832 84	Parur	04851	Shencotta	04631	Ulhasnagar	02528
Maraimalainagar	04123	Patna	0612	Shertalai	04789	Ullal	0824
Mathura	0565	Pattancheru	08453	Shikohabad	05676	Unjha	02768
Mavelikara	047816	Pathanamithitta	04751	Siliguri	0353	Unna	0515
Mayuram	04364	Pathankot	0186	Shillong	0364	Uthukuli	04297
Meerut	0121	Patiala	0175	Shimoga	08812	Uttarkashi	01374
Meehboobnagar	08572	Pauri	01368	Solapur	0217	Valikorn	04829
Mahsana	02762	Peddampuram	088526	Shoranur	04929	Valiyoor	04637
Melvisharam	04172	Perithalmanna	04933	Shriganganagar	0154	Valparia	042538
Merkara	08272	Perambavoor	04859	Sibsagar	03772	Vanyambadi	04174
Mettupalayam	04254	Peerundurai	04294	Sidhpur (Mstd)	02767-12	Vankaner	02828
Mhow	07318	Petlad	02697	Simla	0177	Varaval	02876
Midnapur	03226	Phagwara	01824	Sindri	06544	Varanasi	0542
Minicoy	048672	Pilibhit	05882	Sirkali	04363	Vasco	08345
Miraj	023382	Pokaro	06542	Sirsi (PB)	01666	Vashi	0215
Mirzapur	05442	Pollachi	04939	Sirsi	08384	Vellakoil	04251
Modinagar	01232	Pondicherry	0413	Sitapur	05862	Vellore	0416
Moga	01636	Ponnai	04939	Sivaganga	04575	Vidyanagar	0836
Mogalsarai	05 412	Poona	0212	Sivakasi	04560	Vidisha	07592
Mohali	0172	Poranki	0866	Siwan	06154	Vijaywada	0866
Monghyar	06344	Porbundar	0286	Somanur	04293	Villumpuram	04146
Moradabad	0591	Portblair	03192	Sonipat	01264	Virudnagar	04562
Morvi	02822	Pratapgarh	05342	Sopore	01954	Vishakhapatnam	0891
Motihari	06252	Prodattur	08564	Srikakulam	08942	Visnagar	02765
Mudgaon	083296	Pudukottai	04322	Srikaryam	04718	Vizianagram	08922
Munnar	04836	Punulur	04752	Srinagar	0194	Warangal	08712
Musiri	04326	Puri	06752	Srirampur	02422	Wardha	07152
Muvattapuzhu	04858	Purnea	06454	Srivilliputtur	04568	Whitefield	08112
Muzaffaranagar	01312	Purulia	03252	Sullur	042288	Yamunanagar	01732
Muzaffarpur	0621	Puttur	08251	Sultanpur	05362	Yeotamal	07232
Mysore	0821	Quilon	0474	Sulurpet	08623		
Nabha	01765	Rabela	0215	Sundergarh	06622		
Nadiad	0268	Raibareilly	05352	Surajpur	05736		
Nagapatinam	04365	Raichur	08532	Surat	0261		
Nagaur	01582	Raighar	07762	Surendranagar	02752		
Nagarcoil	04652	Raipur	0771	Suri	03462		

*MSTD—Manual Subscriber Trunk Dialling

On dailing above codes the subscriber will get the called number with the assistance of distant operator



The Government of Meghalaya in the Social Welfare Department, besides other Schemes, is implementing Schemes for the Physically Handicapped Persons for their Development and for the upliftment of the people of the state as a whole, irrespective of Caste, Creed and Religion to which they belong.

The Schemes are as follows:

1. *(a) Scholarship for Physically Handicapped Students (State Scheme)*
 (b) Scholarship for Physically Handicapped Students/Persons (Central Scheme).
2. *(a) Grants to Voluntary Organisations working for Disabled Persons (State Scheme).*
 (b) Assistance to Organisations working for the Welfare of Disabled Persons (Central Scheme)
3. *Celebration of the World Disabled Day*
4. *Assistance to Physically Handicapped persons for Vocational Training for Self Employment (State Scheme)*
5. *Prosthetic Aids to Physically Handicapped.*

Issued by the Directorate of Social Welfare
Meghalaya, Shillong

1. Sericulture and Handloom Weaving in Meghalaya figures prominently in the Socio-economic upliftment of the rural population.
2. The plantation of Silk worm food-plants has been intensified - through organisation of block plantations in selected pockets.
3. Improvement of Eri Spinning has been taken up with facilities for training of local spinners.
4. Training of progressive sericultural farmers is imparted.
5. Silk reeling and twisting is improved for quality production of Silk Yarn.
6. The production of handloom products has been organised through the training of artisan weavers and demonstration facilities. Quality Yarn, looms and accessories are supplied to weavers at subsidised cost.
7. The Production and Marketing of Handloom Products is arranged through State Corporation and local sales outside.

Issued by the Directorate of Sericulture & Weaving
Meghalaya, Shillong

CALCUTTA : IMPORTANT PHONE NUMBERS

INDIAN AIRLINES

City office : 260810 (Extn 4197) for general enquiry; For flight information; 260730 (Extn 4155), 260870 (Extn 4156), 264433 & 262548 (manual enquiry); 262909, 262657, 263390, 262415 & 262417 (auto answering).

Airport : Flight information : 5529433, 5529637, 2204433, 267007 and 140, 142, 143 & 5529841-5 (auto answering)

Tele check-in for Airbus (J and C classes only): 5529633 (0515 hours to 1915 hours).

OTHER AIRLINES

Air-India : 2422356 (5 lines), 2486012 & 2421313 (City Office), 5529031, 5529864 & 5529611 (ext 342) (Airport).

Damania Airways :4756356 & 4755660 (City Office), 5528779 (Airport)

Eastwest Airlines 290667 & 299257 (City Office); 5528782/3 (Airport).

Modi Luft : 298437 & 298438 (City Office) 5528531/2/3/4 (Airport).

Sahara India Airlines · 402111 & 2472795 (City Office); 5529545 (Airport).

Vayudoot 2477062 & 403091 (City Office), 5529360-2 & 5529611 (Extn. 472) (Airport).

RAILWAYS

Reservation Enquiries 2203496 to 2203500 & 135

TRAIN INFORMATION

Central Enquiry 2203535 & 2203544, 1331 (Recorded information on train running) & 131 (regarding train operations)

Sealdah Enquiry : 3503535 & 3503537

Howrah Enquiry : 6602581, 6603542 & 6605886

Howrah Station New Complex 6602217

MEDICAL

Emergency Doctors Service . 4736770 & 4730604, **Dhawantary** : 24hour Chemist with Ambulance, 495594, 497634 & 4795542, **Medical Bank** : Emergency Medical Service (11p m to 6 a m) with doctor, life saving drugs, ECG & Oxygen plus 24 hour Ambulance service 545084/7, **Calcutta Medical College & Hospital** . 2414901/2; **Calcutta Medical Research Institute** · 4791921-4, 4791801-3 & 4791834-5; **SSKM Hospital :** 2489692 & 2489781; **NRS Medical College & Hospital :** 2443213; **National Medical College & Hospital :** 2441012, **Sambhunath Pandit Hospital :** 2470077, **Lady Dufferin Hospital :** 3500771; **Assembly of God Hospital & Research Centre :** 296572, 296270, 294045-6; **Belle Vue :** 2472321 & 2476925; **Woodlands :** 4791951 & 4791701; **B.M. Birla Heart Research Centre :** 4792711, 4792980 & 4792684; **Kothari Medical Centre :** 4792557; **Peerless Hospital & B.K. Roy Research Centre :** 726394, 721766 & 721955; **Lifeline Nursing Home & Diagonostic Centre :** 2478083 & 2473075

EMERGENCY

Lalbazar Police Control : 255900 & 255991

Fire Brigade : 2440101



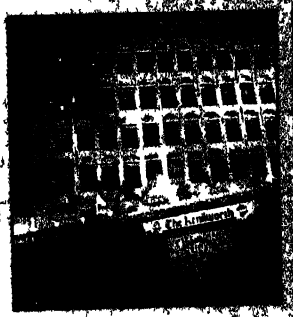
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The Kenilworth

Returning [illegible]

TOURIST INFORMATION :

Tourist Bureau (Govt. of WB)	3/2 B B.D Bagh (E)	2488271
(Open from 7 a m. to 6 p m and on Sundays from7 a m. to 2 p m)		
Tourist Point (WBTDC)	First floor, 3/2 B B.D Bagh(E)	248-5917/5168
Govt of India Tourist Office	4, Shakespear Sarani	2423521/1402
(9 a m. to 6 p m weekdays Saturday 9 a m to 1 p m Sunday Closed)		
West Bengal Tourist Information Centre:	Calcutta Airport	5529611 Ext.440
Govt of India Tourist Information Centre :	Calcutta Airport	5528299
India Tourism Dev. Corp.	46C, J L Nehru Road	2420922
W.B. Tourist Info. Counter	Howrah Station	6602518
Calcutta Info. Centre	1/1, A J C Bose Road	2481451

HOTELS

Hotel Airport Ashok Calcutta Airport 552111, **Taj Bengal** Belvedere Road 2483939, **Hotel Hindustan Intl** A J C Bose Road 2472394, **Hotel Oberoi Grand** J L Nehru Road 2492323, **Park Hotel** Park Street 2497336, **Great Eastern Hotel** Old Court House Street 2482311, **Hotel New Kenilworth** . Little Russel Street 2428394

CINEMA HOUSES

Metro-2483541, **Globe**-2481769, **New Empire**-2481403, **Paradise**-2485442, **Tiger**-2485977, **Nandan**-2481210

THEATRES

Academy of Fine Arts-248-4302, **Rabindra Sadan**-2489978, **Sisir Mancha**-2481451, **Kala Mandir**-2479086, **Biswaroopa**-309929, **Rangana**-337018, **Girish Mancha**-544895 & **Bijan Theater**-338413

MISCELLANEOUS

Indian Red Cross Society 5 & 6 Govt Place (N) 2483635, **Mother Teresa** Nirmal Hriday, 54A, Lower Circular Road 2447115, **Salvation Army** 37, Lenin Sarani 2447115, **Y.M.C.A.** 25 J N Road 2492192, **Y.W.C.A.** 134, S N Banerjee Road 2444391, **Indian Council for Cultural Relations** 25, Camac Street 247-0028, **Foreigners' Registration Office** 237, A J C Bose Road 2473301-5, **Regional Passport Office** : 4, Brabourne Road 303762

CHANGES IN PHONE NUMBER PREFIXES

Airport 56-8>552-8
Airport 56-9> 552-9
Alipore 71-1>479-1
Alipore 71-2>479-2
Alipore 71-3>479-3
Alipore 79>479
BBD Bag 22>242
BBDBag 20>220
Chowringhee 23>243
Hastings 28>248
Behala 78>478
Circus Exch. 47>247
Dum Dum 51>551
Entally 44>244
Entally 43-0>245-0
Entally 43-1>245-1
Golf Green 71-7>473-7
Jadavpore 73>473
Narendrapur 71-9>477-9
Taratola 71-4>478-4
Parnasshree 71-5>478-5
Ballygunge Pl 40-4> 440-4
Ballygunge Pl 40-5>440-5
Ballygunge Pl. 40-6>440-6
Ballygunge Pl. 40-7>440-7
Ballygunge Pl 40-8>440-8
Barasat 56-3>552-3
Barasat 56-4>552-4
Budge Budge 70>470
Kalighat 75>475
Maniktola 50>350
Panihati 50>553
Salkia 65>660
Shibpur 60>660
Barabazar 38>238
Barabazar 39>239
Panihati 53>553
Salt Lake 37>21 (Partial)
Andul 61>669
Baruipur 73-8>473-8

MEDIA & P.R.O.s : GUWAHATI

	Office	Resi.
ALL INDIA RADIO :		
Director	540378	560299
K C. Rabha, News Editor	540426	560594
Kulesh Deka	540426	540428
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Surya Hazarika, Editor.	560850	543245
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Gokul Bora, Managing Editor.	550267	541102
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NORTH EAST TIMES :		
G.L. Ararwala, Managing Editor	544355/6/7	540351
PURBANCHAL PRAHARI :		
G.L. Agarwala, Editor	544355/6/7	540351
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THE SENTINEL (HINDI) :	561237/8	
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SANDHYA BATORI : S.K. Hazarika, Editor.	563759	
UTTARKAAL : G.P. Atal, Editor	33950	543521

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ECONOMIC TIMES : Naba Sarma	540301	553136
FREE PRESS JOURNAL : D. Khargharia	540379	
HINDUSTAN TIMES : Ashish Biswas	541645	
THE HINDU : Dr. M.S. Prabhakar	540341	
INDIAN EXPRESS : S.G. Kashyap	546066	
NEWS TIME : Naresh Rajkhowa	540466/7	
STATESMAN : Rabijit Choudhury	540316	
TIMES OF INDIA :	540301	543806
THE TELEGRAPH : Wasbir Hussain		
SUNDAY : Nitin Gokhale	34888	

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Small Savings	545105	
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Panchayat & Rural Development	560214	
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Veterinary	543987	
Health and F.W.	561503	
Sericulture	561519	
Ascardb	561394	
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DAVP R.O.	561478	
Field Exhibition Officer	545637	
Sr. Photographic Officer	561478	
Payobhara, Editor	31792	
Song and Drama, RDD	544133	
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Guwahati Refinery (IOC)	550164	
SBI (P.R.Manager)	540826	560272
NPTC (APRO)	560954/5	
ASEB	550533	
L.I.C.	33758	
Statefed	561240	
Defence (Pro)	540412/3/4	(Extn)7331

(Information : Courtesy, Mr B. Lahkar, The Assam Tribune, Shillong.)

GUWAHATI : IMPORTANT PHONE NUMBERS

AIRLINES :

East West Airlines : (City Office) 35610/1/2, 543330/2; (Airport) 544813. **Indian Airlines** : (City Office) Enquiry 540355, Booking 540398, Cargo Booking Enquiry 32334, Station Manager 540247; Control Tower, N.A.A., (Airport) 540146, Airport Manager 82279, Cargo Booking 82265, Duty Officer 82221, Flight Information 82235. **Vayudoot** : (City Office) 33139.

RAILWAYS :

Enquiries : 540330, 34831, 34832; Information : 540329, Station Superintendent : 540389.

TRAVEL AGENTS :

Assam Valley 546133; Arya Travels 561881; B.S.S. Travels 31676; Green Valley 543646/544194; Jungle Travels 541185; Rhino Travels 540061/2; Sheba Travels 543280; S. Kumar & Brothers 543161.

ROAD TRANSPORT :

Assam State Transport Corporation : 546453/4, Church Field 540336, City Service 545620, Dispur 560143, Paltan Bazar 54028/547941, Machkhowa 540246; **Meghalaya Transport Corporation** : 547668; **Assam Valley** : 546133/31532; **Blue Hills** : 31427/543059; **Capital Travels** : 31918; **Green Valley** : 545289.

TOURIST INFORMATION :

Director to the Govt. of Assam, Dept. of Tourism 547102/544475; Govt. of Assam Tourism Office 31022; Govt. of India Tourist Office 31381.

EMERGENCY :

Police (State Control) 562273 (City Control) 540138/540113 (Traffic Control) 545598; **Fire** 540222; **Ambulance** (GMC) 561477 (Red Cross) 545114 (Lions' Club) 546611/543135 (Marwari Yuba Manch) 32073/4; **Hearse** (GMC) 561477 (Marwari Yuba Manch) 544734/33837.



MEDICAL :

Army Hospital 562514, Assam Health Care & Diagonistic Research Centre 561654; B Baruah Cancer Institute 547636; Cardiac Stress Test Tread 31139; Chatribari Christian Hospital 540193; Dawkas Clinical Hospital 562217; Down Town Hospital : 560824/ 562741/ 560640 (Reception); Dispur Poly-clinic & Nursing Home : 560864/ 562652; East End Nursing Home 550334; Eye Foundation Hospital 560911; Guwahati Medical College 562159/561477/560457 (Emergency); Gurcharan Poly-clinic cum Nursing Home 540645; LGB Chest Hospital 546980; Marwari Maternity Hospital 541201; Midland Hospital & Research Centre 562338; Mohendra Mohan Choudhury Hospital 543998; Nawka Hearing Aid Centre 544258; Nightangle Hospital (P) Ltd. 562920; Red Cross Hospital 545114; Rly. Central Hospital 70492; Saraighat X-Ray Clinical Laboratory 32825; Skylab Diagonestic Centre 545690.

HOTELS :

Ambarish 562813/562825, Ambassador 544885, Apollo 543125, Allca 541480, Bilas 31124, Belle Vue 540847/8, Brahmapurta Ashok 541064/5, Bob 35379, Coronation 545697, Chilarai 546877, Dynasty 35610/1/2. 543322/30, Embassy 544855, Indira 545161, Kalpana 31518, Kuber 32601, Mayur 541156, Maruti 34811, Nova 543258, Nav Alka 541080, Nandan 540855/6, Orchid 544471, President 31534/544979, Raj Mahal 541125/34875, Rituraj 540854/5, Samrat 541657, Siddarth 547405, Stadium Guest House 546689/4, Trimurty 34777, Vandana 543475/546839.

CINEMA HALLS :

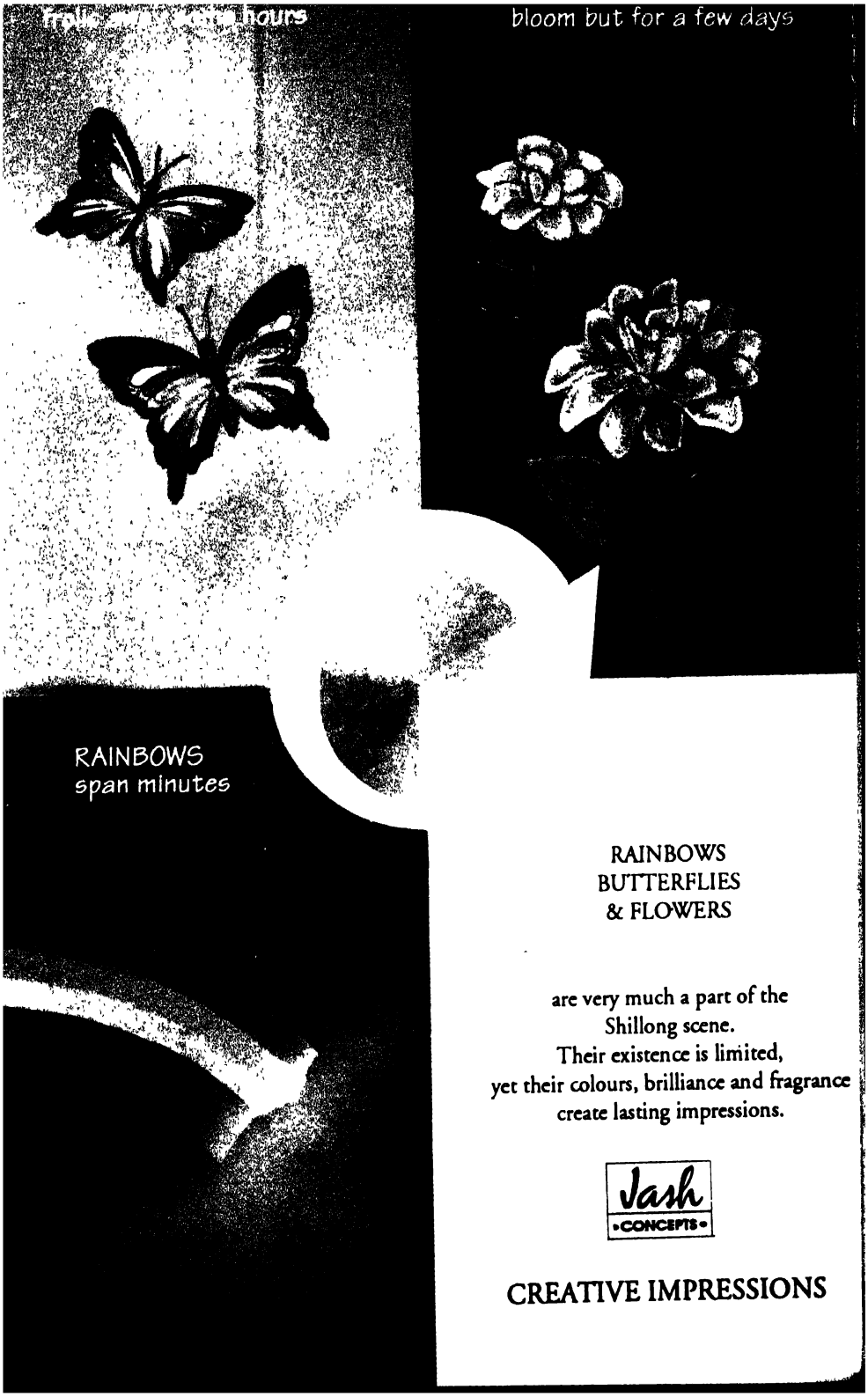
Aruna 878438, Anuradha 524980, Anupama 878441, Apsara 34002/ 32192, Bijulee 523823, Kelvin 524724, Mayur Krishna 32090, Meghdoot 523595, Neptune 561896, Pragjyotish 878777, Rupashree 523536, Rupayan 534645, Urvashi 523823, Udesna 560197, Vandana 527679.

MISCELLANEOUS :

Secretariat PABX 561677/560296, Stock Exchange 33667, 33672, 541720/1/2, 543272/3, Tea Auction Centre 561832, Blue Dart 546191, Overnight Express 560226/34902, TNT Skypack 543142.

(Courtesy : Ms. Mausumi Chatterjee, Calcutta of G.L. Publications, Guwahati)




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Natasha Tours 22-5210/22-0480 (Ext. 555); Pelican Travels 22-5688/22-7282; Sheba Travels 22-3015, 22-6222, 22-5020; Stan Travels 22-4334.

RAILWAY RESERVATIONS :
N.F. Railways Out Agency 22-3200; Know & Go 22-3218.

ROAD TRANSPORT :
Meghalaya Transport Corporation (Shillong-Guwahati) 22-3200, (Shillong-Jowai/Dawki) 22-3206; Capital Travels 22-5674/22-7287.

HOSPITALS & NURSING HOMES :
Betseda Nursing Home 22-4738; Civil Hospital 22-4100/22-4368; Civil Hospital (OPD), Police Bazar Point 22-6381; Ganesh Das Hospital 22-4766; Govt. Eye Hospital 22-5399, Jeebanram Goenka Hospital 22-3653; K.J.P. Synod Hospital 22-3916/22-3053, Lady Kerr 22-3403; Military Hospital 22-4100/22-4368; Nazareth Hospital 22-4052/22-4365; Police Hospital 22-4658; Reid Chest Hospital 22-3201; Saket Nursing Home 22-2614; Woodland Nursing Home 22-5240.

EMERGENCY. :
Ambulance 22-4100; Electricity 22-3050/22-3738; Fire Station (Main) 22-2000/22-7000 (Iewduh) 22-3300; Police 100/22-4400.

TELEPHONES :
Chief General Manager 22-3400/22-7701; General Manager 22-7400; District Manager 22-2300; Directory Enquiry 197; Morning Alarm/Local Assistance 199; Local Complaints 198; Trunk Booking 180; Trunk Enquiry 181; Time Enquiry 174; Demand Assistance (Calcutta/Imphal/Jowai/Silchar/Tura) 22-3000; Central Telegraph Office/Telex 202, Phonograms 185; Bureau Fax 22-2922.

TOURISM :
Government of India Tourist Office 22-5632; Meghalaya Tourism Development Corporation 22-4933; Director of Tourism (Govt. of Meghalaya) 22-6054.

HOTELS :
Alpine Continental 22-5361/22-3617; Centre Point 22-5210/22-0480, Pinewood Ashok 22-3116 (10lines); Polo Towers 22-2341/2; Shillong Club 22-5497; Anchorage 22-5233; Broadway 22-6996; Orchid 22-4993; Peak 22-5445/22-6130; Pine Borough 22-7523/22-4435; Magnum 22-7797/8; Monsoon 22-7106/22-3316; Youth Hostel 22-2246; Godwin 22-6516/22-7027; Anand 22-3466; Delhi 22-3562; Grand 22-3622; Garden 22-6775; Hari Om 22-7231; Indiana 22-3268; Lotus 22-7182 Rajasthan 22-3724.

GOVT. GUEST HOUSES :
State Guest House 22-0601/22-0700; Circuit House 22-6834; Railway Guest House 22-4469; Arunachal Pradesh House 22-3376; Assam House 22-3828/22-2494; Mizoram House 22-5068/22-0149; Nagaland House 23-0083/22-6414.



CLUBS :
The Shillong Club Ltd. 22-6872; The Shillong Golf Club 22-3071.

CINEMA HOUSES :
Anjalee 22-4118; Bijou 22-4657; Dreamland & Mini Dreamland 22-4786; Payal 22-7161.

GOVERNMENT :
Secretariat EPABX 22-4201; Police EPABX 22-2001; General Post Office 22-2162; Accountant General's Office 22-3103/22-3479/22-4171; Geological Survey 22-3963; Survey of India 22-4937; State Bank of India (Main Branch) 22-3520 (Zonal Office) 22-4608; North Eastern Council 22-2142/22-4391; North Eastern Hill University 76-0075/76-0076; Indira Gandhi National Open University 22-2486/23-0049; NEEPCO 22-2070/22-2080/22-2094; Shillong Municipality 22-4128; Khasi Hills District Council 22-3280; Collector of Customs & Excise 22-4751/22-2597.

GOVERNMENT BOARDS & CORPORATIONS :
State Planing Board 22-4283 (Chairman) 22-6391, Deputy Chairman 22-6391; MGCC Ltd. 22-5595; MPSC 22-4606; MESEB 22-6292; MTC 22-2864(MD) 22-2879(DGM); MECOFED 22-4048(MD) 22-4852(GM); MIDC 22-4763/22-6118; MCCL 22-6756/22-4543; MTDC 22-2731(MD).

DEFENCE & PARA-MILITARY :
AOC-Eastern Air Command 22-5400; GOC 101 Area 22-4968; Air Force 22-3900, 22-3974(Laitkor); Army 22-4300/1/2/3; Assam Rifles 23-0222/23-5218, 22-4232 (Happy Valley); Border Security Force 22-3232/22-3310/22-3362; Central Reserve Police Force 22-3436.

POLICE :

Director General of Police 22-4879; Director Civil Defence & Commandant General 22-6393; Inspector General of Police (L&O) 22-7447; Inspector General of Police (OSD) 22-6790; Dy Inspector General (E/W) 22-5053; Dy Inspector General (SB) 22-4600; Dy Inspector General CID 22-4542; Dy Inspector General & SP 22-4002; Asstt Inspector General (P) 22-4760; Officer On Special Duty 22-7050.

MEDIA :
All India Radio 22-4153(Station Director), 22-4403(News room), 22-2781(North Eastern Service); Door Darshan Kendra 78311 (Director), 78316(Asst. Director); The Shillong Times 22-3488/22-7488; UNI 22-3147; PTI 22-3500; Press Information Bureau 22-4767; The Meghalaya Goardian 22-3143/22-4086; The Telegraph 22-3660; The Sentinel/Dorgmusa 22-7794; The Assam Tribune 22-3450; The North East Observer 22-2236; Newsline 22-6939; U Peitngor 22-6845; U Nongsain Hima 22-2519; Mawphor 22-5843; Rupang 22-2284; Eastern Panorama 22-0832/22-2654.



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Step # 1 : *Knowing YOU*

NAME : MR/MRS/MISS

ADDRESS :OFFICE ☎

RESIDENCE ☎

DATE OF BIRTH : **WEDDING ANNIVERSARY :**

OCCUPATION : ☐ Business ☐ Govt Employee ☐ Self Employed
☐ Student ☐ Housewife ☐ Professional

DO YOU REGULARLY READ ANY OF THESE PUBLICATIONS?(Tick as many)

☐ Statesman ☐ Telegraph ☐ Times of India ☐ Indian Express
☐ Stardust ☐ Movie ☐ Femina ☐ Reader's Digest
☐ India Today ☐ Time ☐ Life ☐ Newsweek

WHICH TV CHANNELS DO YOU VIEW REGULARLY? (Tick as many)

☐ BBC ☐ Doordarshan ☐ Jain ☐ MTV
☐ Prime Sports ☐ Star ☐ Star Plus ☐ Zee TV

DO YOU OWN ANY OF THE FOLLOWING? (Tick as many)

☐ Car ☐ Two wheeler ☐ P.C. ☐ Fax
☐ VCR/VCP ☐ CD Player ☐ Fridge ☐ Washing Machine

WHAT BROUGHT YOU TO SHILLONG?

☐ I am a regular visitor ☐ I am a business traveller ☐ I am a tourist
☐ I am a Shillongite ☐ I was enthused to come after I read SSTTG

YOUR RESPONSE TO SSTTG :

I got my copy ☐ Complimentary ☐ At Airport/ Rly. Stn.
☐ At Book Shop, Cal/Gua/Shl/.

I BOUGHT THIS BOOK BECAUSE

☐ Plain curiosity. ☐ The novel packaging
☐ The glossy get up of the book
☐ The reviews in the news paper
☐ The Adv in the media ☐ The Exotic Destination Contest
☐ The Discount Coupons ☐ I was interested in visiting Shillong
☐ It was high time that a composite information book on Shillong was available

WHICH SECTION OF THE BOOK WAS MOST INTERESTING OR HELPFUL ?

☐ Travel ☐ Govt. Information ☐ Classified Information
☐ The Pull out ☐ Disc. Coupons ☐ Exotic Destination Contest

DO YOU THINK WE COULD ADD ANY [redacted]

DO YOU THINK THE SSTTG IS

☐ Just plain gimmicry ☐ An excellent reference book

☐ A well produced Travel & Trade Guide ☐ It could have been much better

WHAT, ACCORDING TO YOU, ARE THE MAJOR MINUS POINTS OF SSTTG ?

Please specify

Step # 2 : *SNAP Answers*

Tick the correct answer/answers For example ·

Q. Which is the rainiest place in the world?

A ☐ Hawai ☐ Cherrapunjee ☑ Mawsynram ☐ Along.

Q Which are Jordon's neighbouring country/countries?

A ☐ Afganistan ☐ Israel ☐ Saudi Arabia ☐ Syria

Q Technology for India's only Metro, at Calcutta is?

A ☐ American ☐ British French ☐ Russian. ☐

Q Which word is the odd one out . *Stage/stare/stile/stipe/stone/stope/stove ?*

A ☐ Stare ☐ Stipe ☐ Stove ☐ None of them

Q. Which dance form is associated with Orissa?

A. ☐ Bharat Natyam ☐ Kathak ☐ Kucchipudi ☐ Oddissi

Q What is the next number in the following sequence ·
3, 3, 6, 12, 15, 21, 24, 30, 33, 39?

A ☐ 48 ☐ 50 ☐ 51 ☐ 52

Q What is the name of a major architectural wonder built by the ancient Ahom royalty of Assam ?

A ☐ Assam House ☐ Kareng Ghar ☐ Raj Palace ☐ Rong Ghar

Q. Nohkalikai Falls at Cherrapunji is the .

A. ☐ 2nd ☐ 4th ☐ 6th ☐ 8th

tallest waterfall in the world.

Step # 3 : *Catch LINE*

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Date : **Signature :**

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who have contributed articles, information and materials;

the advertisers without whom a venture like this would be a non-starter;

the editors, typists, proof-readers, copy-writers, photographers and artists who forged themselves into a team;

the people who worked behind the scenes providing continued inspiration and support : strategic as well as economic (!);

those who kept us going with suggestions, ideas and concepts;

the various governmental agencies who encouraged us;

the media people who gave us their unstinted support;

our distributors, book-sellers & newspaper vendors who are instrumental in our reaching out to you :

DEAR READERS

& the staff of Sheba Travels/Jash Concepts, Shillong and Printwell Offset (I) Pvt. Ltd., Calcutta who all put in their mite/might (!)

THANK YOU

for being there with us, bearing with the delay in publishing and glossing over the mistakes in our maiden issue

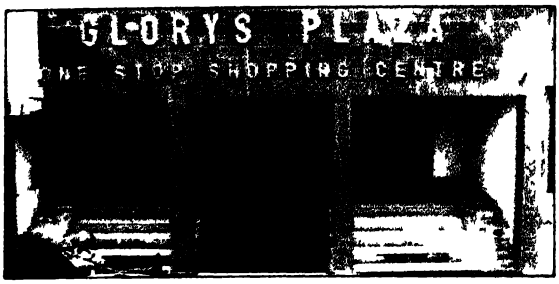
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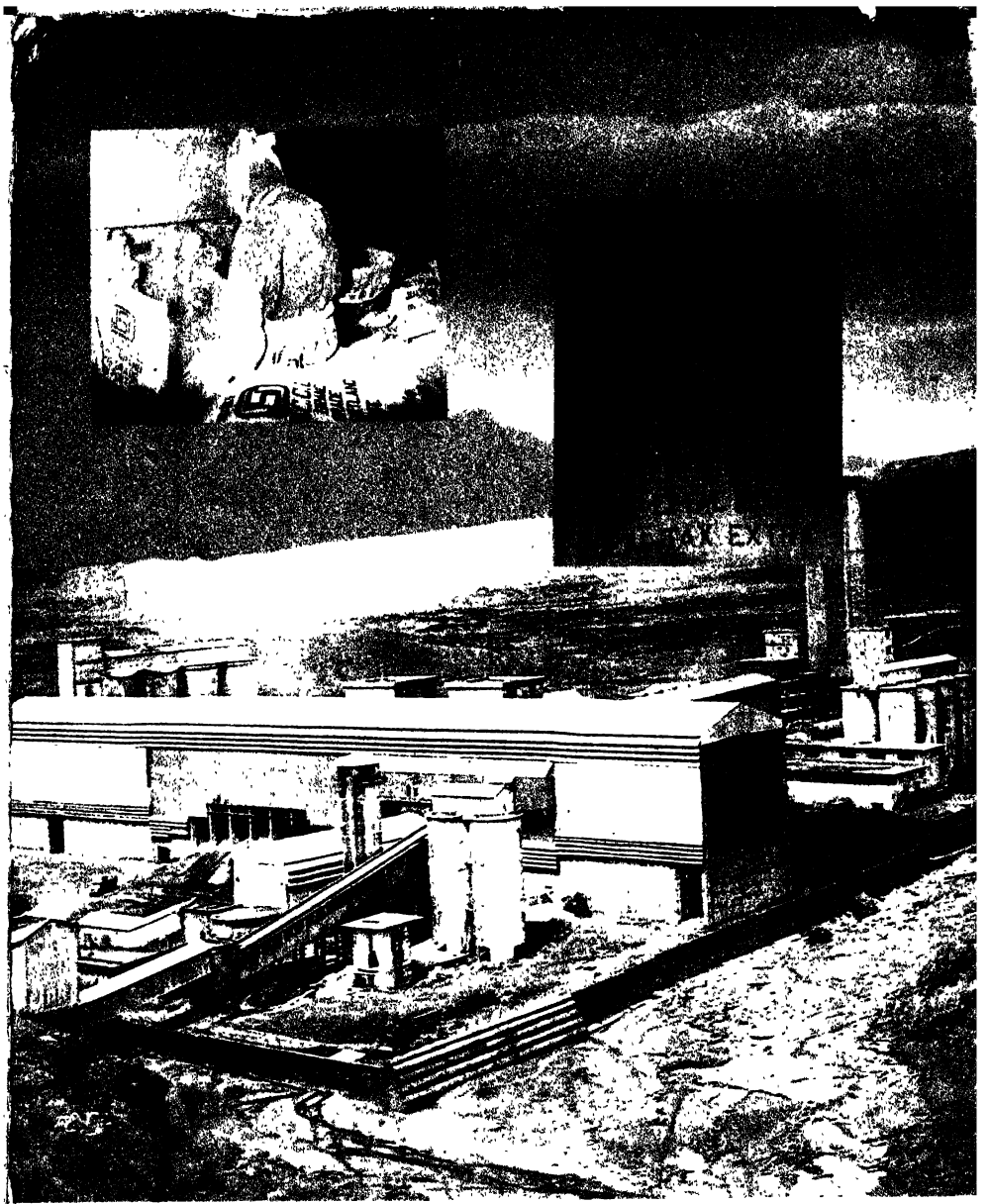






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